

# THE PORTUGAL

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Portugal's National Newspaper in English

8 Dec 2007 • Edition № 937 • €1.50 inc. IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • www.the-news.net

### **EU-Africa summit** already a success

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### **Educating** mentalities

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### Courts 'repossess' child from only family she knows

Courts in Vila Real have made the decision to return a six year old girl, who has lived with a

### Lisbon club owner killed in car bomb

One of Lisbon nightlife's most prominent barduring the early hours of Sunday morning, when an explosive device that had been planted under the seat of the club owner's Mercedes detonated. (See P. 7)

# Global warning for

warming having on Portugal, if any? (See P. 9)

### Weekend weather

Lisbon: Saturday:
Morning Showers, high
of 18º Sunday: Showers,
high of 19º. Faro:
Saturday: Morning
Showers, high of 19º
Sunday: Partly Cloudy,
high of 21º. Oporto:
Saturday: Light Rain,
high of 15º Sunday: Light
Rain, high of 15º









# Economy to expand faster than Euro Zone nations for first time in seven years

# PORTUGAL **OUTGROWS** EUROZONE

The Organisation for **Economic Cooperation** and Development revealed Thursday that the Portuguese economy is to accelerate in 2008. The Paris-based organisation, despite releasing relatively modest growth targets for Portugal in 2008, says the country will converge with the Euro Zone for the first time in seven years and is optimistic that this trend will be maintained through into 2009.

EuroZone, see p. 64

# **Ambassador thanks surfing heroes**



H.M. British Ambassador to Portugal, Alexander Wykeham Ellis on a visit to the Algarve took the opportunity to recognise the bravery of three 16-ar-old surfers who helped rescue the young British children, George and Rosie Fry and an unnamed German girl from drowning on Praia do Tonel near Sagres on the 22nd October. The three surfers are (left) João Carlos Fernandes Clímaco , Rui Miguel Grilo Ribeiro and his twin brother João Pedro Grilo Ribeiro. (Photo: The Portugal News)

# EU is Africa's biggest trading partner



The European Union (EU) is Africa's biggest trading partner, with transactions of more than 218 billion euros between the two blocs last year, the most recent Eurostat data indicates; France, Germany, Italy and Spain were Africa's top partners on a national scale.

EU exports to Africa rose from 66.4 billion euros in 2000 to 91.7 billion euros in 2006, accounting for 7.9% of total European trade exchanges last year.

Imports also grew from 85 billion to 126.4 billion euros during

the same period, corresponding to 9.3% of total European Union transactions

In the EU 27 the biggest exporter was France, with 20.9 billion euros, followed by Germany with 16.2 billion euros and Italy

with 12.6 billion. Portugal ranks ninth, with sales to Africa on the order of 2 billion euros.

The top destinations for European exports to Africa were South Africa, Morocco, Algeria and Egypt, accounting for 19.9 billion, 10.4 billion, 9.9 billion and 9.1 billion euros, respectively.

Machinery accounted for the biggest share of EU 27 exports to Africa in 2006 (31.4%), followed by chemicals (13.8%) and transport material (13.3%).

Italy, Spain and France are the European import leaders, with 2006 purchases in Africa worth 31.4 billion, 20.8 billion and 19.7 billion euros, respectively. Portugal ranks eighth on the list, with

purchases worth 3.2 billion euros.

The African products most acquired by the 27 EU member States were mainly raw materials, especially fuel (51.5% of the total in 2006), minerals and metals (14%) and agro-food (9.7%).

World Trade Organization figures indicate that Europe was the top destination for African exports (42.9%) in 2005, as well as Africa's main supplier (46.6%).

Africa is the world's third big-

gest continent, after Asia and America, occupying 20% of the Earth's surface and with 800 million residents, 12% of the global population.

The European Union's current Portuguese presidency hosts this December 8-9 in Lisbon the Second EU/Africa Summit, gathering leaders from 27 European and 53 African countries, seven years after the first such meeting.

TPN/Lusa

# Zimbabwe issue unlikely to dominate business at Lisbon summit, says Maputo's FM

litical and economic predicament will not dominate proceedings at the long-awaited EU-Africa summit this weekend in Lisbon, Mozambique's top diplomat said.

Mozambican Foreign Minister Alcinda Abreu told Lusa in Maputo: "This summit has a very concrete and specific agenda, and as can be appreciated, Zimbabwe is not part of the agenda. I don't see any

chance of polarisation as the agenda doesn't include any discussion on Zimbabwe.

Luís Amado, Portugal's foreign minister, said last week that Zimbabwe, and by implication its controversial leader, would only be a "footnote" at the Lisbon EU-AU summit, given the long-awaited meeting's "historic importance" for the relationship between the two continents.

But despite the optimism expressed by Lisbon's EU chair of tion at the summit, a number of EU capitals have hinted they could confront the Zimbabwean leader over his government's abysmal human rights record in recent years and his country's apparent road to economic ruin.

Diplomatic sources say that another potential stumbling block to agreement between Europe and Africa on an economic partnership accord at the Lisbon summit is resistance from a

Amado, has said.

Earlier in the week, diplomatic

sources involved in the prepara-

tion of the overdue EU-AU sum-

mit had suggested that some Af-

rican states were unhappy with

an economic partnership accord,

part of the 27s' cooperation with

the Africa, Caribbean and Pacific

(ACP) bloc of ex-European colo-

nies, expected to be approved by the two blocs in Lisbon.

But Lisbon's No. 1 diplomat

downplayed fears that these is-

sues might block approval of a

new strategic economic partner-

ship between the EU and its 53-

state African counterpart.

number of AU states, particularly in Central and West Africa, to what they perceive as an agreement not in their interests.

Meanwhile, the Portuguese government announced on Tuesday that it will pick up a tab for around 10 million euros to stage the overdue second EU-AU summit, gathering leaders from nearly 80 states and their entourages in Lisbon.

TPN/Lusa

"There are imbalances in trade

exchanges, therefore it is an issue

that will definitely be debated

during the summit but we won't have problems due to this."

bate problems," added Amado.

"The summit is for this, to de-

After beginning talks Wednes-

day in the Red Sea resort of Sharm

el-Sheikh with an AU delegation

led by Cairo's foreign minister,

Akwasi Osei-Adjei, Lisbon's top

diplomat underscored the need for

Europe and Africa to work together to confront existing problems, par-

ticularly migration, which "is a

problem for everyone."

# Trade rifts won't derail summit with

Africa, says Lisbon

peaking in Egypt a day ahead of a ministerial meeting between the two blocs to make final preparations to documents to be presented for approval in the

Portuguese capital, Amado said trade issues would be debated by EU and AU leaders in an atmosphere "involving all the problems of development and investment in Africa.

THE PORTUGAL Represented in Portugal by: ANGLOPRESS

Edições e Publicidade, Lda

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Courier address:

707 500 655 Gen.Tel:

Sales Tel: Gen.Fax: 282 341 201 info@the-news.net www.the-news.net

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Apt 13 8401-901 Lagoa

Rua Município de S. Domingos • Urb. Lagoa

Sol • Lote 3 r/c • 8400-415 Lagoa

Newsdesk Tel: 707 500 655

Classified Tel: 707 500 646 Sales Fax: 282 352 053 sales@the-news.net

Distributed nationally by VASP

Member of CDCT

The Portugal News is owned and published by:
The News Group of Newspapers Inc. Depósito Legal № 80258/94
Printed by: MIRANDELA Gráfica. Lisbon
Print Run (Tiragem): 22,694

Paul Luckman Publisher: Editor: Brendan de Beer Production Drctr: Madeline Luckman Carrie-Marie Bratley Raquel Salbany Algarve News: Events:

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Differences over trade between Europe and Africa will be discussed at this weekend's EU-AU summit in Lisbon, which does not run the risk of failure over

these issues, Portugal's foreign minister, Luís

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# Upcoming EU-Africa summit 'already a success' innumbers. substance-PM Sócrates

Prime Minister José Sócrates has said that this weekend's Europe-Africa summit was already a "success", given the record number of Europeal leaders attending and the "substance" of the meeting's agenda, the Lusa News Agency reports.

The Saturday-Sunday summit was "already a suc-cess in terms of confirmed at-tendance", the prime minis-ter told reporters, adding that 23 EU heads of state and government would be present,
"Beating records at international summits".

The apex meeting between the EU and African

"peace and stability, govern-ance and human rights, cli-mate change, and migra-tions".

"The summit will concentrate on matters of substance and not on the more controversial media events", he said, in apparent reference to the expected presence of Zimbabwean President Robert Mugabe that has provoked a boycott by British Prime Minister Gordon Brown.

"It's a historic summit that again unites the two continents", José Sócrates said. Without mentioning Brown, he downplayed the absence of some European leaders, noting that they would be summoned again to Lisbon next week for the signing of the bloc's reform treaty on December 13. "It's natural that some do

# **Human rights** activists plan summit demoagainst Zimbabwe abuses

Human rights activists from Portugal and other countries plan to demonstrate against abuses in Zimbabwe this Saturday, the opening day of the Europe-Africa summit that Zimbabwean President Robert Mugabe plans to attend.

Laura Vasconçelos of Portugal's Association for Defence of Human Rights said earlier this week, that the demonstration was called as a "gathering of repudiation" against Harare's violations of basic rights, and not specifically against Mugabe's controversial presence at the summit.

Anti-Mugabe activists from

Britain and Germany, among other countries, have announced plans to participate in the protest.

The demonstration has been authorised by Portuguese auprotestors remain at a distance of 100 metres for the two-day summit's venue at the Atlantic Pavilion beside the Tagus River.

# Lusophone African leaders see continent

as master of own fate



Africa's five Portuguese-speaking countries view the upcoming European Union -Africa Union summit in Lisbon with cautious optimism, hoping it will spur a new dynamic in historic relations and cooperation while recognizing that progress in development and the fight against poverty depend primarily on Africa itself.

"Africa can't fall into the magical perception that the summit will resolve the problems" of peace, stability, good governance and development, Cape Verde's foreign minister, Victor Borges, told Lusa in an interview

"A new (bilateral) relationship" emerging from the December 8-9 summit could be "very important" for progress on multiple fronts, but "the inescapable reality" is that solutions to Africa's problems "lie in the continent", Borges said last week.

Europe-Africa cooperation, he added, needed to break with the "logic of programmatic aid" and of priorities defined by officials who often have "time to articulate speeches but do not understand the profound nature of African development"

Cape Verde gained unprecedented "special partnership" status with the EU last month, an initiative backed strongly by the Portuguese EU presidency.

The Cape Verdean diplomat's view of the apex meeting was echoed in recent comments by other Lusophone African leaders, including those from Mozambique

"We believe it'll be worth-

while being (in Lisbon)" and that the two-day summit "will, give a greater impulse to Africa's development", Mozambican President Armando Guebuza said last month.

Guebuza, whose country is often described as an African 'success story", expressed Maputo's hope that the summit "deal effectively with the problems and worries of the two continents" and find remedies to "speed development, Africa's in particular".

Senior officials from oil powerhouse Angola struck similar hopeful chords.

We can't attribute all failures to cooperation (with Europe)", Aguinaldo Jaime, the deputy minister to Luanda's prime minister said recently, calling on the EU to look at Africa as "a friend of growth and investment".

"It must be up to us (Africans) to know how to identify our priorities and development objectives. It's up to us to have an understanding of our own problems", Jaime emphasized

The director of Angola's Foreign Ministry, Mário Feliz, underlined that Europe and Africa have been "historic partners'

that share "mutual interests", predicting the summit would be 'mutually beneficial and useful".

In comments to Lusa last week, the foreign ministers of Guinea-Bissau and São Tomé and Principe, Maria da Conceição Nobre Cabral and Ovídeo Pequeno, respectively, underlined similar upbeat expectations for the summit, the second between the EU and the African Union since 2000.

Both Nobre Cabral and Pequeno stressed the key importance of "partnership" with Europe in the development of their West African countries.

All five former Portuguese territories, known collectively by the acronym PALOP, reiterated their support for the presence in Lisbon of Zimbabwean President Robert Mugabe, while stressing their hope that his summit participation would not distract from the meeting's agenda.

Britain has said it will not send a senior delegation to the summit due to Mugabe's plans to attend.

The Zimbabwean regime has faced EU travel and other sanctions since 2002 over Harare's violations of civic and human



Archive photo of former president Mário Soares with Robert Mugabe in Praça do Império, Lisbon on 24 June 1993. (Photo: Lusa / António Cotrim)

# Africa still top target for EU development aid

Africa is the main destination for EU development aid, absorbing nearly half the financial assistance provided by the European bloc, which has pledged to increase outlays as the world's top donor, particularly for Af-

Data released in April by the OECD indicated that development aid from the EU as a whole (member States and European Commission) reached 48 billion euros in 2006, accounting for 57% of the global total. "Less than half" of that amount went to the African continent

The amount of 48 billion euros represents 0.42% of the EU's Gross National Product (GNP), in real terms about 100 euros per European citizen. In comparison, aid provided by the United States and Japan respectively corresponded to 53 and 69 euros per

The European Union wants to increase the volume and effectiveness of aid, and to meet the goals set by the United Nations to set aside 0.7% of GNP for supporting development. Compared to 2006, Public Development Aid (PDA) should increase by

20 billion euros a year until 2010 and by 46 billion euros a year

The EU has agreed to collectively allocate at least 50% of that increase to the African continent.

Community aid granted to Africa, within the framework of assistance to the ACP (Africa. Caribbean and Pacific) countries, is financed by the Euro-Development Fund (EDF), an instrument that is not an integral part of the EU general budget. It is financed by the member States and is subject to its own financial rules and run by a special committee

Each EDF is in effect for a period of about five years, with the current cycle now reaching its end. The 10th Fund takes effect next January and will cover the period from 2008 to 2013.

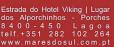
The Africa strategy should receive a new boost at the second EU-Africa summit this weekend in Lisbon - at least that is the goal announced by both sides. The aim is to achieve a more all-encompassing and balanced relationship between the two continents, with shared rights and responsibilities, instead of the traditional donor-recipient relationship.

Development aid will nevertheless continue to be a key item. The European Commissioner for Development and Humanitarian Aid, Louis Michel, recently commented on the strong competition from other world powers on the African continent, namely China. He warned that Europe is not alone in Africa, but also reminded Africans that the EU provides the support as a "donation, not loans".

The European Commission has indicated that the development policy's purpose is to "foster sustainable development that helps eradicate poverty in developing countries and to integrate them in the global economy"

These economic and social aims are joined by a political one: to "help consolidate democracy and the rule of law, as well as respect for human rights and fundamental freedoms". TPN/Lusa







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# <sup>4</sup> news

# Educating mentalities



unctioning as a school, college, day centre, workshop and a residential home, the AAPACDM currently educates 104 pupils, aged between six and 45, all of whom have reduced physical capacities, the result of some form of mental limitation, such as Downs Syndrome or autism.

Students are accepted from all over the Algarve though the majority of current students are from the Eastern part of the region. Amongst them are three foreigners, of British, Brazilian and Australian nationality.

Until now the AAPACDM has remained relatively unknown, so many will be surprised to learn that it has, in fact, been established for 40 years.

This next school year, 2007/2008, marks the institution's 40<sup>th</sup> anniversary and already a number of celebrations are excitedly being planned.

AAPACDM is made up of six different branches: CAO – an Occupational Activity Centre – CAO Labour, where students put their abilities to good use and

revenue for the institution, an educational branch, professional training forthose aiming to independently break into the work market, specially-adapted sports facilities, and the Justa Casa support home, which offers accommodation during the week for students who, for whatever reason, find it easier to remain in Faro.

These six branches are divided

make things that are sold to raise

These six branches are divided amongst three buildings, two of which are adjacent in central Faro, making use of old buildings that are beautifully kept, and a college in Santa Bárbara.

Protocols have been established with regional businesses to offer work experience or apprenticeship placements for AAPACDM's older students, which in many cases lead on to full-time employment and subsequently, an admirable degree of independence and achievement. In essence, what any other ablebodied person takes for granted.

Training in metal and woodwork as well as ceramics, gardening and domestic tasks is given through state-funded courses. Basic social skills and other fundamental tools are also taught to those with more severe disabilities

Susan Kelly is a long-term resident of the Algarve. Her adopted son Selwyn, now 24, suffers a milder form of autism known as Asperger's Syndrome.

It was through Susan's praise and ambition for the school that The Portugal News learned of the AAPACDM, and was invited to see first-hand what excellent and essential work it carries out.

Despite attending normal pri-

Despite antening normal primary school in Portugal, at the age of six it became obvious that Selwyn's needs were more demanding than those of other pupils his age. "Mother's instinct told me something was not quite right", Susan explains "but eventually school became a nightmare".

Still in primary grades at the age of 13, teachers told Susan that her son could no longer remain at the school. It was then that he was diagnosed with the disease.

"When Selwyn was diagnosed with Asperger's I suddenly realised that he didn't have a possibility for an education. It was almost impossible to find anywhere for him to study".

Through asking around and sheer luck Susan learned of the AAPACDM. "It is the best thing



It may have a very long name but the AAPACDM – Algarvean Association for Parents of Children with Diminished Mental Capacities – also has a very vital role in the region, providing the mentally handicapped, from children to adults, with the best possible chance of fully integrating into a society that is demanding and testing at the best of times.

that could ever have happened to us", she says enthusiastically. Since attending AAPACDM

Since attending AAPACDM Selwyn has achieved an impressive amount of independence.

"People with his condition often have no concept of simple things like time or money. Selwyn does now, but it is other people's dishonesty that becomes a concern".

During his time at the AAPACDM Selwyn learned the skills of gardening and is now employed by a company in Almancil, a job he thoroughly enjoys. "He is even learning Spanish," says his delighted mum.

The AAPACDM is run by its

The AAPACDM is run by its President of six years Eliane Rocha Cruz. Wholly dedicated to the insti-

tution, Eliane explained that the institution's main difficulty at present is purely financial.

"We have roughly calculated a budget for 2008 and we are already €34.000 short", she laments.

Despite receiving funding from EU grants, various municipalities, Social Security and other institutes for education and employment, the AAPACDM still heavily relies on private donations to continue its work.

Vice-president Tina Felizardo reiterated, "We need money to invest and renovate the institution. It is easy to simply survive, but to progress we have to invest".

Earlier this week the AAPACDM's 'Christmas Bazaar' was inaugurated in Faro, a small shop located within the Farenese Football Club's headquarters, by which it was kindly conceded.

Here, shoppers will find an assortment of pretty handicraft items made by the students, along with a medley of nearly new and brand new decorative items, books, etc. All revenue raised will revert to AAPACDM, and be put towards "roof repairs, a new suspended ceiling, air conditioning, petrol fees", says Eliane.

A tall order and revenue from the Christmas fair may not cover all of the afore-mentioned. However, fresh hope has surged in the form of the Almancil International Rotary Club, which also recently learned of the association and has shown a keen interest in becoming involved.

Speaking on Monday at the

AAPACDM's 'Christmas Fair' shop inauguration, located in downtown Faro, Civil Governor Isilda Gomes said: "The solidarity of others in contributing to this cause is extraordinary".

Admittedly "very familiar"

Admittedly "very familiar" with the institution, the 'Governess' confesses she keeps a "close eye" on its progress and thinks it is a "fantastic" cause.

Also present at the shop's inauguration were Faro Mayor José Apolinário and the regional representative for Social Security. Both seemed suitably impressed with the shop, as well as with Farense's stunning headquarters.

Earlier that morning the dignitaries had been participating in commemorations for 'International Disabled Person's Day'.

Marking the start of the day's events, Civil Governor Gomes made a speech in which she appealed to local businesses to "adhere to government programmes that aim to integrate disabled individuals into the work market".

Speaking in Faro's Jardim Manuel Bívar, she added "social inclusion will only be a reality when appropriate opportunities are created to embrace these professionals into the work market". She continued, "These indi-

She continued, "These individuals are perfectly able to carry out the most diverse of tasks, but we need to open our doors to them. It is an obligation for all of us and, as long as we do not interiorise this civic duty, we will never have an entirely democratic society as democracy can only be achieved if built on freedom and equal rights".

For now, the AAPACDM is looking forward to the day it will expand into brand new premises. The terrain has already been kindly conceded by Faro City Hall, 'behind the Jumbo shopping centre', explained Eliane, and the project is being drawn up free of charge by city hall architect António Santos, whose father was the AAPACDM's original founder.

"Now all we need are the means to build it", Eliane concludes.

Anyone interested in visiting or learning more about AAPACDM can contact the institution on: (+351) 289 880 700, fax: 289 803 902, e-mail: aapacdm@mail.telepac.pt, or see webpage: www.aapacdm.net.

. www.aapacum.net. Carrie-Marie Bratley





Less AIDS in Portugal, says health Minister



Speaking under the banner of World AIDS Day, on December 1st, Health Minister Correia dos Campos revealed that figures for the disease in Portugal are on the decline, though defended investment in educating the population and raising awareness as a means of prevention was still a priority.

According to Correia dos Campos, "the statistics concerning the spread of infection are at their lowest since 2001, and, regarding the number of people with the HIV/AIDS disease, at their lowest since 1996".

In essence this means that the incidence and prevalence of the disease in Portugal is diminishing.

Up until September this year, there were 32.000 registered cases of HIV/AIDS in Portugal. A United Nations report showed that, amongst all Western European countries, Portugal is the fourth country with most cases of infections diagnosed in 2006.

Minister Campos believes that the main weapon in combating this reality is "education, information, and knowledge" particularly in schools and which could include "a vast distribution of condoms".

"It is very important that education is done from primary or secondary school ages", he defended, adding that students are "their own family's informers".

He underlined that the number of transmissions from mother to child has fallen from 25 per cent to just two per cent, as have the number of cases caught by sharing infected syringes.

Despite recognising that "citizens fear being put into a situation of stigma and have a wish and a right to their privacy", selling anti-retroviral medicines in pharmacies was a recent suggestion put forward by the Minister of Health.

It was immediately reproved by the National Board of Doctors, who say it would be a "situation of great risk to public health".

Photo above right: Health Minister Correia dos Campos talks to a pupil during a visit to The Portela secondary School in Loures on Monday. (Photo: Lusa/André Kosters)



# Courts 'repossess' child from foster family six years later

Courts in Vila Real have made the decision to return a six-yearold girl, who has lived with a foster family designated by Social Services since being 25-days old, to her reformed drug-addict biological mother.

Despite not knowing any other family except the one with whom she has lived since being a newborn, the child, Iara, now faces life in a single-parent family unit with a mother she has never met before.

The courts decided that the biological mother, named Brigite, now has all conditions necessary to offer her daughter a good quality of life, being emotionally and economically stable, as well as off drues

Iara was placed in the care of the Carquejo family at the request of social services when she was just 25 days old. Her then 24-year-old French-born mother Brigite was a full-blown drug addict and had no means to care for the child.

Intense rehabilitation followed in Portugal and in Brazil, and, after being declared fit, at two years of age Iara was temporarily returned to her biological mother. After just two months in Brigite's care Iara was returned to the Carquejo family. Her partner at the time asked for the toddler to be taken back as 'he didn't like the way her mother was treating her'.

way her mother was treating her'.
The Carquejo family – businessman Américo Carquejo, wife Graça, and their two children 23-year-old Ima and 20-year-old Ivan – are now to fight the court's decision and have appealed to the Oporto supreme courts for it to be overruled.

A close relative has said, "They were devastated by the decision, they are shocked and inconsolable. We are a family who love that child, we can 't even think of what it will be like to spend Christmas without her".

Then he said of the court's decision, "they are going to hand her over because they say the mother is ok, but for how long will she be

Iara is currently spending a 30-day transitory period in state care.

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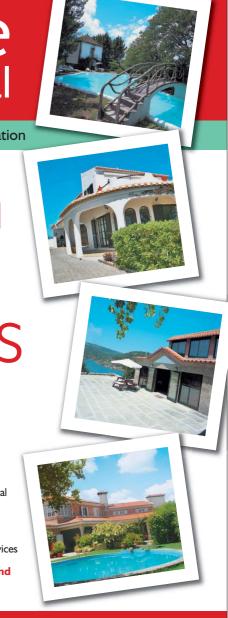
# Portugal committed to common criminal registry against child sex abuse

The Portuguese EU presidency is "committed strongly" to implementing a common criminal registry for the 27-nation bloc, considering such a step "essential" for fighting child sex abuse, a senior official said.

The fight against child sex abuse and pornography requires prevention and "effective prevention is based on a vast and well organised system of data exchange", Lisbon's assistant state secretary for justice, José Condes Rodrigues, told a conference in Rrussels

"The Portuguese (EU) presidency is committed strongly to the implementation of a European criminal data base", he said, calling for increased "international cooperation and joint efforts" in combating the sexual abuse of children.

Conde Rodrigues said Portugal was preparing to join the pilot-project on computerized exchange of criminal data that is being implemented by Germany, France, Spain, Belgium, Czech Republic and Luxembourg. TPN/Lusa



# Reform Treaty ratification 'big priority' for 2008 - Barroso



President of the European Commission, José Manuel Barroso of Portugal (R) and Slovakian Prime Minister Robert Fico (L) give a joint press conference after a meeting, on Tuesday at the European Commission headquarters in Brussels. (Photo: EPA/François Walschaerts)

Web (INTERNET) noun [S] the system of connected documents on the Internet, which often contain colour pictures, video and sound, and which can be searched for information about a particular subject:

(From <u>Cambridge Advanced Learner's Dictionary</u>)

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# **EU BRIEFS**

### Bloc's plan to combat digital exclusion

Europe wants to become a world leader in the combat of digital exclusion, Lisbon's EU chair said this week. The EU's strategy to widen e-inclusion within the bloc was outlined by Portugal's science and technology minister, José Mariano Gago, after talks with his European counterparts in Lisbon. EU Commissioner for the Information Society Viviane Redding also attended the encounter.

### EU 'needs' to take lead in hi-tech innovation

Increasing global competition will inevitably weaken Europe's economic power, but EU states have the collective potential to be at the forefront of technological innovation and this could cushion the threat from emerging economies, Lisbon's EU presidency has said. Lisbon's state secretary for industry and innovation, António Castro Guerra, said: "The world distribution in course does not mean Europe will be poorer. It does not mean that we lower our levels of wellbeing, but only that we have to prepare for stronger competition coming from various countries...such as China, India, Brazil, Mexico, Pakistan and Turkey."

# Delay in Darfur protection force could mar

Portugal's state secretary for defence has warned of the EU's loss of international credibility if the delay in dispatching its Darfur refugee protection force to central Africa continues much longer. "The situation can't drag on in the name of the European Union's image", João Mira Gomes said Monday in Paris on the sidelines of a meeting of the Western European Union. The deployment of a 3,500-strong EU force to Chad and Central African Republic to protect refugees from the conflict in neighbouring Sudan's Darfur province has been delayed primarily due to the lack of support aircraft - helicopters and transport and medical evacuation planes. Initially, the EU protection force was to have been deployed to central Africa beginning in early December, but officials now expect the earliest deployment

### to fund Med transport network

EU Transport Commissioner Jacques Barrot said this week that the bloc's action plan to develop transport links between southern and eastern Mediterranean states will begin next year and involve initial investment of 750 million euros. Barrot said the EU funds would be used for a viability study, building of a tunnel from Spain to Morocco, and construction of a TGV rail link between North Africa's Maghreb states. The high-level Lisbon conference gathered officials from 14 EU states and representatives from Morocco, Egypt, Algeria, the Palestinian Authority, Jordan, Syria, Tunisia, Turkey and

### Amado, Solana sign association accord

Portuguese Foreign Minister Luís Amado and Javier Solana, the EU's chief diplomat, travelled to Bosnia on Tuesday to sign an EU Association and Stabilization Accord with the Balkan country. Sarajevo's caretaker government recently approved a plan to reform the ethnically divided country's police forces, meeting an EU condition for the signing of the accord, a first step on the long road to future possible accession to the European bloc.

### New Forum launched to promote philanthropic support for research

The EC has announced the creation of a new Forum to increase philanthropic contributions for research. The idea of such a Forum was raised by a group of experts asked by the EC to make recommendations as to how Europe should go about making better use of charitable and private donations to advance research. The European Forum on Philanthropy and Research Funding will be initially established for a period of three years and will examine issues such as: the research funding policies of existing philanthropic organisation; legal, fiscal and regulatory issues; and governance and ethical issues.

### Three in four EU citizens welcome dialogue with other cultures

Almost three quarters of EU citizens (72%) believe that people with a different background (ethnic, religious or national) enrich the cultural life of their country; a quarter (23%) of citizens disagree with that idea, according to a Flash Eurobarometer survey commissioned by the European Commission. Respondents were asked about the patterns of their interaction with people of different cultures, about their general attitude towards cultural diversity and, specifically, about the upcoming European Year of Intercultural Dialogue 2008.

### More than 40% of households have broadband internet access

In the EU27, 54 percent of households had access to the internet during the first quarter of 2007, compared with 49 percent during the first quarter of 2006, and 42 percent had a broadband connection, compared with 30 percent in 2006. In 2007, the highest proportions of households with internet access were recorded in the Netherlands (83%), Sweden (79%) and Denmark (78%). The lowest levels were registered in Bulgaria (19%), Romania (22%) and Greece (25%). The proportion of households with a broadband connection in 2007 was also highest in the Netherlands (74%), Denmark (70%) and Sweden

It was also found a quarter of individuals chat online, while 15% make phone calls over the internet.

Ratification of the new reform treaty will be one of the EU's "big priorities" next year, European Commission chief José Manuel Durão Barroso said this week, adding that the form of ratification was up to each member state.

"For 2008, the successful ratification of the Treaty of Lisbon will be one of our big priorities' Durão Barroso told a meeting of European lawmakers in Brussels, referring to the charter that will be formally signed in the Portuguese capital next week.

He urged the parliamentarians to join EU institutions in helping explain the treaty to citizens and mobilise support for it.

Questioned by Portuguese ommunist MEP Ilda Communist Figueiredo on what she called a "campaign to escape referen-dums" on the treaty, Durão Barroso said each state would decide on its form of ratification

He described both referendums and parliamentary action as equally "legitimate" in democ-

Portuguese Internal Administration Minister Rui Pereira also addressed the meeting, telling the lawmakers the treaty would assure greater "democratic control" by strengthening the roles of the European Parliament in the legislative process and of the supervisory role of national legisla-

The Lisbon Treaty is scheduled to be signed on December 13.

# Lisbon proposes compromise fortelecomms VAT

The Portuguese EU presidency presented a compromise proposal for harmonised collection of valued added taxes (VAT) on telecommunications services throughout the bloc, hoping to bring Luxembourg into the fold.

'The compromise solution permits everyone to deal with their specific situations and Europe to take a step forward in the fiscal realm, namely in the harmonization of the VAT tax framework", Portuguese Finance Minister Fernando Teixeira dos Santos said on the eve of the meeting in Brussels.

Luxembourg, which hosts maior telecommunications companies such as the AOL, Apple and Skype, has been the main opponent of the "VAT package" that was partially agreed in June un-

der the German presidency. While most EU members want telecommunications VAT to be collected in the country of consumption rather than in the country of origin, telecommunications companies argue that such a system would complicate their accounts, forcing them to apply 27 different taxes instead of one as at present.

Portugal's compromise proposal centres on postponing application of new rules by five years to 2015 and allowing the country of origin of services to take 20 percent of the VAT collected in countries of consumption. TPN/Lusa

# news

# Security concerns grow as Lisbon club owner is killed in car bomb



One of Lisbon nightlife's most prominent barowners has been killed. The incident took place during the early hours of Sunday morning when an explosive device, that had been planted under the seat of the club owner's Mercedes, detonated.

Sixty-five-year-old José Gonçalves, married to a teacher and with two adult daughters, was also the owner of the 'Avião' (literally translated as 'Airplane') bar and strip club, located near the city's airport.

Reports state José left his bar at the usual time of around 05h15 and got into his car, a Mercedes, with two of the establishment's Slovenian dancers who were having a lift home. Minutes later a bomb de-

Minutes later a bomb described by authorities as 'ingenious' exploded inside the vehicle, killing only the driver, José Gonçalves.

It was this precision that has led investigators to believe the device was created by an expert.

Despite escaping unharmed, after calling police, the two dancers were taken to a nearby hospital for psychological support after they witnessed everything from inside the vehicle.

Only after eight hours of investigations and examinations was the victim's body finally removed. Just two years earlier he had escaped another attack believed to have been an attempted murder, when he was shot in the leg three times.

Police are looking into the possibility that this latest hit may be related to the murder of Ilidio Correia, the head of a bouncer company, who was shot in Miragaia, northern Portugal, last Thursday.

It is thought that Ilídio had been sent from Lisbon to Oporto with the task of negotiating a takeover on part of that city's disco security guards.

After his murder, violence broke out in Lisbon, now being put down to rival gangs and 'night-lords'.

'Avião' was a renowned hangout in Lisbon; a converted Boeing that once belonged to Nicaraguan dictator Anastazio Somosa. The aircraft was apprehended in the 1970's, in Lisbon's Portela airport after it was found loaded with weapons, and later sold through public auction.

Two of the venue's doormen were summoned for questioning and a number of video security tapes were confiscated.

José da Silva Gonçalves and his family were described by neighbours as being, "thoroughly nice people". The victim was also a witness in the ongoing 'Passarelle' trial, a mammoth court case in-



A nightclub owner was killed in an explosion in his car which was parked in the carpark of the Avião bar near Lisbon airport at dawn on Sunday. (Photo: Lusa / Inácio Rosa)

volving a number of Lisbon's most notorious 'night barons'.

In Oporto this year alone five people have been killed allegedly in connection with night underworld domination.

Besides Ilídio, two other door-

men, a nightclub owner and an innocent onlooker who was caught up in crossfire were all killed in related incidents.

For the past months newspapers have reported on escalating violence that is terrorising Oporto's night scene and now seems to be spreading to Lisbon.

Adjunct State and Justice Secretary José Conde Rodrigues has said, "There is no reason for alarm".

"Situations such as the one

afore-mentioned are investigated by police and will almost certainly lead to an inquisition by the Public Ministry".

In the State Secretary's opinion, "Portugal has adequate laws to punish such crimes".



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# Sintra inhabitants disappointed with high tension reaction Members of the Sintra were left bitterly disapmeeting with national company REN, during



Members of the Sintra Civic Movement were left bitterly disappointed after a meeting with national energy company REN, during which their request to bury electricity lines that pass through the heart of their densely populated town were denied.

Following the meeting, one of the movement's members, Helena Carmo, announced over a megaphone to the waiting general public and media reporters: "REN still refuse to bury the lines because they believe it will be an incentive for other locations to ask the same".

Around 80 protestors gathered outside REN's headquarters, raising banners with mottos that stated: 'REN does not respect children', 'Do not buy shares in REN', and 'Hoot to show support'.

As a result the noise was described as deafening.

Another of the movement's members told reporters that the general feeling amongst residents

was one of "disappointment, as a solution was not found".

At the centre of the dispute is the residents' request to have a high-tension line, destined to connect electrical substations in Trajouce and Fanhões and which passes through the very heart of Sintra, next to residential homes, buried underground.

REN coordinator, Artur Lourenço, responded by saying the line's "situation" is "being taken care of" with Sintra City Hall, and has been since 2005.

Photo left: Sintra inhabitants demonstrate against REN on Monday near the company's headquarters in Lisbon. (Photo: Lusa/André Kosters)



# China summit final declaration agreed after delay of days

The Portuguese EU presidency, following four days of negotiations over wording in Beijing, posted the final declaration of last week's summit with China on its Internet site earlier this week, the Lusa News Agency reported.

The document was signed on Sunday, underlining four key conclusions of the EU-China meeting in the Chinese capital last week.

EU officials in Beijing told Lusa the delay in signing and releasing the final declaration, had centred on China's reluctance to clearly define in writing the regulations, composition and objectives of two agreed highlevel "working groups" to study the soaring trade imbalance between Europe and the Asian power.

The final declaration committed the two sides to continued joint efforts for global peace and security, recognition of climate change issues as a priority, coordination of cooperation in Africa, and looking at the trade deficit head on.

The document also reiterated the EU's "concern" that Taiwan's plans to hold a referendum on a bid for UN membership could "unilaterally change the status quo", a stance that fell short of Beijing's insistence for explicit condemnation by the EU of Taipei's initiative.

The text was hammered out with the Chinese over four days by Portuguese EU presidency and European Commission diplomats, following the departure from Beijing of Portuguese Prime Minister José Sócrates and EC chief José Manuel Durão



# Global warning for Portugal



Global warming is an expression that today is used on a daily basis. It is in newspapers, spoken about on television, and the images of its effects are seen in movies documentaries and magazines. But how much notice is really taken? Can the devastating consequences of an overheating planet really be stopped in time? And what effect is global warming having on Portugal, if any? The truth is actually rather surprising, if not somewhat

All one has to do is look back over the past few years to see the effects that climate change is having on Portugal. Flash downpours and freak floods, snow in the capital for the first time in 50 years, receding coastlines, forest fires during late autumn, sunbathing and swimming in the sea in November-all this can be in some way related to the dangerously high worldwide energy consumption levels.

For years environmental watchdogs and governments have been implementing preventative measures, like the Kyoto Protocol, and appealing for the reduction of CO2 emissions (created through energy consumption), the main cause of the so-called 'greenhouse effects' and subsequent global warming.

Holes in the ozone layer and

increasing risk of cancer due to evermore intense UV rays are direct consequences of these gassy emissions

which are expelled on a mass scale and a daily basis from all over the globe.

In turn, planet earth is getting

Electricity production plants are the world's number one contributors to global warming, followed by exhaust fumes from vehicles and other forms of transportation. However, CO2 gases are generated and emitted from any number of actions we carry out in our daily routines. From using deodorants to taking a bath, most things we do throughout the day will eventually contribute in hindering what is now one of man's greatest challenges - saving and preserving the planet for future generations

On a global scale, it is predicted that by 2010 the planet's average temperature will have risen between 1.4 and 5.8 degrees, with the sea level raising anything between nine to 88

According to a report by Worldwatch Institute, due to its geographical posi-

tioning, Portugal is amongst the countries that are worst affected by global warming. In the last 30 years alone the average temperature in Portugal has risen by one degree, which is higher than the world's global average

Thirty-one-year-old Mário Rocha, resident in Lisbon, is a passionate environmental campaigner and a supporter of proactive organisation 'StopGlobal Warming.org'. He is also an enthusiastic surfer and traveller, though it is in his native country Portugal, and indeed his homecity Lisbon, that he has witnessed some of the most dramatic environmental changes.
"Tropical showers at the end

of a day with average temperatures of 25 degrees, in October, is this normal?" he questions.

"Snow in Lisbon a few years ago... winters and summers are beginning to merge. In my teens I remember going to school at this time of year in a coat. Now I walk around in T-shirts".

Extreme temperature changes are forecast to induce significant changes to the planet's ecosystem, international economies and to human health.

In Portugal, symptoms will mainly affect crop production

And whilst extreme temperatures may be harmful to most agricultural productions, they may also be favourable to others and even allow for new productions in Portugal, such as that of cotton.

> and sea life, as well as help to faster-spread germs, pests, bacteria and vermin. The nation's elderly population could also suffer significantly with prolonged heat waves in summer and near sub-zero winters.

Due to the approximation between Mediterranean and tropical climates, bugs and insects that have never before been reported in Portugal are now making their way over by the swarms.

And whilst extreme temperatures may be harmful to most agricultural productions, they may also be favourable to others and even allow for new productions in Portugal, such as that of cotton.

However, forest fires are one of the worst consequences of the

bic metres of sand, dredged from Lisbon's port, were to be spread

along a number of Costa da Caparica's beaches, to reinforce and restructure the

coastline after it was washed away by the harsh winter tides and heavy rain fall.

Mário still holds memories of a more perfect coastline little over ten years ago.

"I remember when I was 18 and I would get hold of my surfboard and go for a morning or afternoon's surfing along the Costa da Caparica or Estoril coastlines. There used to be perfectlyformed sets and breaks.

'Nowadays it's not like that, with the advancing of the ocean, like what happened this winter in Cascais, everything has changed...where there used to be a beach for sunbathing on, now there is only sea or wet sand"

In some places along the 950 kilometres of Portuguese coastline the seas have swept inland by 180 metres in just eight years, with shorelines reducing by an estimated one metre every 12 months.

While some experts would put this down to melting glaciers, rising tides. and

An estimated 75 per cent of the overall population now inhabit the coastline "How many times do we

switch on our televisions and watch as the evening news tells us about another lot of farmers that have lost their entire crops to unseasonable weather?",

This is putting increasing urbanised pressure on the coastline, due to construction and evergrowing populations, and is slowly taking its toll on the coun-

try's outline. In Azenhas do Mar, Sintra, cliff faces have eroded, in Buarcos, Figueira da Foz, sand dunes are vanishing at an astonishing rate, and on the Ria Formosa, in the Al-

garve, on any given day of harsher storms, the cordon of sandy mounds that separate the

river from the sea are at risk of disappearing. As a consequence, their absence would cause the natural lagoon and area of protected nature reserve, renowned for its beauty, to be flooded by the sea.

On a national scale, due to its position at the southern tip of Portugal, the Algarve is predicted to experience the brunt of climate change. With the warming of the oceans, once-dwindling fish species such as the Bluefin Tuna, have already started to re-flourish.

All of this is confirmed by the SIAM Project, a detailed study composed by 61 national scientists that depicts future scenarios for Portugal, towards the end of the 21st century, following global warming patterns documented between 1931 and 2000/01.

It is stated in the project's résumé, 'the country will face increasingly frequent extreme climate changes, like long periods of drought and intense rainfall, as well as a worsening in coastal erosion flooded areas and a modification of tidal patterns'

SIAM further showed that the Portugal were all registered over date being 1997.

It is not only the human popu-

Coffee company Delta is leading the way and setting an example, having recently launched an energy saving campaign as well as modifying its own coffee-producing process to reduce the emission

of CO2 gasses With each twin pack of 'Lote Chavena' coffee purchased, a energy-saving light bulb was given away free of charge, to be used in consumers' homes.

Helpful tips and advice on how to contribute toward 'saving the planet' was printed on Delta sugar packets, along with general envi-ronmental information and statis-

After purchasing 'green' coffee from main producing countries, Delta roasts its own beans in spe-

cially adapted factories across Portugal

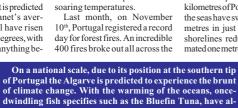
Spain.
"But all of us

can help stop Global Warming", urges Mário Rocha, "we can start with little, mundane things in our daily routines like switching off the light on

TV and computer screens" "Even when we are not watching anything those lights consume energy and create heat. Multiply that by the number of people who live on your street or in your building, then by the number of television sets each household has on average (which is around three). When you open the fridge take out everything you need at once instead of opening and shutting it. Have a shower instead of a bath, and save on water bills as well. Walk to the café down the road instead of taking the car, or use public transport"

He concludes, "We all would like to believe we can change the world, but it is very hard to do it

Carrie-Marie Bratley



country in less than 24 hours. Despite being on the verge of winter, unseasonally weather and hot temperatures

ready started to re-flourish.

were blamed for the fires Coastal erosion is another main concern for Portugal.

Earlier this year Cascais made the headlines when unusually high tides and raging seas ate into its coastline. In June it was announced that some 700,000 cu-

changing currents, others would point the finger at intense migration patterns made by those swapping the interior, where the temperature rises and consequences are felt with greater intensity, for the less aggressive coastal conditions. Many opt to make the move as a form of cutting their losses before the inconsistent weather destroys their farming productivity and

Indonesian women pass by the smoke from burning rubbish in the slum area of Jakarta, Indonesia on Tuesday. The devastating impact of global warming is already evident in Indonesia and will likely worsen due to further human-induced climate change, warns the World Wildlife Fund. (Photo: EPA/Bagus Indahano)

The scientists concluded that by 2100, the south of Portugal could experience a loss in rainfall of more than 30 per cent, with the Algarve facing up to a 40 per cent reduction in precipitation. Rising percentages in evaporation will further worsen the situ-

six hottest years in the history of the past 12 years, the hottest to

lation that is being driven to change habitat as a result of global warm-

Coffee company Delta is leading the way and setting an example, having recently launched an energy saving campaign as well as modifying its own coffee-producing process to reduce the emission of CO2 gasses.

ing, indigenous animal species may

also face significant changes too. According to SIAM, 'some

animal populations, particularly

if they have limited geographical

distributions, small habitat areas

or low numbers of individuals.

may not be able to respond to

rapid climate changes and extinc-

tion could occur, namely in

populations with low reproduc-

Included in the report, as ex-

amples, are species that are en-

demic to Portugal, such as the

Nyctalus leislei bat, or to Iberia.

like the already-endangered Ibe-

rian Lynx, or the Microtus

However, on the opposite end

of the scale, fisheries look set to

benefit with staple fish species,

like the sardine and the octopus,

reduce global warming in Portugal

So what is being done to help

thriving in the warmer seas.

cabrerae rodent.

tive and dispersal capacity.

# ousiness



A machine checks a toy's endurance at a specialist laboratory for toys in Lublin, Poland on Tuesday. The laboratory examines about 500 types of toys every year, checking the strength of stitches and small parts (like noses, eyes etc), flammability of the material from which they are made, resistance for falls and endurance for weight and if they are appropriate for children in certain age groups. All the examinations are made for the safety and health of children. (Photo: EPA/Miroslaw Trembecki)

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# India summit brings commitments

The European Union and India converged last Friday on international policy, opening the way for stronger bilateral ties and cooperation, especially in the areas of trade, investment and the fight against climate change.

The eighth EU-Indian summit in New Delhi witnessed the signing of two accords, a memorandum of understanding on cooperation and development focused on education and health and another on collaboration in the fields of science and technology.

The joint declaration capping the one-day apex meeting underlined agreement on "strengthened dialogue and mechanisms for consultation, political cooperation and dialogue, closer cultural ties, economic cooperation, and the development of trade and investment relations'

Prime Minister José Sócrates, speaking for the Portuguese EU presidency, described the apex meeting at the closing news conference as characterized by a climate of "friendship and confi-

José Sócrates called attention to two areas of agreement that were especially dear to European priorities: joint action against climate change and the need for a "more ambitious program of coopera-tion" in trade and investment.

On climate change, he said the EU and India converged on the need for a general accord at the UN level for a post-Kyoto "map of action with concrete commitments" for reduction of greenhouse gases after 2012.

Such an initiative should have 'common objectives but differing responsibilities", the Portuguese leader said.

On the trade and investment front, Prime Minister Sócrates welcomed the bilateral commitment to work towards a free trade accord, that officials said earlier should be concluded next year.

EU delegation sources, how-

ever, told Lusa that it was likely the free trade agreement would take "about two years" to hammer out, given the "technical complexities" involved.

Sócrates expressed his pleasure at being in New Delhi eight years after the previous Portuguese EU presidency launched the strategic partnership that fosters annual EU-India summits.

Indian Prime Minister Manmohan Singh congratulated Lisbon on its "extraordinary success" in conducting the bilateral negotiations, stressing the "special relations" that join India and the EU as spaces of "democracy, multiculturalism and multilinguism".

European Commission chief José Manuel Durão Barroso struck a similar key, saying the shared "3 Ds" of democracy, diversity and dimension opened a "world of opportunities" for relations between Europe and India.

TPN/Lusa

# Lisbon applauds approval of new energy legislation

Manuel Pinho, speaking for the Portuguese EU presidency, welcomed the European Commission's approval of new energy legislation, saying the creation of a European energy market was a bloc priority for Lisbon.

"At a moment when a response to the grave problem posed by the skyrocketing price of fossil fuels and climate change is unavoidable. the (Portuguese) presidency considers the creation of an internal energy market and a European strategy for a technological plan for the sector a prior-Minister Pinho told Lusa in Lisbon.

The EU presidency, he added, viewed the legislative package approved by Brussels as "balanced and efficient" The minister's comments

came after the European Commission approved the third part of a series of measures on energy policy for the bloc, legislation that foresees the separation of production and transport of electricity and natural gas.

The resolution of cross-border

issues and the strengthening of "inter-connections" should also be considered in future as "a great bet" for the establishment of an internal market and for the "security and diversification" of energy sources for the EU, Pinho said.

"The definition of investment plans for inter-connections and the creation of an Agency of Regulators with powers to supervise the plan and to resolve cross-border issues are also solutions considered effective by the presidency", he added.

# Spain withdraws its objections to bloc's Galileo sat-nav project

Spain has given its backing to the EU's Galileo sat-nav system, meaning the multi-billion euro project now has unanimous support from the bloc's 27 member states, Lisbon's EU presidency

Portugal's transport minister, Mário Lino, said "minor clarifications" had been given to Madrid on the Galileo system, meaning Spain could in theory host a ground control centre for the 30-satellite navigation sys-

Lino expressed "great satisfaction" at the unanimous endorsement of Galileo after last Thursday's support of the plans by a qualified majority, or two-thirds of EU states.

"Today we are all united by Galileo," added the Lisbon min-

The planned satellite system originally had only control centres in Italy and Germany, with a search and rescue centre in Spain. The three centres will now be able to operate as a network, if needed.

EU Transport Commissioner Jacques Barrot explained that the Spanish centre could also perform a control role in the future. TPN/Lusa

# EU backs new mobile TV standard

for telecommunications have given their blessings to a new mobile TV standard for Europe, the Lusa News Agency reports.

After chairing a Brussels meeting of his EU counterparts, Portugal's minister of public works, transport and communications, Mário Lino, said approval had been given to European Commission proposals for the Nokia-backed DVB-H sys-

DVB-H, or Digital Video Broadcasting-Handheld, will become Europe's standard system for broadcasts to cell phones by June, 2008, in time for the UEFA

European Championships

Speaking alongside Lino was EU Commissioner for Information Society and Media Viviane Reding, who said "customers will be the main beneficiaries" from a new system in which "European industry will have a lion's share of the mar-

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# 12 worldview

# Israel Sixty Years On: Partition or Apartheid



Israeli Prime Minister Ehud Olmert was just back from the Annapolis summit where President George W. Bush tried to reboot the moribund Israeli-Palestinian peace talks. More importantly, last week was also the 60th anniversary of the United Nations vote that divided British-ruled Palestine into a Jewish and an Arab state. That promised Arab state still doesn't exist, of course, but if the peace talks fail to produce it in the end, Olmert told the newspaper Ha'Aretz, then Israel is "finished."



Israel's Prime Minister Ehud Olmert (Left) speaks with Cabinet Secretary Oved Yehezkel during the weekly cabinet meeting in Jerusalem. An aide to Palestinian President Abbas said on Saturday that Israel was unable to engage in serious negotiations with the Palestinian National Authority (PNA). Ahmed Abdel Rahman, who is also a spokesman for Fatah, added that the Israeli government, led by Ehud Olmert, was bound by rightists who are waiting to topple the administration if it starts genuine talks with the Palestinians. (PHOTO: LUSA/EPA/AMMAR AWAD/POOL)

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- Off-Property Cover available
- Policy available in either GBP or Euros Claims paid in either

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"If the day comes when the two-state solution collapses," Olmert said, "and we face a South African-style struggle for equal voting rights for the Palestinians in the (occupied) territories, then, as soon as that happens, the State of Israel is finished. The Jewish organisations which were our power base in America will be the first to come out against us, because they will say they cannot support a state that does not support democracy and equal voting rights for all its residents."

It was an extraordinary thing for a right-wing Israeli politician to say: Israelis usually erupt in fury if anybody suggests a comparison between their country and apartheid-era South Africa, However, Olmert wasn't talking about the country as it is now - seven million people, of whom about five and a half million are Jews — but about the country that would exist if the peace talks fail definitively and the four million Palestinians in the occupied territories remain under Israeli control indefinitely.

They have already been under Israeli military rule for forty years, and fifteen years of onand-off peace negotiations have made little progress towards a Palestinian state. The Arab population both within Israel and in the occupied territories is growing much faster than the Jewish population, even counting Jewish immigration. Some time soon, there will be more Palestinians than Jews within the borders of the former British mandate of Palestine (between the Jordan River and the sea) for the first time since the war of 1948-49.

Most of the Palestinians who lived within what is now Israel fled or were driven out during the 1948-49 war, and in order to ensure that the new state had an overwhelming Jewish majority Israel never let them return. Subsequent Jewish immigration, combined with the fact that many of the Palestinians fled beyond the borders of the old British mandate, meant that Jews were still a large majority overall even when Israel conquered all the remaining lands of former Palestine in the 1967 war. For a long time, the "demographic question" did not trouble Israelis much.

There were still far fewer Palestinians in the late 1980s, when Yasser Arafat persuaded the Palestine Liberation Organisation to adopt the goal of a Palestinian state within the West Bank, the Gaza Strip and East Jerusalem (which is considerably less than it was given under the UN partition plan of 1947). That led to the era of the "peace process," but for various reasons (and with much blame on both sides ) the negotiations never succeeded.

Now the Palestinians are within sight of becoming a majority in the whole of the territory between the Jordan and the sea, and some of them are starting to abandon that compromise goal. Let us have a single democratic state in all of these lands. they say, and we don't mind if Israel never returns to its 1967 borders.

We will just demand our equal democratic rights within this larger country that includes all the land now controlled by Israel, and our votes will change Israel from a "Jewish democracy" to a multi-ethnic, post-Zionist democratic state. (Hamas, which controls the Gaza Strip, has already adopted this strat-

That is the spectre that haunts Ehud Olmert and every other thinking Israeli. If you cannot make the two-state solution work, then you get the one-state solution, and Palestinians will soon be a majority within the borders of that single state.

Israel has the military power to deny the vote to Palestinians in the "occupied territories" indefinitely, but in that case it will look more and more like apart-heid-era South Africa, with the West Bank and the Gaza Strip as its Bantustans. Even its American supporters will turn away in the end, and it will, as Olmert put it, be "finished."

That would not happen next year, or even in five or ten years, but the possibility is now permanently on the table. Even on the right, many Israelis are concluding that a Palestinian state is essential to the long-term survival of a Jewish state many others still think that a two-state deal is either undesirable or impossible, and hope that the current round of peace talks fails.

They will probably not be disappointed, for Olmert's cabinet would collapse if he made any major concessions on Jerusalem or Palestinian refugees in the talks. His negotiating partner, Mahmoud Abbas, only controls half of the Palestinian population in the occupied territories. Eighty-three percent of Israelis think there will be no peace deal in the next year, and expectations among Palestinians are even lower. But the question is as valid as ever: "If not now, when?'

Gwynne Dyer is a Londonbased independent journalist whose articles are published in 45 countries.



Gwynne Dyer



# Park of Nations centre stage for celebrations

Nations is to become centre stage for New Year's celebrations. Portuguese beer brand Super Bock, in collaboration with the Park of Nations' Shop Owners' Association, is to sponsor the party mode.

brella, Super Bock also proudly boasts Portugal's highest outdoor publicity campaign, which hangs on one of the city's most emblematic and monumental buildings the Vasco da Gama Tower.

Measuring 500 square meters, six meters in height and 70 meters in width, the huge canvas took days to position and involved steely-nerved abseilors who spent hours hanging in their harnesses to carry out the job.

This year, following a firework display launched from the Vasco da Gama Tower, six vessels will sail along the river Tagus setting off fireworks to create an unrivalled display of light and

The show will cover the entire riverfront, right down to the Atlântico Pavilion.

The Super Bock tower being set up at the Park of Nations in Lisbon, in preparation for New Year's Eve celebrations.
(Photo: Agência Zero)

# Dangerous man detained after five hour barricade of the neighborhood was cut off,

self inside a neighbour's house with his pet pit-bull dog to avoid imminent arrest was detained after more than five hours' police stakeout

Described by officials and neighbour's as being 'complicated' and 'dangerous', 22-yearold Paulo Carocho was notorious in his neighborhood, a social urbanization that is home to some two thousand people.

A police arrest warrant had already been issued for the man's capture, following charges of carjacking, robbery, aggression and

It was around 11h00 when Paulo burst into a neighbour's home, panicking and claiming he was in trouble and needed to hide neighbour Cláudia Silva was sleeping with her baby son at the time, and let the man take refuge in one of the rooms.

"I let him stay because we are friends, but then I got scared and left", she told reporters.

Upon leaving her house she was faced with police and an arrest warrant for her friend.

A routine patrol unit with four officers inside had spotted the suspect earlier that morning. Upon attempting to approach him and arrest him, he managed to escape, but with a handcuff tied to his wrist.

It was then that he took refuge in neighbour Cláudia's home at around 11h00, with his dog, after climbing in through a back window.

During the stakeout, which lasted until 16h45, Paulo came to the window on various occasions and threatened officers with a 3.2 caliber revolver.

Members of a Special Operation's Group (GOE) eventually managed to enter the property and capture the suspect, who offered no resistance.

His dog had been released hours

Following his arrest, a house search was carried out and 70 grams of hashish were seized.

Some 50 officers of various police units were involved in the intervention, including the GOE, a bomb squad, and an Intervention core, all considered 'necessary and normal' for a procedure of this kind. The road leading in and out

with residents being forbidden from leaving or entering the scene.

Upon seeing her son being escorted out of the house by police and in handcuffs the suspect's mother, who lives in a nearby building of the same social neighborhood, fainted, whilst his father avoided media attention by staying indoors.

At 22-years-of-age it is reported that Paulo Carocho already had an extensive police record. He also has a two-year-old daughter with a partner from whom he is separated.

Two police officers were injured during the stakeout after being assaulted by Paulo's 36year-old brother, a 26-year-old neighbour, and her 49-year-old father, who tried to impede the suspect's arrest.

All three were detained and also had police records.

# St. Andrew's Society Ball

2007 saw the Lisbon Scottish clans and their friends and families out in force to celebrate St. Andrew's Day (patron Saint of Scotland) with the annual St. Andrew's Ball.

Held at the charming Palácio Hotel in Estoril, more than 180 elegantly attired guests were piped in by Society piper, Malcolm MacGillivay, journeyed up, especially for the occasion, from the Algarve. After cocktails guests moved through to the beautiful ballroom where Chieftain, David Wilkie, got the evening underway by welcoming all and reading a short note from the Society's main sponsor, Charles Gordon of William Grant & Sons Limited, who wished guests a happy evening and enjoyment of 'The Balvenie' and 'Famous Grouse' whiskies. Rev. William Ross, Minister of the Church of Scotland in Lisbon, was asked to say the Selkirk Grace before guests enjoyed their meal of traditional hearty Scottish fare. The superb  $hagg is, transported \, by \, friend \, of \,$ the Society, Sarah Daykin of Distant Brits in the UK, proved to be as popular as ever. Norman Reidaddressed the haggis in truly flamboyant style providing real Scottish entertainment for the uninitiated and 'old hands' alike.

sador Alexander Ellis read a short St. Andrew's Day message from Scotland's First Minister Alex Salmond.

During coffee, guest speaker, Mr Gerald Malone, educated and entertained those present with a witty and informed speech about Scotland and, in particular, St. Andrew. After the formal part of the evening the Caerketton Ceilidh Band, who flew in from Edinburgh especially for the evening, took to the stage and kept the dance floor full until the wee hours of the morning with their professional, lively and accomplished music The evening finished with all guests participating in the traditional 'Auld Lang Syne' (Old Long Ago) a song symbolising friendship.

The Committee of the Society would like to thank all of the people who helped to make the St. Andrew's Ball such a success and in particular William Grant & Sons Limited for their generous and continuing sponsorship and to Distant Brits for ensuring the haggis arrived safely.

For more information about the St. Andrew's Society of Lisbon, a website is now up and Visit running. www.st andrews.com.pt.



David Wilkie (Chieftain), Mrs Landa Wilkie, Dr Anne Blyth and Mr Gerald Malone (Guest Speaker)

ENGLISH DENTAL SURGEON Dr. Francis Haley

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Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it.

There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes,

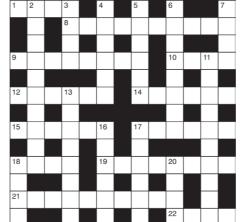
3 5		7					5	
5				8	9	6		7
			6				4	
		3				5		
			1		3			
		6				2		
,	3				6			
8		9	4	1				5
	4					8		1

Last weeks solution:

For tips on how to solve Sudoku puzzles, browse the forums, go to www.sudoku.com

4 3 6 9 1

# The Portugal News Crossword No. 170



# **QUICK CLUES**

1. Unhearing (4)

8. Insufficient (10)

9. Respectful (8)

10. Vale (4)

12. Control (6)

14. Invader (6)

15. Purpose (6)

17. Invent (6) 18. Abandoned (4)

19. Invert (8) 21. Confederate (10)

DOWN

2. Undergo (10) 3. Capital (4)

4. Obvious (6)

5. Whisk (6)

 $6. \operatorname{Bog}(8)$ 7. Acute (4)

11. Voters (10)

13. Building (8)

16. Company (6)

17. Reliance (6)

18. Guide (4)

### 22. Poverty (4) **QUICK SOLUTIONS - No 169**

Across: 7 Obtain; 8 Strife; 10 Venture; 11 Rogue; 12 Reek; 13 Since; 17 Merit; 18 Mute; 22 Start; 23 Niggard; 24 Depart; 25 Regain. Down: 1 Convert; 2 Stunted; 3 Minus; 4 Attract; 5 Singe; 6 Rebel; 9 Deficient; 14 Restore; 15 Runaway; 16 Heading; 19 Aside; 20 Happy; 21 Agree.

# <sup>14</sup>algarvenews

# The Portuguese Chamber of Commerce Autumn dinner

Chamber members and guests.



Simon Perks, Banco Santander Totta with Celia Edwards, British Consul Portimão.



Celia Paia, Algarve Regional Tourist Board with Gad Ron,

### Simon Perks, Chamber Algarve Director, welcomed the guests during the drinks' reception and outlined the coming events for 2008. He spoke of the Chamber's role in acting to pro-

mote bilateral trade and its willingness to help where there were systemic issues.

John Newgas, Chief Executive of the Chamber, welcomed the guest speaker Dr António Pina, and said how glad he was to recognise the significance of tourism across the Algarve. He thanked members and guests for their support and said that it was important to remember that the Chamber was dual based and represented both Portugal and the

Dr António Pina began his talk by emphasising how the evolution of Tourism in the Algarve had been positive for both the Algarve and Portugal as a whole. He foresaw a growth in 5 star hotels from 10 in 2005 and 14 in 2007 to a planned 21 for 2009. In the period June to August 2007 the number of overnight stays from the UK had risen 9.9% to 2,049,831. The next two large market visitors were Holland 484,424, and Ireland 463,458 (sources ProTurismo/INE).

Dr Pina said that there had been a 42% growth in low cost connections – comparing the first quarters in 2007 and in 2006. It was important, he said, that the Algarve maintained its position and reputation as a quality destination. Golf had positioned the Algarve as one of Europe's main destinations and the one million

The London based Portuguese Chamber recently held its annual Algarve

speaker, Dr António Pina, President of the Algarve Regional Tourist Board,

gave a talk on Golf and Residential Tourism to an audience of over seventy

Autumn Dinner at the Balaia Golf Village in Albufeira. This year's guest

rounds played (60% from the UK) on the 36 courses represented 50% of the Portuguese

The large audience included Mrs Celia Edwards, the newly

appointed British Consul based in Portimão, Mr Constantino Jordan whose new company Constantino Jordan Resorts cosponsored the evening together Bragança Associados.

John Newgas thanked both Constantino Jordan Resorts and Bragança Bruno Associados for their generous support and also Mr Gad Ron of Balaia Golf Village for hosting the event.



Fred Phillips, Atelier do Sul and Jane Fernandes, Portuguese Chamber.



António Pina, President of the RTA and Gad Ron, Balaia Golf Village.





Resorts and Rui Justo, Balaia Golf Village

# John David Goodchild

## 24/08/1926 02/12/2007

John was a longterm resident of the Algarve, where he had

He lived life to the fullest in true Goodchild style, and will be sadly missed by all his fam-





# Lights go on and everyone's home!

Last weekend on December 1st Faro's 'Little Pink House' - children's home Refúgio Aboim followed its longstanding tradition of inviting all of its friends and extended family, along with a number of dignitaries, to witness the turning on of its trademark Christ-

As happens every year, honorary invitees, which this year included Faro Civil Governor Isilda Gomes, Faro Mayor José Apolinário, and the institution's honorary 'Godmother' Maria Barroso, wife of former President Mário Soares, were given a

guided tour around the institution to see all recent renovations and modifications.

Other guests included the parents of the hundreds of children who have been adopted since the home's founding, future parents. associates, volunteers and other sympathisers with the cause.

As night fell excitement rose amongst the younger crowd, who had been patiently waiting for the 2500 bulbs adoming the huge pine tree to be switched on

Eventually the bulbs lit up, as did the smiles on the faces of all present, and Christmas at the 'Little Pink House' was once

# New support centre for young women in Tavira

On Tuesday, at around 16h00, the first brick was laid on Rua Maria Aboim, near the EN125, of what will one day in the near future be a support centre for young women who are the victims of violence and abuse, as well as those who may be carrying an unplanned pregnancy.

The centre's main function will be to provide essential tools, like psychological and training, to offer these women the best possible chance ofreintegrating successfully into society and gaining professional and economical independ-

With a capacity for 30 young pose-built building will offer temporary accommodation as well as working as a day centre. It will be run with the scientific coordination of professor Júlio Machado Vaz, who is also the vice president of the National Youth

Estimated to cost a total one and a half million euros, the centre is hoped to be complete and running by the end of July 2008



Maria Barroso, left, with the Civil Governor of Faro



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# algarvenews 15

# Let Albufeira entertain you over

# the New Year



Albufeira has this year pulled out all the stops to put on one of the busiest menus ever to liven up the end of 2007 and welcome in 2008. A delectable assortment of national and international stars will be gracing the city's stages for a four-day musical marathon.

Albufeira's end of year programme was unveiled last week in Liberto's bar/disco, and despite the cold, the list of entertainers were very warmly received.

Stages will again take shape on the Marina and Praia dos Pescadores, to feature performances by national artists including hip-hop groups Mundo Secreto (28/12) and MTV award winners Da Weasel (29/12), and

singers Pedro Abrunhosa (30/ 12) and David Fonseca (31/12).

Continuing celebrations from the 31st into the 1st of January 2008 will be well-known DJ of the moment Bob Sinclair, whose latest project 'Soundz of Freedom' include some of this summer's most massive hits, like 'Love generation', 'World Hold On', and 'Give A Li'l Love'

A breathtaking firework display is planned to mark midnight and will incorporate various multimedia elements to stimulate all senses.

Albufeira mayor. Desidério Silva, on the night of the programme's unveiling: "This is our largest investment in entertainment so far this year"; it is a programme created to catapult the city to becoming one of Portugal's most sought-after New Year destina-



Albufeira's end of year programme was unveiled last week in Liberto's bar/disco.

# Algarve's needy receive food for Christmas

Algarve's poorest residents, including needy families and the elderly, were given food packets for Christmas courtesy of the Portuguese Food Bank, distributed by 1.200 volunteers of all ages.

From east to west, more than 108 thousand tonnes of food was distributed around the 16 municipalities, in a good-will gesture that took one whole weekend to com-

According to a proud Adriano Pimpão, president of the institute's Algarve branch, "the number of products donated means distribution has risen by 40 per cent", which in his opinion shows the generosity and concern of the local population. This was distributed amongst 46 regional institutions and associations that

have a protocol with the Food Bank, many of which are charitable institutions.

Despite a lack of statistics to determine the current number of poor and needy in the Algarve, Adriano Pimpão believes there is a new niche for needy people in the middle-class mar-"individuals that never thought they would be without money to buy food, but due to over-expending credit they finish off in financial difficulties and are also in need".

On a national scale, food products are gathered in Lisbon, Oporto, Coimbra, Évora Aveiro, Abrantes, S. Miguel (Azores), Setúbal, Cova da Beira, Leiria-Fátima, Algarve and Portalegre.

At present there are approximately 17.700 volunteers working for the Food Bank, which has 13 warehouses and main distribution

# Three boats destroyed in Marina blaze



On Monday night three vessels docked in Albufeira's marina were completely destroyed when a fire of unknown origins broke out.

Youngsters playing football on an adjacent field raised the alarm at around 20h30, and informed the local firebrigade.

Of the three vessels, one sevenmetre recreational boat and two smaller Marina support boats, none could be saved, the overall cost of the damage not yet having been assessed.

Also yet to be determined are the causes of the fire. Despite not confirming it, Marina officials have not put aside the possibility of criminal involvement. PJ police are also carrying out investigations.

A case spokesperson said, "The only indication we have is that the fire did not start in the larger boat", adding that this is not a "normal" or "straightforward" case, and that everything is still being analysed.

Video footage from surveillance cameras has already been scrutinised by authorities whilst other pieces of information and

evidence are still being gathered.

Named the 'Mare Nostrum', the largest of the three boats was owned by a Portuguese proprietor and used for recreational deepsea fishing trips.

The other two were smaller, open-top boats, docked and at the disposal of Marina workers.

shortbread

christmas cards crackers

# Drug-smuggler caught on bus

An illegal Venezuelan immigrant who boarded a bus in Seville (Spain), bound for Lisbon (Portugal), was intercepted at the Algarve-side Guadiana border during a routine immigration control intervention, and was subsequently found to be carrying more than five hundred grams of cocaine in a package bound to his back with adhesive tape.

smuggler was one of 45 pas-sengers to be identified during the routine procedure. After a body search, underneath his clothes he was found to be carrying 566,10 grams of highly pure co-caine, reported to be worth 'a small fortune'.

He had no legal authorization to be in Portugal, though will now remain here in police custody.

If sold, the substance

would have made anything up to 46 thousand euros.

carried out throughout the year with Portuguese officials, including SEF Border and Immigration control and GNR police collaborat ing with Spanish authori-

Besides the drugs, officials also seized two mobile phones and money from the suspect, along with documents that proved his recent whereabouts, which in-cluded Spain, France, Italy, Romania, Morocco and Po-

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# 16 christmas

# Hi-tech tops traditional toys

quirky ideas and the easy stocking fillers Puppy Grows and A hi-tech Christmas is on Knows Your Name (Age 3+) from Fisher-Price. the cards for children as interac-(Photo: Fisher Price) downloading fun. consoles and remotecontrolled gizmos look fill set to stockings nationwide. This year it is technology that will dominate children's wish lists, according to the Toy Retailers Association. voice-changer mask inspired by the Doctor Who TV series is on the 12-strong TRA's deam list for this Christmas, along with an Optimus

looked after it.

Prime toy inspired by Transformers The Movie and a Flytech Dragonfly remote-controlled

A hand-held electronic device which plays word games called Say What? is another of the hitech items set to be in Santa's sack.

flying insect.

Meanwhile there are updated Meanwhite there are updated versions of Zapf Creation's popular Baby Annabell, a plethora of High School Musical spin-offs and TV-inspired creations from The Simpsons and In The Night Garden.

Retail giant Toys'R'Us is going for Doctor Who in a big way. As well as the laser screwdriver and action figures from the third series, new merchandise from The Sarah Jane Adventures is expected to arrive in stores towards the end of the month.

The latest Tamagotchi, the JinSei Plus, from Bandai, allows users to not only hatch their own baby but look after it until it goes to school and see what job it gets.

depending on how they've

And, in celebration of the 15th birthday of Power Rangers next year, comes the Mystic Force DX Titan Megazord, which can be tranformed into a variety of different modes

The latest Monopoly Here and Now is expected to be the hot board game for the festive season, with favourite villages, towns or cities, voted in by more than a million people across the UK, replacing the traditional London locations.

But traditional toys are still widely available, from hobby horses to wooden puzzles, easels and teddies.

Here are a few ideas to whet our appetite (items available from good toy retailers unless otherwise stated):

### Pre-school

The JCB Backhoe Puzzle (from 12 months): This is a beautiful addition to any nursery. Made of birch wood and in the company's trademark yellow and black design. (www.jcbexplore.co.uk.)

Aloysius Revisited: Anyone who wants a keepsake may choose a well-made teddy such as the limited edition Aloysius, made to celebrate the release of the new Brideshead Revisited film in 2008 and the '100th birthday' of the bear who featured in the celebrated TV series. He has six chamois leather patches sewn on his distressed, pale gold, mohair fur and, like the original, wears

Daks-Simpson www.teddy bears.co.uk, tel 01993 +44 70661)

In The Night Garden - Blanket Igglepiggle Time (from 18 months): This interactive Igglepiggle can sing, dance and play games, featuring fun

sounds from the programme (Playskool) Shoe House (Age 3+): A doll's house with a difference! Brightlycoloured 'house' comes in the shape of a boot complete with 16 pieces of furniture and two flexible dolls. The front of the boot can be removed to access the inside of the house. (Blooming Marvellous, www.blooming marvellous.co.uk).

· Smart Cycle (Ages 3-6): Encouraging kids off the sofa, the Smart Cycle is a stationary bike, gaming system and learning cen-tre in one. Kids pedal their way through activities on their TV screens, learning new skills including numbers, letters, shapes and spelling. The Big Race mode enables them to take part in a road race. (Fisher-Price)

· Puppy Grows and Knows Your Name (Age 3+): A dog isn't only for Christmas, but this one is. It begins life as a pup, then, as if by magic, grows to become a grown-up dog over four days. Parents can personalise the pup using software on the included CD Rom so '(s)he' surprises the new owner by learning their name, 'his/her' own name and lots more after '(s)he' is connected to the USB port of a computer. (Fisher-Price)

### Ages 4-8

· Get the Pets (Age 4+): Cute pets to collect with more than 200 in the Littlest Pet Shop Range. Each are around 5cms high and every little character has a unique look, plus a magnet to unlock new

features in the playsets. (Hasbro)

Changer Helmet (Age 5+): Billed as a bestseller this Christmas, fans can become the leader of the Autobots from Transformers of TV and big screen fame when they put it on. The helmet converts the most gentle of voices into the powerful, fearless tones of Optimus himself. It also includes two other modes: Battle Phrases and Conversion Sounds. (Hasbro)

· Barbie Girls (Age 6+): A hitech Barbie world awaits in the virtual community www.barbiegirls.com where girls can chat live, play games and go shopping. The Barbie Girls doll can be docked on to the computer or used as an MP3 player, while girls can create their own funky online bedroom and can explore a virtual world featuring a cinema, beauty salon, park, cafe and clothes stores. (Mattel)

· Tooth Tunes (Ages 7-12): This is one for buyers with a conscience who want to encourage their children to brush their teeth for more than five seconds every day. Each brush (there are three available) plays a music track for two minutes while you brush -Survivor by Destiny's Child, Let's Get It Started from Black Eyed Peas or Queen's We Will Rock You.

Pixel Chix Roomies (Age 6+) Following last year's success, here's a bigger, better Pixel Chix house with some new characters including a beauty queen, punk rocker and bookworm. Pixel can

to win the penthouse suite by





"Sing choirs of angels"



# Carol Service

### Carol Service followed by Holy Communion

### Christmas Communion







# christmas 17

Smart Cycle (Age 3-6). (Photo: Fisher Price)

this Christmas

and winning house challenges.

· High School Musical DVD Game (Age 6+): There are so many HSM items this Christmas. from inflatable chairs and room tidies to a Twister spin-off and MP3 player, but among the best of the bunch is the DVD game which gives players the chance to sing, dance and earn their way to the final call backs. Featuring clips from the hit movie. (Mattel)

### **AGES 8-12**

- Girl Tech Password Journal (Age 8+): Hi-tech diary featuring voice recognition technology and a special intruder alert device, so girls will know if someone's been trying to get in. (Radica)
- · Bumper Cars (Age 8+): If vour children like remote control cars, this is a good bet as it actually incorporates a game. The idea is to hit all three side panels of your opponent's car and once you have done that the bumped car freezes and you're the winner. (www.tridias.co.uk)
- 20-in-1 Multigames (Age 8+): This is a fantastic gift for the whole family if you don't want to spend money on plastic junk which won't last long. Essentially it's a gaming table with different lids - including table ten-nis, table football, pool and chess. All games and accessories pack away into the table when not in use, so there's clutter. (www.urchin.co.uk)

· CSI Forensic Facial Reconstruction (Age 10+): The idea is your children help the Crime Investigation Team identify one of four potential victims. working from a found skull and using realistic reconstructive

tools, building the head and facial features from scratch. (Early www.elc.co.uk)

· Are You Smarter Than A 10 Year Old? (10+) Pundits are predicting this TV spin-off is going to be a bestseller this festive season. As in the hit TV show, simply answer 11 school curriculumbased questions that the average 10-year-old knows to claim victory and avoid the humiliation of having to admit you may not be

· Know Your Knots (Age 7+): For those fed up with computer downloads and other techie gifts, go for the boy scout's dream - a fun, traditional-looking kit which teaches kids (or adults) how to tie a good knot. Includes a booklet and starter knot kit as well as the

history of rope making and knots. (Flights Of Fancy, www.millets.co.uk, and selected online retailers)

· Say What! (Age 8+): Another hit game this year tests your knowledge of phrases. Players race to unscramble well-known phrases - from movies, TV shows, landmark events and life in general - by rearranging five light-up coloured balls in individual compartments, each ball representing a chunk of a popular phrase. Press the start button and shuffle the balls around the different compartments until the various sections of the phrase are in the correct order. So what starts out as 'Let's/the/twist/do/ baby/c'mon' should end up as 'C'mon baby let's do the twist. (Radica)

· Harry Potter Limited Edition 12 Disc Trunk Gift Set: For Harry aficionados, this beautiful boxed set, packaged in an impres-

Trivial Pursuit War of the Wedges DVD game (15+): This has been given a new spin with the introduction of multiple remote controls and a boardless format. (www.hasbro.co.uk)

10.32 million, yet the Xbox 360

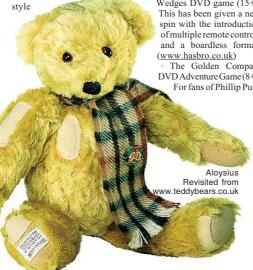
has been on sale for a year longer

than the Wii.

The Golden Compass DVD Adventure Game (8+): For fans of Phillip Pull-

man's Dark Materials trilogy. Golden Compass is the official DVD board game based on the first book of the trilogy, featur-

film with Daniel Craig and Nicole Kidman. (re:creation games www.recreationplc.com) Hannah Stephenson ing clips from the forthcoming





**Food Passion** 

case, contains two disc versions of each film, the Harry Potter Hogwarts Challenge Interactive DVD game and a limited-edition gift set bonus disc which contains 12 at play.com, Amazon, HMV and Virgin)





# 18 christmas

# All Saints annual Christingle and Nativity Play

All Saints Church, which was formed only 18 months ago, has not stopped growing and devel-

oping, and late last month another three adults were confirmed by Bishop Martin of the Church of

England in South Africa. The Britt said that he has a potential

of another six adults for confirmation in the Spring of 2008, by which time he will have the Rev'd Jackie Nevill to help him, as she is to be ordained deacon on the 16th December, and this will be followed her priesting in

of 2008. On the 2<sup>nd</sup> Decemher the

the summer

Community Centre was full for the annual Christingle and Nativity Play, with some adults having to sit on tables. The children presented an unusual Nativity Play which related the history of the Christmas Story with a modern interpretation, with some of the adult members of the congregation reading the appropriate script. Some 31 children received their Christingle reminding them that Christ is the Light of the World and as Christians they are to shine for him. Already plans are in place for the next Children's Holiday Week Mission which will be in July 2008 and as usual some parents from other countries, specifically the UK and Belgium will be holidaying during this time so their children can take advantage of this exciting week.

In January 2008 All Saints will be holding a weekly service in Lagoa which will be meeting every Sunday at 6.00 pm in the Lagoa Convent Chapel, and details of the services can be found in the advert elsewhere in this issue.

# St. Dominic's Christmas fair

The St. Dominic's Christmas Fair was once again a great success. The Christmas fair Committee worked tremendously hard, decorating the school, organising the thirty five vendors, The International Food Hall and the famous St. Dominic's Raf-fle. Marcello Passaro, Year 13 student, took the part of Father Christmas and was very popular with the small children. The Junior School produced the most beautiful baskets full of fantastic products that were then auctioned by Amanda

Jones, Assistant Head of the Junior School. Some raised over €100 per basket!

The highlight of the afternoon was when Richard Sawyer, a Senior School teacher announced the prizes for the raffle, which included great sponsors such as Abreu, El Corte Ingles and Pestana Pousadas. The students were particularly involved this year in raising money for charities, organising games and activities The final amount raised was in excess of €5.000.



Christmas Fairs & Bazaars

Christmas market of Aljezur **Date:** Friday 7th until Sunday 9th December from 3pm to 9pm. **Venue:** Pavilhão das Feiras

in Aljezur.

Description: Over 35 stalls accomodated in tents with handicrafts, art, toys, clothes and much more. Tavira Fundraisers Xmas Fair

Date: Saturday, December 8th from 10am to 2pm. Venue: Mercado da Ribeira

(old market place) in Tavira. **Description:** Cmas cards, festive cakes and pies, secnd-hand clothes and more. Proceeds go to Canil São Fransisco in Loulé. To dontate or help call Pat on 281 323 493 or José on 281 958

**Date:** December 8th from 9am to 2pm.

duce, plants, jewelleny, artesanato, Unicef cards, boutique, tombola. Entry €1 including coffee & biscuits. Algarve's International School Christmas Bazaar Pates Saturday &th December 1

Some 31 children received their Christingle reminding them that Christ is the Light of the World and as Christians they are to shine for him.

Date: Saturday 8th December between 11am and 3

Location: EN125 between Porches and Lagoa.

Description: Make the fes-

tive season perfect with a visit to our Bazaar. Lots to see and

Contacts: Clarissa on 964 877

Sintra Art Christmas Fair Date: December 9th from

Estalagem Location:

Colares, Sintra.

Description: Paintings and etchings from local artists, handmade ceramics, sculptures, handmade tiles, jewelery and gifts. Buffet lunch is available.

You can take a free listing on our Christmas Page. Please supply the following information: Name of event
• Organiser • Venue • Date & time • Contact N°
• Description (up to 20 words)
and e-mail to: copy@the-news.net

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# Riding Centres of the Algarve Unite



The venue for representatives of riding centres to meet is normally on the competitive fields of a horse riding

Thursday November 29th, however, was different. Twenty four representatives, of diverse nationalities - Portuguese, German, Dutch, Brazilian and English - came together for a dinner meeting at the Juncalinho restaurant. Almancil to discuss the problems now facing the future of horse riding in the Algarve.

Lucie Cabrita, FEP official and Level II Instructor and Bev Gibbons, BHS Int.regd -both holding the International Passport for Equestrian qualifica-tions – managed to mobilize, in just two days, members of the riding fraternity most concerned at recent events.

There are some 30 stables in the Algarve, many with a specialisation whether in show jumping, dressage training, teaching able bodied or disabled, or, in tourism. Many riders trained in the Algarve have gone on to national and international competition.

A number of these centres have recently been visited by ASAE and, as a result, two Almancil stable owners felt that there was a need for all the centres to get together and look at the laws affecting them and to "exchange notes" on what the ASAE inspectors are now look-

Two centres did not have complaints books - but only one was fined. Another was ticked off for not having a price list in Portuguese (their market is principally with tourists). One centre, Pinetrees, was suspended from operating from November 15th until certain pieces of paper could be obtained.

This was the only centre suspended, but perhaps, says Beverley, because she voiced her annoyance at them not having made an appointment and for harassing her staff.

Ignorance of the law is no excuse, as they say, for any of us. However, living in Portugal it can be difficult to find out about laws unless, of course, you en-joy reading the "Diário da República" where all the laws are published, or you read about them in some of our excellent English newspapers. It is another thing to interpret the laws and their application. Anyone in business needs to be particularly alert at the moment and check they have their "house in order" since some of these inspections sound like a visit from the "PIDE Police" as in the time of Salazar's dictatorship!

The meeting was constructive. Lucie presented a synopsis on her detailed research on the various laws which now affect all sporting facilities.

Many of those present have years of experience and training but no recognised qualifica-



tions, and, in order to be "legal" it would be necessary to do some training courses followed by evaluation exams. Unfortunately, these are all held outside the kingdom of the Algarbes, in real Portugal, and it is difficult for those working in business to get away.

Those centres that work more in tourism will require specific training and exams but it is believed that these will enhance the service provided, ensuring a safer riding environment and contributing to the image of the Algarve as a holiday destination with quality sporting and leisure facilities.

The main point of the meeting was to create enough interest, and clout, that these exams could be brought to the Algarve, thus improving the quality in the centres and allowing them to continue and move forward.

# Wednesday

# Walk from Vale do Telheiro near Loulé

A great walk of just under 3 hours through this little known area. Please just come along, there is a small charge which includes a donation to

10.30am start - meet at Taberna O Pinheiro. Leave Loulé passing Modelo on your left in the direction Boliqueime. Just before the old church you see a sign Vale do Telheiro on the right, turn and follow that road for approx 4.5 km when you see the Taberna on the left.

Walk leader: Silvia Smemen tel:



# Bowls Algarve

# **Exeter Friendly Society** Bowling League

Another week of fixtures, another team seizes the top spot in the league. ABC Cats were at home to the PDF Crusaders and took full advantage by winning all three triples, totalling 68 - 27 and 7 points to nil, thereby overtaking the Alvor Greens, who came unstuck at home to the VDL Wolves. Greens lost 44 - 53 and by six points to two. The Wolves therefore continue their revival, climbing up to sixth spot in the table. Meanwhile, the Alvor Harlequins got back on track after disappointing results for the past couple of games, which had dropped them down the league. They took on their stablemates the Gladiators and won handsomely by 68 - 42 and by 7 points to nil, which pushed them back into contention in fourth place. The final match was between the Tayira Tigers who beat the PDF Sinners by 58 – 31 and by 5 points to 2. This week was a rest day for the Tavira Titans.

Overall therefore, the Cats now lead with 36 points, the Greens hang on in second on 32 points, followed by the Crusaders on 29. The Harlequins have 27, as do the Tigers who have an inferior shot difference. Then come the Wolves on 24, the Sinners with 22, the Gladiators on 20 and the Titans with 15 points.

Next week sees the final round of matches in the first half of this season and there is no clear cut pattern emerging as to the likely champions next

# **Drytech Thursday** Bowling League

league took place last Thursday at Vale do Lobo. The home club played Alvor, who won the pairs convincingly 29-17, having drawn the fours 17-17 Alvor won on aggregate 46-34 and took 5 points and VDL one point, so Alvor maintain their unbeaten record in this new competition. Isla Canela travelled over from Spain once again and came up against a determine Albufeira team who won the fours 22-18 and the pairs 31-6, aggregating 53-24 and taking the full six points. Finally Parque da Floresta

clashed with Tavira. PDF won the fours 21-15, but lost the pairs 33-9. Tavira took the overall win 48-30 and 4 points

Alvor continue to top the table with 21 points, Vale do Lobo lead the chasing pack with 17 points, then come Tavira and Albufeira on 12. Isla Canela have 6 points and PDF have 4. Next Thursday the teams gather at PDF for the next round of games, the final series in the first half of the season.

Alan Clarke League Director

# A splendid Anglo-Portuguese Evening at the Landmark Hotel, London

The Anglo-Portuguese Societv's annual black tie dinner and dance held on 15th November at the Landmark Hotel brought together around one hundred and eighty members, corporate friends and guests with cultural, business, banking, and family links with the UK and Portugal.

Corporate friends with their own tables at the event included the Banco Espírito Santo, the Caixa Geral de Depositos, Cameira Associados, Finantia Group, Sociedade de Advogados de Rougemont & Neville Associados and the Amesbury Abbey Group who own retirement homes in England and in the Algarve. Overall there was a well balanced representation of Portuguese and British nationals and a noticeably higher percentage of younger members than in previous years, particularly young Portuguese working in the City and elsewhere in the UK. This latter trend is most encouraging for the Society. Mr and Mrs Malcolm Rawes of James Rawes & Co. Lda were among Lisbon-based members who had flown over specially for the event.

Our hosts for the evening were the Society's President, HE António Santana Carlos, the Portuguese Ambassador to the

United Kingdom, accompanied by his wife Maria, and the Society's Chairman, Mr Gavin Trechman and his wife Angela. Also present were HE Jean Veranneman de Watervliet, the Belgian Ambassador and his wife Maria de Carmo.

Guest speaker Sir Stephen Wall, former British Ambassador to Portugal, and his wife, Catherine, were given a warm welcome particularly by the Society's members who had met them during their time in Lisbon in 1994/95. Sir Stephen proposed the toast to Anglo-Portuguese Friendship and his amusing postprandial account of the lighter side of life as a senior diplomat fascinated his audience.

Wines, Port and Madeira were provided courtesy of the Symington Family, John E Fells & Sons Ltd, Stevens Garnier Ltd, Herdade do Esporão, Charles Hawkins & Partners and Adriano Ramos Pinto. The printing of the menu was sponsored by the Espírito Santo Financial Group SA and the Higher Ground Band, whose lively music kept the young and the young at heart on the floor till midnight, was sponsored by the Caixa Geral de Depositos - London Branch.

Jane Fernandes

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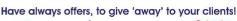
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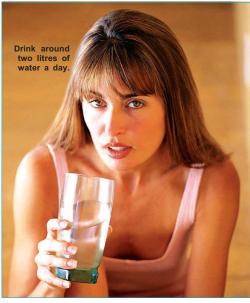
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# 20 health

# Getting down to basics - toilet talk



Two experts lift the lid on that unmentionable topic - bowel movements - revealing what your poo says about you and how it can give you valuable information about your health.







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While Brits may be known for their love of toilet humour, many of us are remarkably squeamish about our personal bowel movements. Even talking about going to the loo is dressed up in euphemisms like 'going to the bathroom' or 'powdering our nose'.

But overcoming our embarrassment and inhibition about our bowels and being more informed about what we produce could provide us with an early warning about health problems, according to expert Dr Anish Sheth.

Sheth, a gastroenterology fellow at America's Yale University, is co-author of The Book Of Poo, a new book which humourously, but informatively lifts the lid on the working of our bowels.

He says: "Around the world we use a lot of humour and euphemism to describe what is a basic human function. Yet while some people love talking about it and others hate it, defecation is something we all have to do.

"We've used a mix of humour and science to make a serious point that bowel movements can be a valuable pointer to our general health and give us early warning of any problems we might

He points out that our diet which should include high fibre foods and fluid intake - is key to the health of our digestive system, which impacts directly on the workings of the bowel.

The book gives a guide to the different types of faeces and what it can reveal and Sheth says: "Keeping a healthy bowel - with regular movements to help clean out our system - helps make us feel better generally. Being aware of our bowel movements and what stools show us can alert us to symptoms of illness from irritable bowel syndrome to colon

So peering into that bowl occasionally could be a good idea, and his 'spotter's guide to stools'

# may help. SYMPTOMSFOR CONCERN

:: Blood in the stool. There are many benign causes of blood in the toilet bowl, such as haemorrhoids (piles), diverticulosis (weakness in the colon), abnormal blood vessels that have a tendency to bleed, or even a trivial reason like overwiping.

Sheth says: "Before overreacting, keep in mind what happens when you put only a few drops of food colouring into a bucket of water. It spreads and may appear to be a larger quantity than it actually is. However, the most feared cause of blood in the stool is colon cancer. Due to the seriousness of this illness, any new sighting of reddish stool or blood-tinged toilet water should always be followed by a visit to the doctor."

In most cases a colonoscopy would be performed to investigate the interior of the gastro-intestinal tract and try and identify the source of the bleeding.

:: A dramatic change in the colour of stool, which may be thick, sticky and smelly, to either black or red can be the first indication of serious gastro-intestinal bleeding possibly coming from the stomach. You should seek medicaladvice

:: Persistent rectal discomfort whenever you open your bowels can be a sign of an anal fissure. An









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anal fissure is a tear in the lining of the anal sphincter, usually occurring after passing a particularly hard stool.

This break in the lining causes spasm of the internal anal sphincter (similar to any other muscle cramp) and can make having a

### bowel movement feel as if you are passing razor blades. Treatment can include stool-softening agents, and pain relieving ointments. There are two components

of stool that cause it to hover on the surface of toilet water - gas and fat. "Sometimes this is due to having eaten spicy food the day before but a foul-smelling, floating, greasy stool can be a worry," warns Sheth.

The latter often reflects an

underlying problem in the gut, most commonly involving the pancreas or the liver. The pancreas, liver and gall bladder normally team up to help the body digest the fat we consume. When these organs become diseased, dietary fat passes through our gut largely undigested and results in the formation of floating 'oil slick' stool.

:: What is poo made of? Ten parts water, one part bacteria, one part indigestible fibre, and one part mixture of fat, protein, dead cells and mucus.

:: The amount of stool expelled per day varies from country to country. For instance, South Asians unload nearly three times as much poo as their British counterparts. This difference is largely due to the higher fibre content in the average Indian diet.

:: The average weight of stool excreted a day is 450 grams.

:: Why is poo brown? Blood

cells only live for around three months and are destroyed in the spleen. When that happens an orange yellow substance called bilirubin is released. This combines with iron and waste matter in the intestines and helps produce the chocolate brown colour.

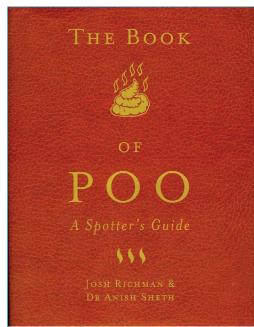
Dr Anish Sheth says: "The two most important things you can do to help your bowel and gut stay healthy and avoid constipation is to have enough fibre in your diet and to drink enough water, around two litres a day.

"Eat high fibre foods - including those with the highest fibre content: whole grains, vegetables such as peas, artichokes, brussels sprouts and turnips and fruits such as pears, figs and blueber-ries. Also include legumes like lentils and black beans, and nuts such as almonds and pistachios in your diet.'

The British Nutrition Foundation recommends adults consume 18 grams of fibre per day. TOILETTALK

:: Studies have revealed a wide variation in the number of times healthy people open their bowels. The current accepted range for 'normal' is from three bowel movements a day to three bowel movements per week.

:: At least four million Britons suffer from debilitating toilet phobias and most are too embarrassed to seek help, according to



The Book Of Poo by Josh Richman & Dr Anish Sheth, published by Ebury Press, priced £7.99/€11.15. (All photos: PA)

the National Phobics Society.

The NPS, which works with people affected by anxiety disorders, has classified the 'secret' problem of toilet phobia as an anxiety condition in its own right.

Toilet phobias range from a

mild dislike of public loos to obsessions where sufferers refuse to leave their homes or even undergo potentially life-saving examinations, see: www.phobics-society.org.uk

Gabrielle Fagan

Founded in the mid-1980's, the British Retirement Home is situated in a quiet cul-de-sac near the beach, within easy walking distance of the centre of Sao Pedro do Estoril, on the Lisbon-Cascais railway line. Open to residents of all nationalities, it comprises 10 unfurnished apartments with a kitchenette and an en suite bathroom as well as 8 individual rooms with private bathroom for those who are less independent. 24 hour Care Support is provided by a bi-lingual team, headed up by a registered Nursing Sister. Links with the local community ensure a steady flow of volunteers to help

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# Tiny island with big appeal



A few miles south-west of its rather more exotic neighbour Mustique, tiny Canouan may be at last ready to shrug off its image as the 'forgotten island' of the southern Caribbean.

Thanks to the vision of two multi-millionaires, the green and hilly three square miles of Canouan have been sensitively transformed into a luxury, multi-activity holiday destination. The spectacular island now offers everything that most visitors could possibly want - thanks to Swiss-Italian banker Antonio Saladino and American businessman Donald Trump, who have ensured there is plenty to do ashore and afloat, as well as simply soaking up the sun.

At the heart of the Grenadines chain, Canouan has five palmfringed, soft white coral sand beaches, bath-warm brilliant turquoise seas, a 1.5 mile coral reef, views for miles over the Caribbean from its peaks and average minimum temperatures around 25C. Visitors meander the snaking network of narrow roads and paths in golf carts, taking care to avoid the population of tortoises - known locally as turtles - after which the island was named. Tiny humming birds hover around brilliant flowers, while colourful iguanas, some over two feet long, scamper in the undergrowth.

A 15-year plan to build 135 high-spec Trump Island Villas, costing from around £1 million, will enable the super-rich to have their own slice of secluded Caribbean paradise here, with breathtaking views.

Shorter-term, and less welloff, visitors can wallow in topof-the-range facilities on the 300-acre, five-star Raffles Resort instead, and the smaller

Tamarind Beach Hotel & Yacht Club, with both offering superb world cuisine at various gourmet restaurants. Raffles Canouan Island complex - the luxury hotel group's first in the western hemisphere - opened in August 2004.

An amphitheatre shaped, palm tree setting overlooking sheltered Carenage Bay, it holds 156 dramatically decorated and stylishly furnished 1-4 bedrooms suites and villas, with garden, ocean or golf course views.

If you can drag yourself away from the hotel's gorgeous confines, there's plenty to see and do nearby.

We took a high-speed motorboat across crystal clear waters to Tobago Keys, just 40 minutes away. Because our visit was in



Canouan golf course - but views across the Caribbean were so stunningly beautiful that I found it rather hard to concentrate on

The island has one of the world's most spectacular golf courses in the world - the championship standard 6,495-yard Trump International, with a 360-degree view across the Caribbean and Atlantic from the signature 840-foot-high 13th hole.

If your efforts on the green leave you hungry, you'll be spoilt for choice. A short buggy ride away from the hotel, and right on the beach, is the Resort's Jambu's all-day restaurant, with its Latin and Japanese influenced cuisine, and a bar which serves the Caribbean's largest Martini menu.

Around the headland, the oceanside Godhal Bay Bar & Grill, built from palm trees, bamboo and tropical woods, has a menu of Cuban-Caribbean dishes, enjoyed while cooled by a welcome sea breeze.

Back up the hill and overlooking the sea is the contemporary, gourmet La Piazza restaurant, where the Italian influenced menu-including white Alba truffles - is complemented by wines from a huge walk-in cellar.

Still within the Raffles Resort, a winding drive along a narrow





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Email: geral@hotelestorileden.pt | http://www.hotelestorileden.pt the September-October close season, we virtually had this island to ourselves - although a chap soon appeared out of nowhere with a wide choice of Tshirts for sale. Another morning. I hopped into my buggy and tried to play a few holes on the



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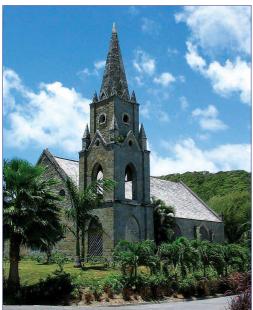
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island road takes you to the elevated Villa Monte Carlo - again with spectacular sea views where, after dining on exquisite European gourmet dishes in the La Varenne restaurant, guests can try their luck in the adjacant Trump Club Privee gaming room.

All this, when it was only a few years ago, that Canouan -100 miles from Barbados - was largely by-passed by international tourism and the yachting fraternity.

While nearby Mustique built a reputation as a haven for the international glitterati, Canouan's islanders supported themselves by fishing for barracuda, tuna and red snapper, catching lobsters and crabs, and growing fruit and vegetables.

Even now, Canouan boats bring home large catches of seafood, which find their way to the tables of the island restaurants and locals are still called to the fish market with the sound of a blown conch shell.

With many young people leaving to find work on other islands, Canouan's population dwindled to under 500. But in 1990, Antonio Saladino took a 99 year lease on 1,200 acres, two thirds, of the island. The local story goes that he was unable to build on Mustique and saw the potential of unspoiled Canouan just a few miles across the Caribbean.

Since then the banker and Canouan Resorts Development, which he heads, have spent over £100m installing an airstrip, roads, electricity, water production, a clinic, schools and a training college.

Now there are around 500 people working at the island's 300-acre Raffles Resort, over 80 at Tamarind, and around 300 for the construction company building Trump's villa developments

Raffles merits such a large workforce. As well as the golf course and the fabulous restaurants, it has a well equipped gym complete with boxing ring and

punch bag - and also offers tennis, yoga, mountain biking and power walking, and sea sports including windsurfing, sailing diving and snorkelling.

While youngsters are occupied in their own Sugar Plum Club, parents can de-stress in the Raffles Amrita Spa - with 10 secluded, thatched cliffside treatment rooms overlooking the sea and reached from the beach by an electric funicular lift.

Just offshore are two further thatched treatment rooms that can only be reached by boat. They have glass floors to enable clients to spot the sea life while being massaged and pampered.

A spired 19th century stone church at the heart of the Raffles Resort is all that is left of the original site of the island's main settlement, Charlestown.

The other buildings were devastated by a hurricane which battered Canouan in 1921, and the local people moved south to the town's present site overlooking Grand Bay.

The roof of the white limestone church was refurbished in 1998 when the Raffles Resort was being completed, and it's now available for wedding ceremonies.

The more intimate Tamarind Beach Hotel, with its 40 palmshaded, balconied guest rooms, panelled in Brazilian walnut. is close to Charlestown and set right on Grand Bay beach - making a swim before breakfast irresistible.

Under a high palapa roof - thatch made from the woven pith of the agave plant - the hotel's open air Palapa restaurant's Caribbean and Italian cuisine includes fresh lobster at a fraction of UK prices, and succulent barracuda, as well as pasta and piz-

The Italian managed hotel stages live music three times a week at its lively, thatched Pirates Cove beachside bar, where the island's up tempo 'soca' music, with a local customs officer on vocals, generates some eyebrow-raising dance moves from the local ladies.

The real highlight of any holiay here, however, lies just 20-minutes offshore - the chance to snorkel among sea turtles in the turquoise waters of the uninhabited islands of Tobago

Encircled by a horsehoe shaped reef, the Cays - now a wildlife reserve - have clear waters which abound with sea life and corals. And there is even the chance of wading ashore to experience a Robinson Crusoe moment, as the only person on a tiny desert island TRAVEL FACTS

:: Chris Court travelled to Canouan with Elegant Resorts. which offers seven nights' B&B in Raffles Resort Canouan Island from £1,615/€2,250, including BA flights from Gatwick on shared charter, car transfer and complimentary room upgrade to Ocean View One Bedroomed Mezzanine Suite.

Elegant Resorts reservations: 00 44 (0)1244 897516 and www.elegantresorts.co.uk.

:: Further resort information available online at www. canouan.com, www.raffles-can ouanisland.com and www. tamarindbeachhotel.com

Chris Court



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### Smoking ban

SIR, I am gobsmacked by the lies and propaganda surrounding the introduction of the no smok-

In your paper recently a man called José Manuel Esteves Hoenesto, purporting to be secretary-general of "Portugal's Association for Restaurants and Similar Establishments" claimed establishments are "ready and willing" to implement the new smoking law. Well around Albufeira the majority are not in any way shape or form either ready, or willing. I have never heard of this gentleman's organisation, and in the four years I have had a bar in Portugal, on no occasion has his organisation attempted to contact me to ask an opinion, or whether I would like to join said organisation. A situation reflected in the experience of all foreign bar and restaurant owners I have spoken to. Read into that what you will.

He also states they have been preparing for the new law for months. As it was only passed in August, and as most establishments were only informed of its full implications in a HISA publication in October I would hardly call this plenty of time to pre-

If, rather than posturing on the subject Snr. Hoenesto wanted to do some work for the business' he is supposed to represent, he could try gleaning from the government exactly what kind of smoke filter/extraction system those of us who wish to remain smoking will need. Neither the information from HISA, any newspaper article on the subject, or indeed suppliers of such equipment appear to have any

idea what is needed, and as I write we are just over three weeks away from this new law being implemented! This is our months to prepare" then Snr. Hoenesto? I suggest he works a little harder at representing us, and a little less at sucking up to the government.

PERRY BARTLETT, by

### Pedestrian casualties

SIR, Following the letters of Mr Robinson and NAS regarding pedestrian casualty levels in Portugal, I feel that having been a pedestrian for several years I could usefully add something.

This is one matter in which the British protocol is superior to the European (including Portugal). With the British method, the pedestrian waits for the cars to stop and then crosses. The cars having thus stopped, he won't be struck. Theoretically, if you did this in Portugal, you could be left standing at the roadside for the remainder of the day! Instead, you must claim the crossing refuge by walking upon it. There's no knowing if on-coming vehicles will stop! Therefore, the pedes-trian could be struck. He may be in the right ... he may also be dead!

In fairness to Portuguese drivers, many are adopting the British protocol as being the most commonsensical (especially if it appears to him that you may be British). Better still, this may be observed by both streams, not just the nearest. However, in too many instances the Portuguese driver 'dares you' by speeding up. This is because, if he hits you he can attempt the one defence that could save him - 'I was driving within the speed limit and still which to brake before the pedestrian's sudden appearance.' He wasn't, but try proving it, especially since, as we all know, these crossings are notoriously obscured ('whites' blackened, cars parked right up to them and indeed-but illegally-across them). Because they come 'thick and fast' and have the status of 'Rights of Passage' (!), many Portuguese drivers seem to take the view that you should attempt a road traverse nowhere-else and that they have a 'right to hit you' or at least a more cogent defence if they do. In fact their culpability for negligent or reckless driv-ing is no more reduced than it would be in Britain. The protocol along with the frequency of the crossings encourages this misconception.

My advice to British and other visitors to Portugal would be 'keep looking both ways and if any vehicle doesn't look like it's going to stop in time, it probably won't!' If it manages to, then you have the other all too frequent downside of the protocol - the processional pile-up! But that's a problem for the motorists - the pedestrian is in the right!!!

J. A. RUST, Figueira da Foz

### Survey

SIR, Being asked (in The Portugal News) for my opinion I would like to share the following with you:

I (Dutch) lived and worked abroad for 20 years now, being all over the world, and the last two years I lived permanently in Portugal. My wife and I love it here. and plan to stay here the rest of our lives.

There are a lot of good things to say about this country, and therefore it often makes me sad (or hilarious) to see the enormous bureaucracy, within both public and private sectors.

I think the Economy is far better off without those millions of rules and regulations, paper-work, receipts, fill/ins etc. And all the different interpretations of these rules by individual civil servants, of which there are way too many anyway!

I mean, for example, I am not free to choose the tire size when I buy new tires for my car, and when I let the cashier in the supermarket know that I don't need a receipt for my purchase of two euros, because I have no time to wait for this long and costly printing process, she looks at me as of I am insane!

And so on!

I think that a lot of rules and regulations are still from the "Salazar-time", and they are being topped by all the new ones from the EU.

The Portuguese Government must realise that, compared with other EU countries, it can only meet up with EU, when taking drastic measures to cut back in paperwork!

MARCO JANSEN, Oliveira do Hospital

### The Politics of the Ridiculous

SIR, Dearteacher, from Liverpool, going to work in Sudan and let the children at your school call a teddy bear Muhammad.

Didn't you know you're dealing with bigots scouring texts to find an excuse to say that Europe has insulted them again?

You are amongst people, who are three centuries behind us,

and in no hurry catching up. Odin is the name of my cat, and that's also the name of Iceland's god, I better be careful

going to Reykjavik on my holiday next year. JOH, by email

### **Explosions**

SIR, The photos and report of the gas explosion in Setubal brought back memories of Ronan Point, London where a few years ago (I don't remember how many) a gas explosion on the top floor of a similar (12 story block) brought down all twelve floors whereas the Portuguese building remained standing. Perhaps there

is something to be said for living in an area where the risk of earthquakes is taken seriously even though the last one to cause much though the last one to cause damage was rather a long time ago.

### Matriculation an acceptable solution?

SIR, I, like many ex pats from all European countries are held to ransom by Portugal's insistence that having brought our tax paid for cars (in my case the UK) to this country, we are again made to pay a second tax (matriculation) to keep our cars legal. This practice as we are all aware is both illegal and most unfair as the Portuguese authorities are apparently happy to pay their fines as long as the monies collected by this illegal practice exceed fines paid. All this does is make owners of non matriculated cars try to keep below the GNR radar even though our cars, certainly in my case are fully insured and fully tested and taxed. Tax and tests are available for all non matriculated cars are easily obtained at local finances and test centres, totally legally. Here is what I consider to be a sensible workable solution.

Allow cars to remain on their original registration plate but insist that non Portuguese registered cars that remain in the country for more than 180 days to have Portuguese car tax and for owners of these cars to pay on top of the annual road tax say an additional 50 euros INSTEAD of matriculation. This will immediately do two things. First of all ex pats seeing a working solution will jump at the opportunity of running a legal car. Also the tens of thousands of ex pats throughout the country taking advantage  $of this \, option \, and \, paying \, a \, small \,$ surcharge on road tax will far exceed any monies collected now by an arcane and illegal system, indeed they will show a healthy profit for using just an ounce of commonsense and zero outlay. It will also free up police time to catch real law breakers and not the

easy motoring touch.
NAME & ADDRESS SUP-PLIED

SIR, The fine art of not quite saying what you mean is never more apparent than when the writers of foreign tourist signs are trying to provide helpful information for visitors:

### Bar in Manila:

Special cocktails for the ladies with nuts

Bangkok temple:

It is forbidden to enter a woman even a foreigner if dressed as a

Chiang-Mai hotel room: Please do not bring solicitors

into your room. Hotel lobby, Bucharest:

The lift is being fixed for the next day. During that time we regret that you will be unbearable.

Hotel elevator, Paris: Please leave your values at the front desk.

### Hotel, Yugoslavia:

The flattening of underwear with pleasure is the job of the chambermaid.

# Hotel, Japan: You are invited to take

advantage of the chambermaid. The lobby of a Moscow hotel opposite a Russian Orthodox monastery:

You are welcome to visit the cemetery where famous Russian and Soviet composers, artists and writers are buried

daily except Thursday. Ski Resort Hotel, Austria: Guests are not to perambulate the corridors in the hours of repose in the boots of

ascension.

An Austrian cemetery: Persons are prohibited from picking flowers from any but

their own graves Japanese public bath: Foreign guests are requested

not to pull cock in tub.

Hotel, Zurich:

Because of the impropriety of entertaining guests of the opposite sex in the bedroom, it is suggested that the lobby be used for that purpose. Tokyo hotel rules and

regulations: Guests are requested not to

smoke or do other disgusting behaviours in bed. The menu of a Swiss

restaurant:

Our wines leave you nothing to

Hotel brochure, Italy: This hotel is renowned for its

peace and solitude. Crowds come from all over the world to enjoy its solitude.

RONLAVERY, By-email.

### Homeopathy

SIR, I read with interest the article on homeopathy in the 1 December issue. There is a major problem in a discussion of such questions for a general public that has little, or no, grasp of basic scientific or medical principles. Homeopathy continues because of this, and the vast profits being made selling sugar pills to an un-

suspecting public.

Homeopathic products contain not a single atom of any substance, apart from water and sugar. Any reported, or perceived, efficacy is purely the well documented placebo effect. Pseudo-science and long words are used by its practitioners to impress the public. Mr. Kirk makes a complete fool of himself by claiming that "new theories in quantum physics are going some way towards shedding light on the process" of how he believes it works

To claim that it is effective in babies and animals, when there is not one serious study that shows

it works at all is irresponsible. The Science vs Nature headline is ridiculous, homeopathy has nothing more to do with nature than normal pharmacology.

Anybody who still believes that this discredited treatment works, or with an open mind and wishing to learn more about the facts, should read the excellent articles written by Dr. Ben Goldacre, either in the Guardi-an's "Bad Science" section on their website, or his own

badscience.net site. The most recent articles make very frightening reading.

The present situation is that "believers" in developing countries are treating diseases such as AIDS and malaria with homeopathy, using its use in developed countries as a justification. Homeopathy, in itself, is probably fairly harmless when used as a simple placebo for self limiting diseases. Unfortunately, the lip service paid to this unproven technique in developed countries is now resulting in the deaths of many thousands.

James Randi offers a \$ 1 mil-

lion prize to anyone who can demonstrate that homeopathy works. He is well aware that his

money is very safe! GREG LEAI LEADBEATER, Carcavelos

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# Portuguese for all.

Na lição de hoje vamos exercitar a Voz Passiva. Até à próxima lição, Emília Rosendo.

In today's lesson let's learn some more **IRREGULAR PAST PARTICIPLES:** 

- ◆FAZER ⇒FEITO(S)/ FEITA(S)
- ◆DIZ**ER**  $\Rightarrow$ DITO(S)/ DITA(S)
- $\bullet$ P**OR**  $\Rightarrow$ POSTO(S)/ POSTA(S)

EXERCISE: Read each sentence below and then write a new one with the same meaning. Begin in the way shown each time.

1. Toda a gente ouviu a sirene dos bombeiro	s.
A sirene dos bombeiros	
2. Os leitores desta biblioteca requisit	
frequentemente este livro.	
Este livro	
3. Quem pintou este quadro?	
Este quadro	?

**4.** Quem riscou esta parede?

Esta parede

5. As crianças enfeitam a árvore de Natal.

A árvore de Natal

6. Elas puseram as fitas, as bolas e a estrela na árvore de Natal.

As fitas, as bolas e a estrela \_ 7. As galinhas põem os ovos. Os ovos **8.** Tu fizeste estes telefonemas?

Estes telefonemas

9. Quem faz estes bolos?

Estes bolos

10. Ninguém disse a verdade.

A verdade não \_\_ 11. Aquele velho artesão ainda faz alguns

brinquedos em madeira. Alguns brinquedos em madeira ainda

12. O casal fez a reserva da viagem com algum tempo de antecedência.

A reserva da viagem

Please send your completed exercises, with a STAMPED, SELF-ADDRESSED ENVELOPE, to me: Emília Rosendo at The Portugal News and I will send them back corrected. The Portugal News - Apartado 13, 8401-901 Lagoa. Tel: 282 34 11 00.

# Keeping childcare safe



In a case described in court as "every parent's nightmare", a registered childminder was last week convicted of shaking an 11month-old baby to death. We look at how parents can choose the best of childminders and be as sure as possible their child is safe.

It's not easy for any parent to leave their young child with someone else while they work.

And to hear that a childminder shook a baby in her care to death will have raised extra concerns for untold numbers of parents.

In a case described in court as "every parent's nightmare", registered childminder Keran Henderson was found guilty of shaking 11-month-old Maeve Sheppard to death.

But although the case is worrying, many parents have no choice but to use childcare they work, and childminding is a popular option - the total number of places available in England alone last year was 272,600.

Alison Garnham, joint chief executive of the childcare charity Daycare Trust, says: "The death of Maeve Sheppard is an appalling tragedy, but an exceptional one.

"Parents should be reassured that the overwhelming majority of childminders do an excellent job, and the 200,000plus children in their care are safe, happy and well caredfor.

In the UK, childminders have to undergo a series of checks before they can be registered with Ofsted to care for children aged under eight. If a childminder looks after children without being registered, they face prosecution - unless

they are a close relative of the children in their care, or included in one of several other exclusion categories such as foster parents.

Garnham adds: "All UK registered childcare settings childminders as well as nurseries - are subject to a rigorous system of checks by Ofsted to ensure their ratio of staff to children is appropriate, and that they're offering an environment which ensures that children are safe and

"While every parent and childcare provider will feel the greatest sympathy with the Sheppard family, parents have every reason to feel confident that their children are safe in childcare.

In the UK, Ofsted looks at 14 national standards childminding, which include childminders completing a pre-registration course and training in first aid for babies and young children, and carrying out changes to their premises recommended by Ofsted.

Andrew Fletcher of the UK National Childminding Association says: "It's about more than just keeping children safe - it's about their cognitive development as well.

looks "Registration whether the childminder is a suitable person for the job, and at learning, playing and developmental outcomes for the

There are other checks such as a Criminal Records Bureau check, and a visit from an Ofsted inspector to ascertain the suitability of both the childminder and their premises.

After registration, inspection visits are carried out at least once every three years, with a minimum of notice"

Fletcher says: "It's an ongoing process, and as well as keeping children safe, it demonstrates to parents that the setting and the childminder are of quality."

He advises parents looking for childminders in the UK to get a list of them from their local authority Children's Information Service, make a shortlist and initially ring those on the list to ask questions important to them, such as, 'Are the children cared for of mixed ages or not?' 'Does the childminder provide meals?' and so on. Then visit their home to have a chat and look round, before making a decision.

Fletcher adds: "Whatever the decision, always remember that the vast majority of childminders provide an extremely safe and stimulating environment for children.'

For futher advice on choosing childcare go www.daycaretrust.org.uk .

By Lisa Salmon



Many parents have no choice but to use childcare while they work, and childminding is a popular option.

# Ask the expert

Q: "Could my five-year-old son's bad behaviour be linked to the fact that I drank alcohol when I was pregnant with him?"

A: Brian D'Onofrio, an assistant professor at Indiana University in the USA, has carried out research into women drinking during pregnancy and conduct problems in their chil-

He says: "It's impossible to know for several reasons. First, the only certain scientific method for determining if drinking during pregnancy increases risk for conduct problems in children is ethically unthinkable - no-one would randomly assign some pregnant women to drink and others to

start rite

abstain. Our study strongly supports the inference that drinking during pregnancy increases risk for conduct problems, but it doesn't prove it.

"Second, studies can only identify factors that increase risk for bad outcomes in the population as a whole. At this point, one can't be certain that drinking during pregnancy played a role in the problems of any specific child, unless the drinking is quite severe (Fetal Alcohol Syndrome).

"The findings of our study clearly suggest that it would be

Lellikelly

best for pregnant women not to drink, to decrease the odds for conduct problems and other bad outcomes in their children. The results tell us nothing about the causes of conduct problems in any particular child, however.

Moreover, feeling guilty

about your possible contribution to your children's problems is never helpful. Rather, parents with concerns about the behaviour of their children can play a constructive role by seeking mental health services



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# Blue Rock Butchers, a medley of meats



It's not often you can get carried away in a butchers but at Blue Rock you undoubtedly will. Meat is elevated from being a mere food product to almost a work of art, each cut of all varieties of meat being available in either a delicious simple version, or one of Blue Rock's trademark unusual versions

Just standing inside the shop one can not fail to be impressed-it is a case of, 'walk in and go wow'!

The range of colours is stunning, the creativity and thought that goes into creating new and enticing takes on meats is just as remarkable.

From 'BeefOlives' (beefmince rolled in more finely sliced beef), to butterflied leg of lamb marinated in garlic, rosemary and coriander, peppers stuffed with meat, caramelised onions and cracked black pepper, chicken portions with mustard, Texan marinated rump steak, butterflied pork loin stuffed with cheese and wrapped in bacon, lamb and mint fingers, chicken wings marinated on a stick with a Texan coat are but a few of the fantastic concoctions sat in the colourful counter just waiting to jump into your oven.

Meaty homemade hamburgers and pork joints are rolled in bright spice mixes, or can be enjoyed plain,

and there is also a good range of freshly made sausages and full racks of ribs and meats on the bone.

This is in fact, one of Blue Rock Butchery's main aims, to make cooking exciting yet simple. All of the hard work is done for you, all you have to do is try to decide what most takes your fancy (and it will be hard to choose or opt for just a few!), take it home, and cook it. Families can enjoy different, flavoursome and unusual meals every night of the week with little effort and no planning (except for a trip to Blue Rock).

Blue Rock is a chain of familyrun butchers established nearly six years ago.

There are two shops successfully running in the UK, but shop number three, which opened little overamonthago on November 6th, is Portugal's first and indeed the first international expansion.

Located on the in-road into



Carvoeiro, it is run by South-African John Mathers and therefore also incorporates a number of traditional South African delicacies too. These include old-fashioned favourites like Boereworste and homemade Biltong.

Visit Blue Rock now to place your orders for Christmas

Available are traditional meats such as lamb, turkey, chicken, goose and duck, as well as bacon, ham, gammon and sausages, pork (yes, with crackling!) and a selection of stuffings (including traditional, chestnut, sage and onion and apple). Orders must be placed by December 15th and a handy orderform is available to fill in and hand over with any additional personal requirements or special requests (satisfied whenever possible).

And to finish off, complementing all of the above is a selection of cold cooked meats, cheeses, cured meats and typical Portuguese chouriças as well as pastes, pâtés and olives.

For more information or to place orders, call: (+351) 282 356 005, or mobile: 912 627 554. Blue Rock is open from Tuesday - Saturday, 09h30 - 19h00.



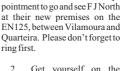
Perfect Christmas gifts for someone special



F J North's little elves have agreed to work extra hard this year and are now taking orders for delivery on and up until Christmas Eve, before 18h00. Now that's dedication!

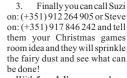
F J North already has a sack full of Santa's goodies for that someone extra special. It includes a variety of exciting games equipment, like Pool and snooker tables, Ping Pong and air hockey tables, coffee cable arcade machines (200 plus games pre-installed), Pinball machines, Foosball Tables, Touch Screens and Dart Boards.

Now here's how to get your Christmas goodies.



You can make an ap-

2. Get yourself on the Internet and check out their website. It can be found at www.finorth.net. has a full brochure and price list that you can browse through. You can either email or call and take it from there.



With free delivery anywhere in the Algarve, a 'Best Price Promise Guarantee', and exceptional quality and service, you really can't go wrong.

So, remember if you want to go that extra mile this year and get your loved ones that extra special present they've always wished for, call F J North at the Games Room Warehouse and make your family's Christmas wishes come true.

F J North would also like to  $take \, this \, opportunity \, to \, wish \, all \,$ their customers and suppliers a very Merry Christmas and a Happy New Year.



# The Bowen Technique -Tackling The Pelvis



So many problems in the body are caused by a pelvic misalignment, and one effective way to see if you have this problem is to check if you have an uneven leg length. According to Gareth Bullock, experienced practitioner of the acclaimed Bowen Technique, the easiest way to check is to lie on your back, on a flat surface, like a bed, with your legs down and get your partner to look at the position of your ankle bones.

Are they the same, or does it look like one leg is longer than the other? Do you walk with a limp or is one shoulder higher than the other? Do you feel unbal-

If so, then this could all be related to the pelvis, which supports everything above and below your

Says Gareth, "I find that so many of my clients have uneven leg length and in some extreme cases there is a one inch difference. Their symptoms include lower back pain, shoulder and neck pain, shoulder asymmetry and restriction, sciatic pain, hip, knee and an

kle problems and postural imbalance"

So, he says, fix the pelvis problem and the rest falls into

"This is what I have found to be so amazing since practicing The Bowen Technique", Gareth

"Over 70 per cent of my clients come with these symptoms and by using the 'Pelvic Procedure' during a course of treatments, their complaints are addressed and resolved".

The 'Pelvic Procedure' involves four gentle moves over the muscle and ligaments around the pelvic area, with the basic

Bowen moves as pre-requisites. This encourages balance and resetting of the pelvis and in turn Bowen practitioner. addresses the other problems.

In the simplest terms, Bowen consists of light, non-invasive movements on the skin or

clothes; gentle muscle manipulation that triggers a nervous impulse in specific areas to help the body to heal itself.

It is ideal for any ailment, physical or emotional, and offers almost instant relief. It is both curative and preventative, and can be used to detox. invigorate or energise the body, as well as prepare the body before operations, and speeding up the healing process afterwards.

It is appropriate for anybody, of any age, from newborns to the elderly, and can successfully treat problems including migraines, back pain, post-traumatic shock, stress, incontinence, depression/grief, hay fever, chronic pains, digestive and bowel problems, and general sports performance.

Gareth Bullock has clinics in Vilamoura, Almancil, São Bras, Olhão and Tavira. Home visits are also available and referrals in other areas can be given. Sessions last 45 minutes and cost €40.00 to €45.00

Telephone Gareth Bullock BTA now for a consultation and appointment on mobile: (+351) 912 540 071, or e-mail: gareth@bowenportugal.com. Alternatively see www.bowenportugal.com.





Even if the sun is shining as it usually does in

the Algarve, the new, much larger premises of Justwhite will be full of wonderful white bed and bath linen to make sure it's a lovely white Christmas!

You can find the new Justwhite next to Casa do Campo restaurant, on the road from Quarteira into Almancil.

With more space, there is a larger range - including Silent Night electric blankets - and some super seasonal offers to make your Christmas extra spe-

Why not treat yourself to that new bed you have been dreaming about? For every base and mattress bought before Christmas, Justwhite will give you the matching bed linen, so your dreams can be extra sweet!



and special bulk orders are delivered faster than Santa can say 'Merry Christmas"! Justwhite is also taking lastminute orders for embroidered  $items\,such\,as\,bath\,robes\,or\,towel$ sets; a lovely way to personalise a gift for someone special – but make sure you have your

orders in by 14th December to

ensure delivery in time to put the

present under the tree!

If you are late, then perhaps a gift voucher would make an equally nice gift instead?

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It's that simple and it doesn't

But prevention is better than cure, so how can you prevent pelvic misalignment from happening?

Gareth suggests, "Exercise, balance, and stretching areas associated with the support of the pelvis, like the Hamstring muscles (back of leg), the lower back

and stomach muscles" After experiencing the benefits of the Bowen Technique first-hand, Gareth Bullock decided to endorse his belief in the treatment by undertaking a radical change of life, quitting his previous full-time career as a successful landscaper to extend the availability treatments to the Eastern Algarve, by becoming a fully-trained and qualified An 11 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 8 Dec 2007

### PROPERTY OF THE WEEK

# A brand-new 'room with a view' in Olhão



Located on the outskirts of Olhão is this week's 'Property of the Week', a pretty, conveniently situated, brand new two bedroom apartment which has sea views, a quiet location, and offers excellent investment potential.

Built in 2005 the apartment comprises a three storey building that is located within a little village on the outskirts of Olhão and within close proximity to the beach.

In fact the beach is just five minutes' walk away, whilst Olhão is approximately 15 minutes driving distance, as is the nearest golf course.

Faro airport is a 20-minute

drive from the property, the main A22 highway being ten minutes away and offering direct connection to all main cities like Faro, Albufeira and Portimão, as well as to the op-





posite ends of the Algarve, Sagres and the Spanish border.

The apartment is made up of two bedrooms, both with fitted wardrobes, a fully equipped

kitchen, a family bathroom, a spacious living room and a storage room.

It also has pre-installation for airconditioning equipment, double-glazed windows, and a private garage with parking space for one vehicle.

Price from €135.000.

For more infor-

mation or to book a viewing, please contact Villas Luz Real Estate on: (+351) 289 798 099, fax: 289 798 101, or e-mail: vil

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AMI 6622



S. B. de Alportel

Luxury 6 bedroom villa, at Mesquita Alta & is one of the most exclusive properties in S. Brás. 330sqm covproperties in 5.700 sqm plot. Nice views to hills & sea. Large garden w/ BBQ area, sw. pool & tennis court. High quality materials. Only 15 mins drive to Faro airport, 10 mins to Faro & Loulé, + - 20 min to Golf Course Ref:43SBA-M Price: €795.0



Albufeira

High class 5 bedroom Villa, in a very privileged location. Innovative design, w/ passive energy saving, natural illumination, ventilation & advanced energy control system giving confort & quality to this unique property. Building area: 374<sup>m²</sup>, w/ approval to enlarge up to 526<sup>m²</sup>. Represents high business ntial. Safe investment!
128ABF-M Price: €1,200,000



Vale do Garrão

A high class 5 Bedroom Villa. Locate at Villas Alvas, between Vale do Lobo & Quinta do Lago. High quality materials Fully equipped kitchen. Centra heated. Air conditioned. All the appliances & modern technologies. Garden Swimming pool. BBQ & parking area The best location for your investment Ref:137LLE-M Price: €1,250,000



Massive 5 Bedrooms Villa (CA-450 sgm, Plot-10080 sgm) located in Azinheiro (Estói). Panoramic country & sea views. Swimming pool. Garder with auto irrigation system. Central heating system, Air conditioned, Fully equipped kitchen. High quality finishing materials.

Ref:177FAR-M Price:€1,675,000



Goldra

Majestic 3 bedroom Villa located at Goldra, in St<sup>a</sup> Bárbara area, on top of hills, w/ beautiful sea views. Probably best location in area. Comprised by kitchen, living & dining rooms, 3 bedrooms, 3 bathrooms, all en suite on main villa, plus 2 independent apartments (all fully equipped) in the basement. South-facing.

Ref:161FAR-M Price: €1.050.000



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East Algarve

Fantastic studio apartment in Vilamoura, less then 15 minutes walking distance from the beach.

Fantastic price!! Prices From: € 77.500,00 Ref.: CB-APT-0053 Call: 962 335 514

Selected Properties in



Fantastic view from this bedroom first line apartment in Quarteira, less then 1 min. walking distance from the beach...just across the street!!

Prices From: € 190.000,00 Ref.: CB-APT-0054 Call: 962 335 514

Tavira and Olhão



Sta. Bárbara de Nexe

Villa in need of some modernization... very well located, w/ large pool, in a 1.300 sqm plot!! Breathtaking views!! Excellent opportunity!! Fantastic bargain price for this location!!

Price: € 299.000,00 Ref:MG-PEND-STBRBRNX-FR Call: 917 787 582

A selection of our properties

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Rua do Brasil Casa Italiana, Loja 5 8125-479 Vilamoura



Beautiful 2 Bedroom/2 Bathroom 'Fully Furnished" apartment overlooking the swimming pool located on the exclusive Vila Sol spa & golf resort with 3 pools (1 Heated), air-conditioning fireplace

Exclusive to Silver Holida Price: €340,000 / £234,000



Almancil / Quinta das Salinas 3 Bedroom/ 2 Bathroom "Fully

urnished" detached villa located at inta das Salinas between Quinta do Lago & Vale do Lobo's beaches and golf courses. This lovely villa surrounded by pine trees and is within valking distance of the beach and Ria a nature reserve.

Price: €795.000 / £548.000



Luxury 2 Bedroom "Fully Furnished" townhouse located on a small condominium of only 12 villas with use of Tennis Courts. Within 5 minutes Drive of Quinta do Lago & Vale do Lobo beaches and golf courses

Great Value, Must Be Seen!!\* Price: €360,000 / £248,000



2 Bathroom Bedroom detached villa offering a sunny terrace with private swimming pool. Located within a few minutes walk of the new Hilton Spa resort, the villa also offers a garage with sauna.

Price: €550,000 /£379,000



clusive to S ilver Ho Bedroom / 2 Bathroom "Fully Furnished" single story villa with private swimming pool located in a quiet area with easy access to the marina and beach via the road train that stops earby

Price: €395,000 / £272,000



Av. 25 de Abril, Bloco D, R/C Esqº. 8700-011 Fuzeta Tel: 289 791 485/6 Fax: 289 791 488 Mobile: 917 324 547 917 506 365

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Caliços (Olhão) Lovely 3 bedroom villa close to small

golf hotel in the area of Moncarpacho. Nice adult garden w/round pool. Consists of an old farmhouse renovated & extended w/2 living rooms & 1 bedroom in the ground floor & 2 bedrooms in the 1st floor. The property is sold com-pletely furnished including the garder

Price: € 470.000 Ref. 1703 Ref. 1711



Townhouse in Fuseta built 1977 keeping the original style, only 5min walk to the beach. Composed by the ground floor with kitchen, living room and at the 1st floor with 2 bedrooms, office, WC and a roof terrace with an additional room.

Price: € 200.000



Santa Maria (Tavira)

New 2 bedroom apartment in the 1st floor situated in a residential & very calm Urbanization. Constituted by bedroom, suite, living room w/ balcony, half-equipped kitchen, hall w/ storeroom, bath room & parking w/automatic gate s to interior of building. O Price: € 126.000

Ref. 1700

Comfort



Pinheiros de Marim (Olhão)

New house situated in a calm urbanization. Composed of R/C with hall, common room with fireplace. bathroom, kitchen, BBQ and garage: and in 1st floor: 3 bedrooms. bathroom and storeroom

Ref. 1698 Price: € 239.000



Lovely ground floor 1 bedroom apartment in nice urbanisation close to lagoons & islands of nature park "Ria Formosa". Communal pool area w/bar, tennis court & gardens. Kitchen, living room, bathroom & balcony, partially furnished. Garage & store room in basement. Good rental in-

Ref. 1664 Price: € 85.000

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# prestigePROPERTY

# Stunning villa in one of the Algarve's most sought after locations

Three en suite bedrooms, plus stunning master bedroom with sea views, private terrace, Jacuzzi, high tech shower. New kitchen dining room, lounge with panoramic views, massive lower ground floor with wine cellar, bar, kitchen and private terrace. Suitable for TV/Cinema room, billiards etc. The party and entertaining floor without equal anywhere. Three floors, all served by lift, complete wheelchair accessibility throughout. The property has under-floor heating and air conditioning, comprising 500 square metres of living space, very private landscaped gardens of half an acre, swimming pool, totally fenced with electric gates and impressive entry drive. Situated just outside Almancil, near to the golf courses of Vale do Lobo, Quinta do Lago and

For further details and an appointment to view Call Chris on 289 396 754









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Reduced in price for \*\*\* QUICK SALE \*\*\*

Beautiful three bedroom / three bathroom villa with swimming oool on large (9936m2) plot of land with magnificent sea view. Double glazing & under floor

Ref: LHV-838 Price: € 365.000



Spacious, modern, open plan 5 scaped garden situated in an upmarket residential area. Construction size approx: 480 incl basement with garage, plot 1377m2, built in 2006.

bed villa in immaculate condition with swimming pool and land-Ref: LHV-927 Price: € 700.000

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### Good quality properties

If you are the owner of a good quality property and wish to sell,

please contact us to arrange an appointment.



Modern, luxurious four bedroom villa on preferred location with swimming pool and garage, large living/dining room and modern Italian design kitchen with cooking island. Breathtaking views from all rooms, cov. area 430m2,

Ref: LHV-901 Price: € 895.000



Exclusive villa (V4) with guest cottage and swimming pool lo cated on a large fruit producing estate. Comprising of 4 spacious bedrooms, 4 en-suite bathrooms, top of the range kitcher and lot of extra's, cov. area 688m2, plot 40.700m2

Ref:LHV-904 Price: € 2.400.000



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- Heated Swimming Pool

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- Generous Balconies Stunning Views
- Golf Discounts

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### **Ouinta do Montinho**

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- Terrace & Garden
- **Furnished**
- Golf Rights
- Communal Swimming Pool Communal Swimming Pool

€258,100



### Parque da Floresta

- 2 Bedroom, 2 Bathroom
- Furnished
- Open Living/Dining Room Golf Course Views
- **Golf Rights**
- Communal Swimming Pool

€415,000



### Parque da Floresta

- 3 Bedroom, 3 Bathroom
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- **Fully Furnished**
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- **Golf Rights**
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### Cama da Vaca

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- High Quality Finish

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## Montinhos da Luz

- Spacious 3 Bedroom Villa
- Possibility for Apartment Close to Amenities
- Good Value

Ref. M324 Price: € 590,000



## Montinhos da Luz

- 3 Bedroom, 3 Bathroom
- 210sam Build Priced to Sell

Price: € 415,000



### Lagos

- 4 Bedroom, 4 Bathroom
- Feature Vaulted Ceiling Ocean Views

Price: € 895,000





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> 8125-432 Quarteira Algarve - Portugal Tel: 289 314 486 Fax: 289 315 578

vilagente@mail.telepac.pt www.vendavilla.com



Centrally located, two bedroom apartment composed of 2 bathrooms, lounge, kitchenette and 2 terraces. Exterior parking

Ref: A1218 Price: € 175,000



### São Brás de Alporte

Country villa, completely renovated, composed of 3 bedrooms, 4 bathrooms, lounge, kitchen, storage, roof terrace carport. Plot area - 407 sq.m. Construction area - 171 sq.m.

Ref: V12530 Price: € 385,000



Semi detached villa composed of 3 bedrooms, 3 bathrooms, lounge dining room, kitchen, storage, office, roof terrace & terraces. Garage carport & barbecue. Swimming pool & garden, Furnished & equipped. Plot area - 290 sq.m. Constr. area -

Ref: V12528 Price: € 460,000



### Vilamoura

Excellent 3 bedroom apartment composed of 3 bathrooms, lounge dining area, equipped kitchen storage and terrace. Communal swimming pool and garden area, parking space and storage in the basement. Construction area - 170

Ref: A1216 Price: € 600,000



### Vale do Garrão

Spectacular villa composed of 4 bedrooms, 4 bathrooms, lounge w/ fireplace, dining room, kitchen storage & various terraces, roof terrace w/ sea view. Double garage, swimming pool & garden. Plot area - 1.120 sq.m. Constr. area - 400 sq.m. Ref: V12533 Price: €1,800,000

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### São Brás de Alportel

- Attractive new villa
- 4 bedrooms, 4 bathrooms Pool included in price
- Country & sea views
- Villa 220m² plot 3.000m²
- Terraces & garden

Price Reduced: € 535.000



### Messines

- Nice restored farmhouse
- Quiet rural area
- 3 bedrooms 2 bathrooms Pool 11.5m x 6m & garage
- Country & distant seaview Villa 180m² plot 19.000m²

Ref. V441

Price Reduced: € 275.000



### Central / East Algarve

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- Spacious villa built 2006
- Splendid views to coast
- 5 bedrooms 3 bathrooms
- Games room, study/office
- Large pool & terrace Villa 330m² plot 2.000m²

Ref. V935 Price: € 1.100.000



### Vila Real de Santo António

- Bright new apartment
- Lovely views across river 2 bedrooms 1 bathroom
- On 1st floor with lift
- Central location
- Aptm: 100m2 approx.

Ref. A1019 Price: € 160.000



ESTE ALGARVE - SOCIEDADE DE MEDIAÇÃO IMOBILIÁRIA, LDA

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belosantospedras@hotmail.com www.estealgarve.com



**Neighbourhood Altura** 3 bedroom villa, built in 1992, on plot w/ 308,25m2 covered area of 130,11m2, swimming pool, garage, BBQ. Loft - divided into 2, large terrace w/ pretty view to coast, approx 2 Kms from beach & access to motorway, 5 Kms from golf course & Spanish border Price: € 298.000



2 bedroom house, in the countryside, approx. 3 Kms from 'Monte Rei' golf course, 7 Kms from V. Nova de Cacela village, 9 kms from beautiful & sandy beach of Manta Rôta. Bore hole. Surrounded by 630m2 land w/ covered area of 100m2. Garage. Roof terrace w wonderful sea & countryside view. Price: € 255.000



# Old cottage, typical of the Algarve w/

covered area of 77m2, w/ some resto ration work done such as plumbing, electricity, walls, etc. Situated very close to 'Quinta da Ria' 36 hole golf course and 'Monte Rei' golf course, in small village, 10 mins from Tavira. Nice views, surrounded by 760m2 plot of fenced land.

Price: € 160.000



### North of Vila Nova de Cacela

Ruin with several rooms in bad state of conservation with a covered area of 108m2 and garden with 247m2, in a small hamlet approx. 10 kms north of Vila Nova de Cacela. Electricity, municipal drains and water - to be connected. Small sea view.

Price: € 63.250



1 bedroom apartment situated on the 1st floor within an urbanisation just 5 mins walking to the centre of Cabanas & to the beach,1 Km from 'Benamor' golf course, 4 Kms to Tavira. Air conditioning. Access to 4 swimming pools. Sold furnished Price: € 126.000



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floor heating in bedrooms, ample parking space. Ref. A-237 Price: € 250,000

Two bedroom apartment w/ established garden & very private BBQ area & communal swimming pool.
Desirable location close to Centianes beach. Lounge w/ wood burner, modern kitchen, u/



### Carvoeiro central

Top floor apartment close to Carvoeiro beach w/ large communal swimming pool, elevator & ample parking, 2 bedrooms w/ wardrobes, lounge / dining area w/ wood burner, fully equipped kitchen, modern bathroom, large roof terrace w/ seaview. Very good investment. Ref. A-235 Price: € 175,000



Spacious new villa in quiet location in prestigious area composed of 3 bedrooms, 3 bathrooms (2 en suite), guest wc, lounge w/ fireplace, dining room, equipped kitchen. Large terraces on the 1st floor. Swimming pool. Quality design construction.

Ref. V-312 Price: € 500.000



Spacious 3 bedroom villa on culde-sac road in excellent location w/ view of Monchique mountains, close to Marinha beach. Open plan kitchen, lounge, dining room w/ wood burner, large terraces, easy to maintain garden. Space for swimming pool. Price: € 495,000 Ref. V-349



### Carvoeiro

2 bedroom apartment at walk ing distance to the beach and the village centre composed of 1 bathroom, good size lounge dining area, open plan kitchen balcony. Very neat and very

Ref. A-236 Price: € 135,000



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# Robert



# CARVOFIRO

Dream villa at privileged quiet location Dream villa at privileged quiet location wib breathtaking unspoiled sea views. Plot 1.850 sqm wi 375 sqm constr. area plus basement of 250 sqm. 4 en suite wip possibility for 5th one. Fully equipped kitchen, A/C, underfloor heating, Sauna, office, games room, home cinema. Finished to highest possible standard. Fabulous landscaped garden w/ pool & BBQ.



# PADERNE

Farm w/ orchard located in private & Farm w/ orchard located in private & quiet area or 20.000sqm plot w/240 of constr. area. Extension possible. Furnished & equipped. Central heating, borehole, solar panel, satellite dish. Garden w/ terrace, BBQ area & pool. Excellent potential for rural tourism. Investment opportunity.



# BALAIA GOLF VILLAGE

Spacious detached villa inside com plex w/ golf course, tennis courts & sw. pools 800mts from beach. Plot 1.250sqm w/ 421sqm constr. area. Fully furnished & equipped. 4 bedrooms (2 en suite), living w/ fireplace. Central heating, solar panel, Sat. dish A/C. Large garden w/ pool & BBQ area Roof terrace w/ fantasic golf views.

Price: € 895.000.00



As new two bedroom apartment with 100 sq.m. of constructed area only a 100 sq.m. of constructed area only a 100 mins walk from the Marina and the Falésia beach. Fully furnished and equipped. A/C. Closed condominium with garden and pool. Sun terrace and balcony with barbecue. Investment opportunity.

# Tackle the Christmas space invaders



It's time to pack all that clutter away to prepare for the invasion of friends and family over Christmas. We sort out storage solutions to transform rooms.

Even if you're looking forward to the invasion of friends and family at Christmas, you're lucky if their imminent arrival doesn't trigger a panic pang of, 'Where am I going to put everyone and all the extra stuff they'll bring with them?'

The reality is that few people can claim to have enough space in their home, and the pressures on it just grow as our lives move on - whether it's a growing family, entertaining, or the need for a home office.

But during the holiday sea-son the walls can really start

closing in, as every surface seems covered by decorations. and there are all those extra gifts, and possibly toys, to accommodate

Julie Savill, former editor of Good Homes magazine, recommends getting sorted out now: "A good tidy up is the starting point and it's quite eye-opening just how much more roomy a place can seem if the floor and furniture are clear of clutter.

"Of course clutter can be the result of a lack of storage, leaving no permanent home for belongings, and this should be the next step. Creating a place for everything is the only way you'll ever persuade the family to put things in their place."
While TV's House Doctor,

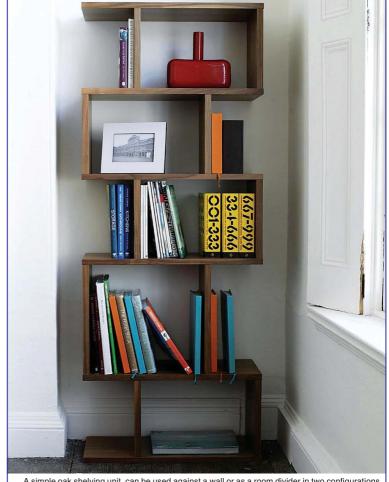
Ann Maurice agrees that a room-by-room having decluttering session is essential, she also believes many people make one fundamental mistake at this time of year.

"It's so common for people to leave their everyday treasures and ornaments on mantels and shelves and then pile seasonal decorations on top

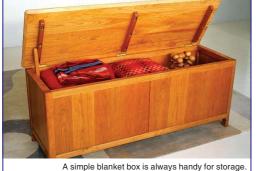
"That's inevitably going to make the whole effect messy and cluttered. Before I start decorating I get out a couple of storage boxes and always have a clean sweep of the house. I first put away all the everyday things like picture frames or ornaments, which leaves plenty of room to display seasonal decorations to great effect."

Julie's gathered some top tips for her book, Good Homes 101 Ways To Make More Space, that could leave you feeling as if your house has expanded and make Christmas much more comfortable.

By Gabrielle Fagan



A simple oak shelving unit, can be used against a wall or as a room divider in two configurations - tall shelving or low console unit. (PHOTO: Press Association).



A simple blanket box is always handy for storage. (PHOTO: Press Association).

# **JULIE'S TIPS**

:: Choose dual purpose furniture like sofa beds or trunks that double as coffee tables.

A dress rail isn't just for Christmas but makes itself useful when the visitors have gone home. It's far less bulky than a traditional wooden wardrobe.

: A neat box-pleated balance makes a bed look tidy and with the addition of a few pockets stitched on, can give great hidey-holes for shoes, books, newspapers

: Don't clutter up a room with a large table, instead have a large sheet of MDF or ply-wood which can be laid over the top of a compact table to give you a bigger surface. Simply cover with a pretty cloth to disguise it.

:: Fit shelves into an alcove under the stairs, and paint them the same colour as the wall so they disappear into the background.

:: A bamboo ladder used as a towel rail provides masses of space for towels, or can be used for extra hanging space in a spare room.

:: Boxing in the area under a bay window can provide bags of space (think caravans and how much stuff gets stowed away under the seats) as long as you build in lift-up lids. Or build a shaped seat with shelving area underneath for books and games



A bamboo ladder used as a towel rail provides masses of space for towels. (PHOTO: Press Association)



# 32 prestigePROPERTY



# The Portugal News • 8 Dec 2007

# Moulding a stylish modern look



Decorative timber mouldings for interiors, such as picture rails, skirting boards and dado rails, are known as architectural

Decorative timber mouldings for interiors, such as picture rails, skirting boards and dado rails, are known as architectural mouldings.

They are most commonly associated with period properties in the UK - many Victorian and Edwardian homes having higher, more elaborate skirting boards than modern homes, for example - and picture rails were once, as the name suggests, used to hang pictures from

Some people still do this, rather than having the picture hung on a hook nailed to the

If you've got a period home and some of the architectural mouldings have been removed and you want to restore them - a common problem in flat conversions - or you want to add some of these features to a more modern home, it's fairly straightforward to do.

As with any DIY, it's vital to measure carefully and then measure again to establish how many lengths of mouldings you need.

It's obviously better to have

too much than too little and it's wise to allow a little extra for mistakes. If you're buying mouldings to go all around a room, such as skirting boards, divide the perimeter of the room by the length of the

Once you've bought the mouldings, store them in the room where they'll be used and leave them there for a few days before fixing them, so they're acclimatised.

moulding, then round up to the

next whole number.

Before you start, remember to check for electric cables buried in the wall. Carefully scan the wall with a cable detector and if you find any, mark them on the wall.

Drilling or banging nails into cables is obviously extremely dangerous, so don't take any risks. Also remember to treat the backs of the mouldings before fixing them, particularly if they'll be on an external wall.

Paint the backs with varnish or wood primer and ensure this is dry before fixing them.

### Skirting boards

To remove an existing skirting board, cut along the top with a craft knife to break the seal between the wallpaper or paint on the wall and the board itself. Next, being careful not to damage the wall as you do so, prise the skirting off using a chisel or crowbar.

You may find it easier to use wide-bladed bolster chisel first and then a crowbar when you have more leverage. It can help to put wooden wedges in

the gap you've created, so the skirting is held away from the

Cut the new skirting boards to size using a jigsaw or handsaw. Fix them to the walls using Rawlplugs and screws if a wall's solid, or oval wire nails if a wall's a stud one, countersinking for a neat finish.

Skirtings in period properties are sometimes nailed to timber blocks called grounds, which are then nailed to the wall. If this is the case with yours, fix the new skirtings in the same way, ensuring you punch the nail heads in, or countersink the screws if you're using them instead.

If you have walls that are long enough to require two or more lengths of skirting, you need to join them as seamlessly as possible and preferably in an inconspicuous place, such as behind a piece of furniture.

To join two boards, cut a  $45\,degree\,mitre\,at\,the\,end\,that's$ going to form the join and, with the square-cut end in the corner, fix onto the wall.



Now cut a 45 degree mitre, facing the other way, on one end of the adjoining skirting, ensuring that the mitres fit together

Mitre cuts can be tricky. Cut the other end of the second skirting square to fit the corner, apply wood glue to both mitre joins and fix the second skirting to the wall, making sure that the mitres remain a good fit.

Fill all the screw heads before painting the new skirting boards. Also fill the joins between two boards and the join between the top of each skirting and the wall, ensuring you use flexible filler. If you don't, your finish will soon look pretty

Julia Grav

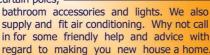


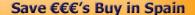
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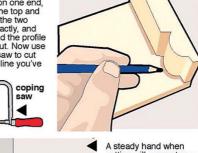


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### How to cut corners with skirting board

Lay a length of skirting board on the floor, profile side up. Put an offcut of skirting vertically on one end, lining up the top and bottom of the two boards exactly, and mark round the profile of the offcut. Now use a coping saw to cut round the line you've







A steady hand when cutting will guarantee a good fit

For external corners, cut mitres joins to fit around the corners and then glue and pin the mitred ends

Most of the corners in a room are internal except for around the chimney breast

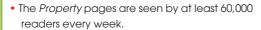
### **OUICK FIX** short answers to tricky questions

Q: How do I do corners with skirting boards?

A: Lay a length of skirting board on the floor, profile side up. Put an offcut of skirting vertically on one end, lining up the top and bottom of the two boards exactly, and mark round the profile of the offcut. Now use a coping saw to cut round the line you've marked. The second wall should be finished off with a square-ended board.

As before, scribe the end of the first length on the third wall and continue this sequence to finish off the fourth wall. For external corners, cut mitre joins to fit around the corners and then glue and pin the mitred ends

# Facts you should not ignore



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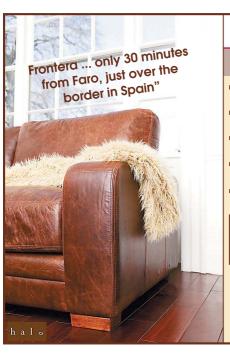
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# Best of the bunch What's in store



# Sorbus cashmiriana

This small tree provides a boost to northern gardens in autumn and winter when it is adorned with huge white berries. It grows up to 8m high if left unchecked and has dark green leaves with unusual

flowers, which are pink, while the berries are initially pink and then ripen to white. (See photo inset.) They will last into the winter and birds don't seem quite as interested in these berries as they are in the berries of many other sorbus trees.

Sorbus are easy to grow and not fussy about the soil. They thrive in sun or partial shade and are seen frequently in the Serra da Estrela mountain re-

creations and therefore no two are alike as they all reflect their owners' ideas. Many gardeners look for plants that harmonise one with another, others prefer plants with scented flowers. Many think of the wildlife that they might attract, while others have gardens which are low maintenance or require little watering.

Jasminum polyanthum and J. grandiflora are probably two of the most fragrant climbers to enhance our gardens with their scent permeating throughout. Both are very strong growing twining plants. J. polyanthum grows to a height of 3m and blooms from late winter through to the summer having clusters of white flowers that are preceded by pinkish buds. On the other hand J. grandiflora that is also known as J. officinale grows up to 12m and has pure white flowers that are borne slightly later in the year. The former will tolerate temperatures down to 0°C whereas the latter will stand them as low as -5°C. They are both native to Asian countries and grow in a well drained fertile soil mixture in full sun or partial shade. They are ideal for twining up trees but one word of warning. They do have to be kept in check as they layer easily and if not controlled would soon take root throughout a large proportion of the garden.

Felicia amelloides also known as the Blue Daisy has one of the prettiest pale blue flowers available. It grows to an approximate spread and height of 30 to

60cm. A bushy shrub it bears its delightful flowers for many months of the year. These come in groups and therefore it is usually possible to cut the dead heads off with clippers before the next flush. Native to South Africa it needs a well drained soil in full sun. To produce a more bushy plant nip out the young growing points two or three times. Water on a regular basis and give a balanced liquid fertiliser every three to four weeks during the active growing and flowering period. If a frost is predicted it should be protected. It is inclined to become rather straggly and is therefore more usually used as an annual, although it can sometimes be cut back hard to make it bush out

Madge and John Measures

From field

# Three

# Brighten up your

- 1. Grow flowering climbers through existing shrubs.
- with pale violet flowers from midsummer on, in front of smaller shrubs.

# ways to...

- 2. Plant variegated hebes
- Add bright backgrounds to north-facing borders which have shade for most of the day, by planting a golden-variegated ivy.

# to fork They are a staple of winter, conjuring images of steaming leek and potato soup, leeks wrapped in ham or baked in the

oven topped with juicy tomatoes and grated cheese. And they are very easy to grow, either in containers or raised vegetable beds. Also, they are perfectly happy being left in the ground until you need them.

Sow the first seeds in a seedbed. If you want them in your borders, sow them in small pots or modular trays, keeping them

Within a few weeks plants raised inside can be hardened off and pricked out to grow on. before planting them out into their final position, dropping each plant into a hole made with a dibber. The deeper the hole, the longer the blanched stem will be, but make sure some leaves are above soil level. Fill each hole with water to settle the plants in and don't worry if they

droop initially because they will pick up again.
Good varieties include 'Autumn Mammoth 3 Snowstar' and the baby leek 'King Richard', which can be grown in pots.

# From plot to plate Windowsill herbs



It couldn't be easier to have fresh herbs through the winter, than simply buying some in a pot in the supermarket, keep them watered and cut them little and often.

If you think that's the heathen's route, raise your own annual herbs such as basil, chervil, coriander, parsley and dill indoors from seed, sowing them thinly in pots. Don't prick them out, just thin the seedlings if they are really overcrowded.. As soon as they are big enough, start cutting them, and never let them flower or you will stop leaf production.

Rooted cuttings of rosemary, sage and thyme from summer can be potted up and stood on a windowsill indoors. The warmth will make them grow and you should have plenty of sprigs for

# You may be interested to know ...



A new social networking website specifically for gardeners has been set up by two green fingered entrepreneurs, www.growsonyou.com is free to join and makes it easy for people to share their gardening experiences with each other - whether they are beginners, experts or somewhere in between.

Members receive their own plot where they can write about their garden and display photographs. The user-friendly site is also a useful information resource, with members posting their gardening questions, which in turn are answered by other members



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- 2. Look for a physical address and telephone contact details.
  - 3. Check the seller's privacy and returns policy.
- 4. Ensure you leave time for your goods to be delivered. and check if postage is extra. Some web companies will express deliver right up to Christmas.

Letting your fingers do the walking opens up an irresistible range of companies who offer everything from furniture to accessories, and some showcase distinctive and collectable, or downright unusual, items by designers and craftspeople.

Jason Lloyd Moneysupermarket.co.uk, the price comparison website, savs there's been a boom in online shopping with the rapid take-up of broadband.

He advises people shopping online for presents to plan ahead in the same way they would if they were going on a shopping trip to the stores.

"Create a list of the things you want to buy to prevent you window shopping online and making



Art Deco Bookendsordered online (PHOTO: Press Association).

impulse purchases if you're on a strict budget. Also, be aware of delivery times. For some presents it can take up to 28 days.

So save your shoe leather, have fun, and just click on our selection of some of the top mail order and online shops for brilorder and o.... liant home buys. Gabrielle Fagan

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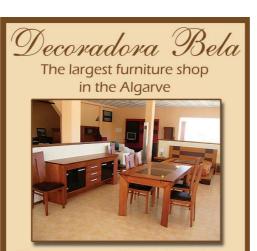
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# 38 goodfood

# No time to shop? That's no excuse



Getting home late and grabbing a takeaway night after night? You might think you don't have time to shop, cook or even eat, but according to Gary Rhodes and his new book Time To Eat, you can make a masterpiece in minutes out of nearly nothing.

After a long day at work you might wish for little more than a glass of wine, a rerun of Eastenders and a Chinese takeaway to take the edge off the trials and tribulations of life. But celebrity chef Gary Rhodes doesn't care how awful your day, your week or even your year has been.

As far as he's concerned, vou've no excuse to order that takeaway, not when recipes in his new cookbook, Time To Eat, can feed you in less time than it takes to pick up the phone and utter the words, 'Chow mein'.

"As a nation, we're working longer later hours," explains Gary, as famous for his spiky 80s locks (now a little greyer and shorter) as his revival of British cuisine. "And the last thing you want to do after being at work all day is cook. You get home, open up the fridge door and think, 'There's nothing in here'. But you don't realise what's looking back saying, 'Eat me please, here I am, cook me'.

Taking his own busy schedule as inspiration, Gary divided his cookbook into time-specific recipes, ranging from dishes that you can knock up without having to visit the supermarket to slowcooked lamb

"The fridge might look bare, but it isn't - there's always food sitting in there," says Gary, who had his recipes tried and tested by a home economist to ensure that they could be cooked in the times he'd allowed. "I got home one evening and my son was stood in front of the fridge saying, 'There's nothing to eat, Dad'. So I looked in the fridge and saw a pack of sausages and some onion. What are you going to do with that?' he said, as teenagers do.

'You'd better make something tastv'

This being Gary Rhodes, he took on the dare and created (with a little searching in his dry cupboard) sausage bruschettas with a dollop of honey and a spoonful of mustard grain. They were a winner with his son, and provided the first recipe for Time To Eat.

Coming up with fun alternatives to much-loved British recipes has made Gary famous all over the world, but it was a neardeath experience that really gave the chef (who now boasts restaurants in the UK, Spain and Dubai) the drive to spend his life in the kitchen.

"I was in Amsterdam a few weeks after leaving college and I was running for a tram," explains Gary, who went to work for the Amsterdam Hilton Hotel after leaving cooking school. "Iran out

into the road and, of course, looked the wrong way.

Gary was hit by a van and spent the next eight months in hospital. His mother was told that he probably wouldn't survive, but, miraculously, he did.

"I really do believe that I was saved for a purpose," Gary says thoughtfully. "If I can give something back to this industry, then I've achieved my goal in life. It's not about coming up with endless Michelin stars or trying to be here, there and eve $rywhere.\ I'm\ hoping\ that\ I\ will$ always hold some form of respect in this industry and that Gary Rhodes will be remembered as somebody who had something to offer.'

Time To Eat by Gary Rhodes, published by Penguin, priced £25.00/€35.00.

the garlic, brushing with half the butter and seasoning with salt and white pepper. Mix the sliced turnip with the cream, also seasoning, before layering half of them in the dish. Top with an even layer of the prunes and finish with the remaining turnip, leaving it rustic or with a neat finish.

The pork and dauphinois can now be cooked in the oven for 15-20 minutes before reducing the temperature to 150C/300F/Gas 2 and continuing to bake for a further 45-50 minutes. At this point, remove the pork rack from the oven and leave to rest. Check the dauphinois and if it is still slightly

firm, cook for a further 15-20 minutes until it is tender and slightly golden.

While relaxing the pork, drain any excess fat from the roasting tray. Warm over a medium to hot heat, adding the honey. As the honey begins to bubble and sizzle, turning to a light caramel, add the stock and return to a simmer. Cook gently for a few minutes, seasoning if needed. Whisk in the butter, if using, before straining through a fine sieve.

The pork is now ready to serve with a scoop of the turnip and prune dauphinois and a drizzle of the sweet gravy.





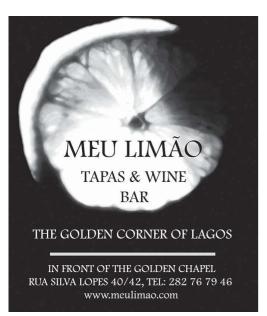
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# Roast Rack of Pork with TurnipandPruneDauphinois

Ingredients (serves 6-8)

1 rack of pork (6-8 bones), French-trimmed (Ask for the pork to be French-trimmed, as per a rack of lamb. If possible, have the chine bone removed so you can cut between each rib with ease).

Salt and pepper Vegetable oil, for brushing Sea salt, for sprinkling 1tbsp honey or golden syrup 300ml chicken stock 25-50g butter (optional) For the turnip and prune

dauphinois: 1 large clove of garlic, peeled and halved

Salt and ground white pepper 1kg peeled turnips, thinly

600ml (1 pint) double cream (1/2 cream & 1/2 milk can be used) 300g ready-to-eat prunes

Preheat the oven to 190C/ 375F/Gas 5.

# To prepare:

Cover the rack bones with foil top revent them from burning andseason the underside of the rack with salt and pepper. Place in a roasting tray and brush with the oil, seasoning the skin with table salt and a sprinkling of coarse sea

Before roasting the pork, rub a large, deep ovenproof dish with

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ping has begun, but it could be easy to

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Hand-Roasted Roastmaster's Se-

# not to cook

# Spiced Lamb Escalopes with Mango, Apple & Cucumber

Ingredients (serves 2)  $2\,x\,175\text{-}200g\,leg\,of\,lamb\,steaks$ 

Salt and pepper 150ml natural yoghurt

Juice of 1 lime 1tsp medium curry powder

1 small clove of garlic, peeled and finely chopped

1 mango

1 apple, cored

1/4 cucumber, peeled

1 heaped tbsp chopped mint 2thsp vegetable oil

1-2 handfuls of salad leaves

To prepare:

Cut away the bone from each lamb steak and, using a meat tenderiser, bat the steaks into large escalopes between 5-10mm thick. Season with salt and pepper.

Whisk together in a bowl 2 tbsp of the yoghurt, the juice of 1/2 lime, the curry powder and garlic. Dip and coat the escalopes in

the mix, leaving to infuse while the salad is prepared.

Cut away the mango flesh from the stone, dividing each half into quarters before removing the skin. The mango, along with the apple and cucumber, can now be sliced or chopped.

Whisk the remaining yoghurt, lime juice and mint together, seasoning with salt and pepper

Heat the cooking oil in a large frying pan. Once hot, fry the yoghurt-covered lamb escalopes for 3-5 minutes on each side, depending on their thickness, maintaining a pink centre. Remove from the heat and allow to rest.

Meanwhile, arrange the fruit, cucumber and salad leaves on the plates and drizzle over with the yoghurt and mint dressing. Arrange the escalopes next to the salad and serve.

Spiced Lamb Escalopes with Mango,

Apple and Cucumber Salad.



# What a great

:: Avoid the picnic hazard of that precariously balanced wine bottle falling over and soaking the cloth or the guests by investing in a beautiful wine and glass holder. A hand-crafted olive wood bottle holder has a plexy glass plate for glasses, and is mounted on a pole that can be secured into grass or soft ground and reaches table height. It was created by Italian designer Alessandro Esteri for wine makers Chateau Lagrezette, and is



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Union Hand-Roasted Roastmaster's Selection is available from: www.unionroasted.com



# Honey-Mustard Sausage Bruschettas

Ingredients (serves 4) Vegetable oil, for cooking 450g(1lb) sausages 1 large onion, sliced A knob of butter Salt and pepper

4 thick slices of bread, drizzled with olive oil

2 tablespoons mustard 4 tablespoons clear honey

(English, Dijon or wholegrain mustard can all be used for this recipe. As for the bread, ciabatta is an obvious first choice, but a thick slice of bloomer or French baguette come a close second. Tossed green leaves are the simplest of accompaniments).

To prepare:

Warm 2 tablespoons of the oil in a frying pan, add the sausages and pan-fry for 10 to 15 minutes over a medium heat until golden brown on all sides and firm to the touch. For a slightly bitter taste, increase the heat, allowing the sausages to almost burn.

In a separate pan, fry the onion in a drizzle of oil and the knob of butter until softened and a rich golden brown. Season with salt and pepper.

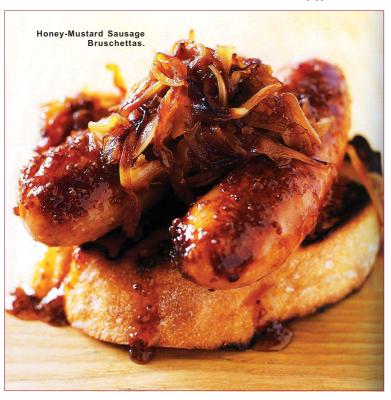
Meanwhile, the bread slices can be toasted, fried or cooked on a grill pan, leaving burnt tinges around the edges.

Using kitchen paper, mop away excess fat from the sausage frying pan before adding the mustard and honey. Roll the sausages in the pan, allowing each to become well coated in the honey and mustard and remove from the

Arrange the sausages on the bruschettas, spooning the onion on top. Or, try frying the onions in the same pan as the sausages, adding the mustard and honey to create a completely sticky finish.

ila Palmeira at Meia Praia. Lagos situated just before reach Palmares Golf course. This luxury estate needed its own restaurant and last July owners Karin and Vincent opened this select little jewel overlooking the sea. Enjoy lunch in the downstairs Bistro with a delicious selection of soups and sandwiches, salads or a light meal, or dine upstairs in the evening from the wide selection of starters and main courses. Try Pumpkin Cream to start followed by Chateaubriand with truffle juice for two, or Cataplana with monk-fish, mussels and potatoes. There are a selection of delicious desserts and cheeses, the house wine is very good and the wine list is superb.

O Meu Limão Tapas & Wine Bar is located just in front of the Golden Chapel in a quiet, tree-lined, pedestrian square in Lagos. Your host José welcomes you to his eatery, offering a good breakfast menu as well as tapas and fullsize dishes. Food is served all day from 9.30am to 2am. The Portuguese and international dishes are all freshly prepared by the Portuguese chef, who has world wide experience, all are reasonably priced. Vegetarians have not been forgotten and they have an excellent wine list. Situated in an ancient building, it has a light and airy Med-iterranean ambience, which is enhanced by the blue and white tiles. You can choose to eat inside or outside and just relax and watch the world go by.





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# **Christmas Cautions**





Statistics seem to prove that Christmas is a time for accidents both with people and our four footed

some dogs

On looking back over the years in our own family we have a few events which involved Vets visits which are, in the UK at any rate, the most expensive of the

My first Old English Sheepdog many, many years ago chose Boxing Day to wake up crippled which involved carrying him, (he weighed 8 stone at the time) to the car and the Vets. He was diagnosed with arthritis, put on the basic drug of the day, now not widely used, and put on a strict diet!! I managed to get his weight down to half and he lived another active and happy 4 years on those

Another time we were out walking along the dunes between the sea and a river on Boxing Day with Lennie and Maisie, both of them went in the river. Of course Lennie (being Lennie), was at deaths door within a very short space of time with a dreadful virus transferred by seagulls. His Auto Immune made this mega dangerous for him. Julie drove me off for the visit, emergency Lennie sprawled across my lap, a limp heaving wreck. He went on a drip for 24 hour hours! We later heard several dogs had succumbed that day. Lennie also went into an Addisons Crash on New Years Eve 2003, another fraught few hours as the Vet could not be contacted.

The first Christmas Day we were here in The Algarve we had visitors for dinner who had left our gates open, Jess, Julie's GSD escaped and was poisoned, she was off to the Vets and on a drip.

So to a few pieces of advice to avoid some of the problems over Christmas. Most of these are fairly obvious to us but worth remembering.

- If you have a real tree keep clearing the needles up daily as they can get stuck in paws, noses and throats.
- Please avoid having flashing lights on the tree as these can

cause the dog to go into attack

can severely unnerve and frighten Secure ALL trailing light wires

mode — on the tree. Also they

- Decorate the tree with ur breakable baubles especiall especially here with our tiled floors. Keep tinsel and ribbons up high as that can play havoc with the digestive system. Don't put a white angel or similar on the top of the tree, this is spun glass and if it falls, breaks and they pick any up, it will shred the dogs insides if digested.
- Alcohol will make your four footed friend very sick please remove any glasses with small amounts of alcohol in them or you may end up with a dog or cat with a severe hangover.
- Festive blooms are poison-us avoid poinsettias (I have one in the garden that I will monitor more closely), holly and mistletoe - not that I suspect we can find that down here in the sun!
- Human chocolate is dangerous, only use doggy chocolate. Dried fruit, Sultanas and nuts are also not recommended.
- Do not let them overeat on the left over Christmas dinner— I have made this mistake with mine before—I regretted it, you think you are giving them a treat but there digestive system is not designed for turkey with all the trimmings - well my dogs were not anyway and I paid a high price well messy price.

My best advice I think is to take the dogs to a long sandy beach and go for a long run—that is my idea of the perfect Christmas morning and I am sure the four footed friends would enjoy that far more than a day with Mum in the kitchen followed by the family eating whilst the dogs just look

Have a great and safe one. Protect your pet with knowledge www.paws4pets.net Paws 4 Pets 916 273 376

# Anyone want a puppy?



Funny (the mother of the puppies) was abandoned on the side of a road close to the end of her pregnancy. She stayed motionless in the same spot for 3 days and 3 nights, probably in the expectation of her family returning to pick her up.

When she was rescued she was starving and looking very unhappy. The following day she gave birth to 5 pretty girls, 4 of them chocolate colour with green eyes and a tinier one of clear chestnut with black eyes. She is an exemplary mother and an incredibly sweet and begging for attention. She relates well with other animals (including cats) and likes climbing to the lap of her protectors, she is ideal for company of adults or infants.

Conditions of adoption: Bitches: payment of the vaccines and micro-chip: €41.40 Funny: will be delivered sterilized, but the adopters should pay for the microchip: €20

Contacts: Maria: Mariapteixeira@gmail.com; 913 020 232 Joana: 917 648 966



This Saturday, 8th December from 11h00 until 17h00, I am holding a dog training & agility workshop in Fatacil. Iam flying 2 highly qualified instructors, Karen and Mark Laker - Dog Trainers, from England who have their own dog training school & have competed to a high level to come over for the day & hold a workshop for owners with dogs at all levels. Whether you just want to be a better owner, want a more obedient dog or want to compete in agility, this course will be a great benefit.

We will be holding it in the newly enclosed pavilion at Fatacil so we don't have to worry about the weather

The price of the workshop is: €40.

There are a maximum of 24



available & a few people have just let me know at the last minute that they are unable to attend, due to dogs coming on heat, people booking last minute shopping trips to UK etc etc.

If you are interested or know anyone that may be interested. please let me know as soon as possible. For more information or for booking, please call:

Fenella on 916 226 708

# Difficult decisions

cles probably gives a hint as to the type of person I am, or have become. Living with Lennie and his Auto Immune for most of his 14 years taught me to question and research absolutely everything in my quest to get him the best of everything that I could find him. Our pets cannot speak for themselves they need us to take that responsibility, the responsibility to help them to the best of our ability. The internet has made all this research easier but can sometimes, equally, complicate the issue.

Over the years I have been faced with some difficult decisions. I have to admit it all started with Lennie but taught me to be single minded. It has meant I have had to become, at times, insistent that certain things happened that may well not be the 'normal' way of dealing with them. But - I have always felt I was making the best decision for my dog which has always been my aim.

I have listened to the following difficult decision so many times and been in the same situation myself many times. Whether to put an oldie dog (or cat but I am a doggy person) through surgery or not. It is a difficult one and only the individual can make that decision. First, obviously is the surgery necessary, will it improve the quality of life? For instance cleaning teeth for the sake of it would not be justifiable, to do it to make it easier for the dog to eat, as my Parents have just done, is justifiable, in their case it has proved very successful as the dog is now eating madly and much happier. In the case of malignant cancerous growths there is little choice to be honest. If, you choose not to operate and remove it, obviously it will almost certainly spread and fast, cause pain and eventually kill the dog in a painful way. If you choose surgery you have another set of 'ifs', however my feeling is that IF you chose surgery and then the dog does not survive the operation, the 'going' was painless and 'the moment had come'. That is not me being hard, just that decisions are tough at times.

People that know me, know that I have not recovered from Lennie's loss which was in July 2005, I feel I let him down as I could not solve his final problems as I had solved his problems all his life. Obviously any decision must be an informed choice. If the surgery option is taken it is good to know that modern anaesthesia is safe and comes with a barrage of monitors to check absolutely everything is in order at all times. It is advisable to check out anaesthesia on the net or with well informed friends so that you know what questions to ask. Pre surgery full blood tests are recommended to check all vital organs are behaving as they should, sometimes scans and XRays are also necessary. Once all these are done, it is clear that the dog is as fit as possible for surgery. It is up to us to check that all of this is in place before committing. However, it has to accepted that there is always an element of risk with surgery on any age of animal, not just the 'oldies' Obviously, if it is an emer-

gency situation, then the goalposts are moved, it is a matter of life and death which ever way you go. I know of several aged dogs who have undergone surgery against all the age guidelines and against some advice, they have been lucky enough to come out of surgery and go on to many more happy years. In my own case I would prefer to risk the operation to improve the quality of my dog's life rather than leave the dog to suffer pain and degeneration. We all have our own determination of 'quality of life', loosely I read it to mean an enjoyment of food and drink, all organs functioning and able to be a part of the family. We all know 'the look' when those eyes tell us enough is enough.

There are far too many instances of my decisions for me to put here, you would all be bored. But, what they have taught me is to take on board all the professional advice, then do your own research to back up any decision you then take. If you disagree with the option you are offered and want a different answer insist on it.

Our dogs offer us a lifetime unconditional love, we need to offer them unconditional care well, that is my view and I know a lot of you out there share that

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ALGARVE

# South

# **North**



Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 • Tickets can be bought until 10 minutes before the visit • Price: €2; Free for children under 12 • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com



# DAILY

Serralves Foundation: Visits to the exhibitions • Sat: 17h-20h; Sun: 12h-13h • to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h • to the park Sun: 11h-12h · Visits are free on the purchase of an entrance ticket to the museum • Rua D. João de Castro, 210 • Tel: 226 156 584 • serralves@serralves.pt • www.serralves.pt





Exhibition 'Robert Rauschenberg: Em viagem 70-76 at Museu de Serralves • 1st presentation in Portugal of the internationally acclaimed North-American artist Robert Rausshenberg • Includes 65 works using simple materials like metal, cardboard and cloth • Serralves Museum • Tel: 226156500 / 543 / 584

# entre

# DAILY

Cascais Cultural Centre • Open from 10h00 to 18h00 (Closed on Mondays) • Av. Rei Humberto II de Itália • 214848900



Sea Museum - Rei D. Carlos Guided tours: 214825081 • Rua Júlio Pereira da Mello in Cascais • Open: from 10h00-19h00; closed on Mondays and Public Holidays • 214825400

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www.ticketline.nt .

Cultural Vila Flor in Guimarães · Please see the website or telephone to find out what's on . Av. D. Afonso Henriques, 701 • Tel: 253424700 • Fax: 253424710 • www.aoficina.pt

# **UNTIL 16 MAR '08**



The Museu da Marinha (Navy Museum) opened an exhibition in commemoration of the 200 vears anniversary of the boarding of the Portuguese Court to Bahia, Brazil, fleeing from the Napoleonic invasions • The reigning Prince of Portugal D. João (future King D. João VI), before the invaders arrived, decided to leave for Brazil, then a colony of Portugal, with his mother Queen D. Maria I. He, and the entire court (including servants and members of staff of the Palace), and some bourgeois families who also joined the entourage and freighted boats deliberately. The solemn moment was impressive: on 27th November 1807, the first coaches began to arrive at the Quay of Belém. Two days later, they would all embark for Bahia - in a journey that lasted 54 days, non-stop, and where there were no casualties registered - nothing less than 15 thousand people. An operation that, today, would be unthinkable, said Rodrigues Pereira, director of the Navy Museum, that prepared the exposition '1807: O Embarque

da Família Real para o Brasil'

Royal Family for Brazil). Beyond the persons, also embarked, in the 23 warships and 31 merchant ships involved in the crossing, the Royal Academy of the Maritime Guards, plus the respective Library, the Botanical Garden, all the Portuguese cartography of the time, nine coaches and half of the currency in circulation in the Country, i.e. around ten million Cruzados. Also included in the voyage were the dogs the cats and the birds, pets of the persons of the committee, and their respective furniture clothes, jewels and all sorts of personal objects. · Contacts: Museu de Marinha, Praça do Império, 1400-206 Lisboa • Tel: 213620019 • Fax: 213631987 • geral.museu@marinha.pt

# UNTIL 15 DECEMBER



www.the-news.net (30

(1807: The Boarding of the





Municipal Archaelological Museum . The museum is situated on Praça da República, nº 1 • Open in the Summer from 14h00 to 20h00 (closed Mondays); the remainder of the year open from 1030 to 16h30 (closed Mondays) • 289512258 • www.cm-albufeira.pt

# ALCANTARILHA

# DAILY

Art Gallery at Capela das Artes • Quinta da Cruz on E.N. 125 • Open Tuesdays to Sundays from 16h00 to 21h00 • 282320200 • Fax: 282320209 • admin@capeladasartes.com www.capeladasartes.com

# ARMAÇÃO DE PERA

# MONTHLY

**Monthly Writing** Circle by Jenny Grainer • Hotel Garbe • The Monthly Writing Circle is on the first **Thursday** of the month from 10h30 to 12h30 • All welcome! • For more information ring Jenny on

963518184

# UNTIL 2 JANUARY



Painting Exhibition 'Myth behind plexiglass' by Fernando D'F Pereira Convento S. José · Rua Joaquim Eugénio Júdice • 282380434

# www.conventosjose.co.pt SÃO B. MESSINES

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Cachopo Museum · Centro Paroquial de Cachopo • Tel: 289844191 • www.cm-tavira.pt

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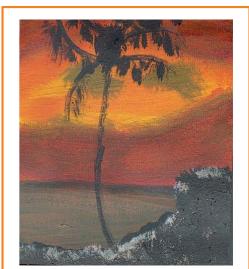
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Painting by Merle Cynthia Strachan, Thank you

# **EXHIBITIONS**

# **Fantasy and Mysticism**

Midwinter has always been a time of mysticism, of the need to turn the world winter into the warmth of spring. The new exhibition at the Museum in São Brás concentrates on those expressions of light from dark, of colour from monotone. It brings together the work from several artists, including some specially commis-There are 'iconic' paintings on wood of Kasia Wrona angels, and quiet, reflective images from Jane Page, in which colour is laid over a monotone base. These are balanced with the strong colours of fantasy paintings from Brigitte von Humboldt full of suggestion and halfremembered forms, the sharper, but very playful im-ages of Luís Athouguia, and the swirling colours and fig-ures of Nela Vicente.

The exhibition opens on 8th December at 6pm as well as an evening's entertainment offered at the Muthe fantasy pantomime 'The Dream Dragon' by the theatre group 'Aperitivo' at 6.45pm and a classical mu-Hepplewhite (piano) at 8.30pm.



For more information, e-mail admin@amigos-museu-sbras.org 966 329 073/lua azul 289 845 452/museum 289 840 100 / www.amigos-museu-sbras.org

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# Liz Allen

Liz Allen is the newest artist to join Off the Wall Galeria. Her oils and acrylics are so vibrant in colour and the style unique. See her latest collection of paintings and join us for a glass of mulled wine and Christmas goodies, to celebrate a wonderful year in the gallery and the first of three late night shopping evenings before Christmas!



# Rebecca Davis

Rebecca was born in 1970 in England and moved to Portugal in 2003. At the age of 8 and again at 18 she took private art lessons with the well known South African painter Cecily Sash. She also attended Hereford College of Art, Bradford and Ilkley Community College (this is where David Hockney had studied previously) Scarborough College, in England. She was brought up in a very artistic and musical family which allowed her to concentrate from an early age on developing artistically. She places great value on culture and tradition which is why the Minho area has captured my heart. She says it is rich in colour, pattern and has great character. Living in Portugal has given her the opportunity to develop her

own intuitive style which has taken many years to reach. Her exhibition in Viana do Castelo is a collection of works mainly from 2007. It shows works in both oil and gouache. The collection is mainly made up of still life paintings and some landscapes. Her interest in still life paintings has been a life-long interest, painting ordinary everyday obiects has been an interest to artists throughout history. Landscape painting is a theme that she started when she moved to Portugal and is ongoing. Her future plans are to continue to develop her ideas as an artist continuing with exhibitions in Portugal. It gives her great pleasure to be able to show her work in Viana do Castelo and she would like to take the opportunity to thank everyone who has helped her throughout her career.

Viana do Castelo, until December 31st at Castelo de Santiago da Barra from Monday to Friday. Closed on December 24th and 25th.

# **JUST FOR FUN**

# Father Christmases parade

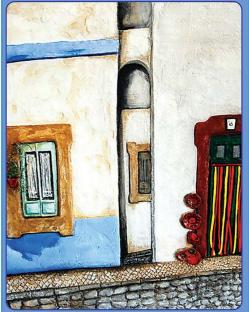
What could be better than Father Christmas? them?! Indeed, the Fa-ther Christmas parade

has arrived in Portugal. and will take place on December 12th from 10am in front of the Albufeira city hall.

# The Essence of Portugal ...

The Essence of Portugal is captured in the upcoming ex-hibition in the Museum Gal-lery, São Brás. With the emphasis on Portuguese and especially Algarvean art, Friends of the Museum are delighted that Vanessa Azevedo, Salvação Barreto, António Pinho da Rocha and Maria José Caetano (Zea) will be exhibiting examples of 2008. Vanessa has held a number of solo and collective exhibitions in Portugal as dren's book and being com-missioned to produce a series of watercolours for Barclay's Bank. Salvação Barreto stud-ied at the António Arroio School of Fine Arts in the 1940's and has exhibited his works in Angola and in many areas of Portugal. Salvação is Dictionary of Artists and in the European Edition of the Fine Arts Guide and he has (Zea) was born in Olhão. She

works in mixed media, her inspiration being seascapes and housescapes in and around Olhão. Her work is daring and full of character. António Pinho da Rocha is well known in the internainitiative of using vertical lines, 'desenho vertical'. What is astonishing is that these vertical lines are drawn using rulers or other equip-ment. He has won 2 gold med-als, a Grand International phies of Honour from GEMBLOUX. the European Academy of Art in Belgium where he has been an active member since 1995. António has exhibited his work throughout Portugal, Angola, Mozambique, Macao, East Timor. We are delighted that António will be exhibiting some of his works here in the Museum Gallery, São Brás. António, Salvação, Vanessa and Zea's works truly repre-



Opening hours are 10h-13h and 14h-17h weekdays; 14h 17h weekends and holidays.

For more information, contacts are: admin@amigos museu-sbras.org 966 329 073/museum 289 840 100 ww.amigos-museu-sbras.org

# DECEMBER

Atlântico in Lisbon from 9.30pm. Tick-

Pedro Abrunhosa - December 30th

# at Praia dos Pescadores in Albufeira

# FEBRUARY 2008

Tap Dogs - Tap Dogs are currently taking the world by storm with their unprecedented tap show that combines the strength and power of male workmen with the precision and talent of tap dancing. February 12th until 17th at Lisbon Casino Ocean Auditorium in Lisbon. Tickets: €30 to €35. APRIL 2008

Disney on Ice Advetures in Disneyland - Disney on ice is set to return

# LIVE SHOWS

to Portugal this April, with yet another iceskating show with all your favourite Disney caracters. The show wll take place at Pavilhão Atlântico on April 2nd - 9th. Tickets: €16 - €36. RAW WrestleMania Revenge - It's

here! World Wrestling Entertainment® storms back to Portugal with RAW® WrestleMania® Revenge Tour at Pavilhão Atlântico in Lisbon on April 19th from 8nm Tickets: €25 to €85

from 10pm. Entrance is free The Gift - December 31st at Lisbon Casino from 10.30pm. Entrance is

# JANUARY 2008

Strauss Orchestra Festival - January 4th, 5th at Lisbon Coliseu from 9.30pm. Tickets: €10 - €45.

Babyshambles - January 8th at Lisbon Coliseu. Tickets: €20.

# FEBRUARY 2008 Australian Pink Floyd - February 3th at Aula Magna in Lisbon from 10pm. Tickets: €25 - €35.

Korn - February 27th from 8pm at Pavilhão Atlântico. Tickets: €25 - €40. MARCH 2008

The Cure - March 8th from 8pm at Pavilhão Atlântico. Tickets: €28 €40

Tokio Hotel - March 16th at Lisbon Pavilhão Atlântico from 9.30pm. Tickets: €25 - €40.

Alicia Keys - March 19th at Pavilhão Atlântico. Tickets: €28 - €40.

APRIL 2008 Nightwish – April 18th in Oporto Coliseu. April 19th at Lisbon Coliseu. Further info TBA.

JUNE 2008 Jack Johnson - June 28th at Lisbon

Pavilhão do Atlântico from 8pm. Tickets: €28 - €40.

rs, Abreu agencies, El Corte Inglès, Casa Viola, Ticketline or at the event itself on the night numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline)

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LIVE CONCERTS

# LIVE MUSIC



# Paulo Gonzo Lisbon

Paulo Gonzo, born Alberto Ferreira, Paulo is a Portuguese singer and songwriter. He has made various albums throughout his career, including the album "Jardins Proibidos". Many of his musical compositions have been used as theme songs for Portuguese soap op-

December 10th from 10.30pm at Lisbon Casino. Entrance is free.

# David Fonseca - Loulé

David Fonseca first began his professional life as a photographer, working for various fashion catalogues. He particinated in many exhibitions. both group and individual. He also worked in a radio station for a while. But he is mainly recognised because of his successful music career Nowadays, David Fonseca has dedicated his life to his love of music choosing to become a Pop/Rock/Alternative singer. Besides playing various instruments and being the author

of most of his own lyrics, he is also responsible for the graphic designs on his album covers. He has been influenced by famous musicians such as Jeff Buckley, B-52's, Pixies, Roy Orbison, Aphex Twin, Ryan Adams, all of whom play a huge role in his own musical creativity and individuality. He has also mentioned in a recent interview on "Antena 3" that he has an addiction to the group Yeah Yeah Yeahs, David is currently married and has one son.



December 7th from 9.30pm at Louletano film theatre Call 289 400 600.

# Paulinho Lêmos - Silves

Paulinho Lêmos born in Brazil considers himself as a 'ciudadano del mundo' (citizen of the world). He mainly plays acoustic guitar and sings. His professional formation and experience was obtained in Rio de Janeiro with musicians Moacyr Luz, João de Aguino, Fátima Guedes, Rosinha de Valença, Agenor de Oliveira, among others. 1987 he participated at the XXI Jazz Festival of Montreux. Since 1988 he has

lived in Portugal, travelling through out Europe to perform. Don't miss him this weekend. He will be performing at Café Inglês, located on Silves Castle steps on Friday, December 6th from 8.30pm, along side Leo Tomich on drums and Adriano Santos on bass. December 7th from 8.30pm will see Red Earth Latin Jazz Trio from 8.30pm and Sunday, December 8th from 3pm, Paulinho Lemos and Friends, Call 282 442 585.

# **PLAYS**

# See How They Run

The Portada Group started in 1999 staging theatre-dinner per-formances at the "A Portada Restaurant" in Santa Bárbara de Nexe, from which the group continues to take its name. A number of actors who performed in the restaurant in those the group has subsequently staged another 11 different per-formances. Directed to a highly professional standard by Priscilla Morgan, the group has gone from strength to strength and progressively begun per-forming in grander venues and

Playwright Philip King's highly amusing farce "See How They Run!" promises to be a great precursor of the Festive Season. Set during World War II, the vicarage in the idyllic rural village of Merton-cum-Middlewick is home for the Reverend Lionel Toop and his wayward former actress wife lazy but certainly not absent-minded Ida the maid. Nosey neighbour Miss Skillon gets it all wrong when she concludes that Penelope has an affair with a former thespian friend, now a Lance Corporal. But matters get really complicated when the vicarage gets an unexpected visit from the Bishop of Lax and the Reverend Arthur Humphrey, as

oner of war! Famously, four vic-ars and a Bishop will all make an

ars and a Bishop will all make an appearance on stage at the same time and a sharp-witted audience is required to follow the ensuing circuitous plot. It is guaranteed to have everybody laughing helplessly in the aisles.

The A Portada Theatre Group's professionally trained stage and costume designer, Lesley Sweeney, worked for many years making costumes for big repertory companies in the UK. She came to the Algarve to retire but, fortunately for us, her retirement didn't last long. After meeting up again with an old retirement didn't last long. After meeting up again with an old friend, A Portada actor Tom Hardy, she was gently persuaded to join the theatre group way back in the days when our performances were still being staged in the "A Portada Restaurant" in Santa Bárbara de Nexe. She has been responsible for our stagedesign and costume-making ever since and - as she now accepts - her career never really ended when she left the UK. Her keen eye for proportions and scale, eye for proportions and scale combined with a natural artisti real bonus for our group. There is no doubt that she will, this time round, transport our audience into the tired and faded surroundvicarage at Merton-cum-Middlewick during the Second World War.

# **Hotel Algarve Casino Fight Club**

The Hotel Algarve Casino saturday (December 8th), is to host the World featuring several high pro-Kickboxing event this file fights, including:

**ENTERTAINMENT** 

Shain Yakut (Holland) V Ricardo Fernandes (Portugal) Dimitry Shakuta (Bielorussia) V Jiri Zak (Holland) Pedro Kol (Portugal) V Yassin Margine (France) Massimo B (Italy) V Rasumussen (Denmark) Dam Tikjaer V Diodo Calado Rainer Sá V Tierri Mendes Julilano Brito V Vitor Seromenho

Hotel Algarve in Portimão, at Salão Aladino from 7pm. The fights will be live on Eurosport from 8pm to 10pm. Tickets: €50.

# Mini Winter Jazz Festival

A colorful wintry jazz night at your Saturday night, organized by Teatro Lethes in Faro, to warm up

Association Grémio das Músicas.

December 8th, from 9.30pm in Faro.

# **FAIRS**

# Loulé Serra fair

What the Fair of the Serra offers is a display of produce and handicrafts representing the culture and traditions of the upland regions.

Visitors can try out local cuisine and purchase a range of produce such as honey, wine, "medronho" brandy, sweets, homemade bread and others. Handicrafts include basketwork, items made of esparto grass, wooden dolls, embroidery and cork. There will also be entertainment with groups playing traditional Portuguese music.

December 7th to 9th at Pavilion Nera, at Loulé Industrial Park from 6pm to midnight. Call 289 400 600.



Lagoa Auditorium, December 8th from 8pm and Decem ber 9th from 5pm. Faro Lethes Theatre, December 11th and 12th from 8pm. Call 911 058 191 or e-mail <u>aportadatheatregroup@yahoo.com</u>. Tickets: €12.

# The Artist's Workshop

Come & Enjoy a day of Creativity!

# **Tile Paintings**

Paint your own design on a tile or bowl! **Every Thursday** 10.30am - 4.30pm

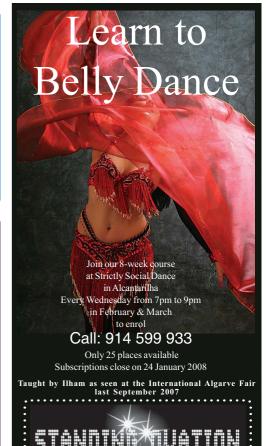
# Silk Painting

Work & watch the exciting effects of paint on silk. Every Tuesday 10.30am - 4.30pm

For more information: 282 911 519

965 049 722 yvonneslough@hotmail.com





Contractors for International Algarve Fair

www.standingovationalgarve.com

# 44 cinemalistings

# **Enchanted** Don't Come Knocking DIEIZ

American Gangster



# Beowulf

SBC FORUMALGARVE TEL: 289 887 212

SBC Lions for Lambs Robert Redford, Meryl Streep

(12.35 Sat & Sun) 14.45-19.00-21.10 (23.20 Fri & Sat) Shoot 'Em Up

Clive Owen, Monica Bellucci 16.55

Good Luck Chuck Dane Cook, Jessica Alba 13.05-17.30-19.50-22.10 (00.30 Fri &

Happily N'Ever After Animation PV (11.00 Sat & Sun) 15.25

Hitman

Timothy Olyphant, Dougray Scott 13.10-15.20-17.35-19.45-22.05 (00.25 Fri & Sat)

Enchanted

Amy Adams, Patrick Dempsey (PV) (11.05 Sat & Sun) 13.35-16.10-18.50-21.20

Corrupção

Nicolau Breyner, Rita Blanco (23.50 Fri & Sat) The Golden Compass

Nicole Kidman, Daniel Craig

(11.10 Sat & Sun) 13.45-16.20-18.55-21.30 (00.05 Fri & Sat)

**Beowulf** - Animation (11.15 Sat & Sun) 13.40-16.15-18.55-21.40 (00.15 Fri & Sat)

American Gangster

Denzel Washington, Russell Crowe 14.30-17.45-21.00 (00.10 Fri & Sat)

Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman (10.15-12.40 Sat & Sun) 14.55-17.10 Shoot 'Em Up

Clive Owen Monica Bellucci 21.50 (23.55 Fri)

Corrupção Nicolau Breyner, Rita Blanco 19.25

Eastern Promises

Viggo Mortensen, Naomi Watts (12.45 Sat & Sun) 15.00-17.20-19.40-22.00 (00.20 Fri & Sat)

CASTELLO LOPES CINEMAS PORTIMÃO TEL: 707 220 220

The Golden Compass Nicole Kidman, Daniel Craig 14.00-16.20-18.50-21.40 (00.10 Fri & Sat)

Enchanted

Amy Adams, Patrick Dempsey (PV) 14.20-16.30-19.00-21.20 (00.20 Fri &

Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman

Beowulf - Animation 16.10-18.40-21.50 (00.15 Fri & Sat)

Happily N'Ever After

13 30-15 20 American Gangster Denzel Washington, Russell Crowe 17.20-21.00 (00.00 Fri & Sat)

Timothy Olyphant, Dougray Scott 13.40-15.50-18.20-21.10(23.45 Fri & Sat)

Good Luck Chuck Dane Cook, Jessica Alba 13.50-16.00-18.30-21.30(23.50 Fri &

**ALGARVESHOPPING** TEL: 707 220 220

The Golden Compass Nicole Kidman, Daniel Craig 13 20-16 10-18 50-21 30-00 10

The Golden Compass Nicole Kidman, Daniel Craig 13.20-16.10-18.50-21.30-00.10

Happily N'Ever After - Animation

Beowulf-Animation 16.20-19.00-21.25-00.05

**American Gangster** Denzel Washington, Russell Crowe 13.40-17.00-21.00-00.00

Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman 13.00-15.10-17.20-19.30 Rush Hour 3

Jackie Chan, Chris Tucker 21.50-00.15

Hitman

Timothy Olyphant, Dougray Scott 14.00-16.30-19.10-21.20-23.40

Good Luck Chuck

Dane Cook, Jessica Alba 13.35-16.25-18.40-21.40-00.20

Lions for Lambs Robert Redford, Meryl Streep 13.50-16.40-19.20-21.35-23.50

Enchanted

Amy Adams, Patrick Dempsey (OV) 13.10-16.00-18.30-21.10-23.30

> USOMUNDO VILAMOURA TEL: 289 302 277

Elizabeth: The Golden Age Cate Blanchett, Geoffrey Rush 15.30-18.30-21.30

# **CENTRE**

LUSOMUNDO ALMADAFORUM TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Lions for Lambs Robert Redford, Meryl Streep Corrupção Nicolau Breyner, Rita Blanco American Gangster
Denzel Washington, Russell Crowe

Timothy Olyphant, Dougray Scott Enchanted Amy Adams, Patrick Dempsey (OV

Meet the Robinsons - Animation PV Beowulf-Animation 3D Happily N'Ever After-Animation

The Invasion Nicole Kidman, Daniel Craig Knocked Up

Seth Rogen, Katherine Heigl Hot Fuzz

Simon Pegg, Nick Frost Shoot 'Em Up

Until Death

Clive Owen, Monica Bellucci 30 Days of Night Josh Hartnett, Melissa George Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman Elizabeth: The Golden Age Cate Blanchett, Geoffrey Rush

Jean-Claude Van Damme, Stephen

LUSOMUNDO **ALVALÁXIA** TEL: 21 754 9000

The Golden Compass Nicole Kidman Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba

Lions for Lambs Robert Redford, Meryl Streep American Gangster Denzel Washington, Russell Crowe Shoot 'Em Up

Clive Owen, Monica Bellucci Enchanted Amy Adams, Patrick Dempsey (OV)

Hitman Timothy Olyphant, Dougray Scott Happily N'Ever After - Animation PV Beowulf-Animation 3D Hot Fuzz

Simon Pegg, Nick Frost Corrupção Nicolau Breyner, Rita Blanco

Dialogue avec mon Jardinier Daniel Auteuil Jean-Pierre Darroussin Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman Khoya Khoya Chand Shiney Ahuja, Soha Ali Khan

> LUSOMUNDO **AMOREIRAS** TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Lions for Lambs Robert Redford, Meryl Streep Enchanted

Amy Adams, Patrick Dempsey (PV) Beowulf-Animation

American Gangster Denzel Washington, Russell Crowe Michou d'Auber Gérard Depardieu, Nathalie Baye

Eastern Promises Viggo Mortensen, Naomi Watts Happily N'Ever After - Animation Corrupção

Nicolau Breyner, Rita Blanco Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman

> LUSOMUNDO CASCAISHOPPING TEL: 707 246362

The Golden Compass

Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Lions for Lambs Robert Redford, Meryl Streep Beowulf - Animation 3D Meet the Robinsons Animation PV 3D Happily N'Ever After - Animation American Gangster

Denzel Washington, Russell Crowe Enchanted Amy Adams, Patrick Dempsey (OV) **Eastern Promises** Viggo Mortensen, Naomi Watts

> LUSOMUNDO COLOMBO TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Lonely Hearts John Travolta, Salma Hayek Enchanted

Amy Adams, Patrick Dempsey (OV & PV) Mr.Magorium's Wonder Emporium

Natalie Portman, Dustin Hoffman Shoot 'Em Up Clive Owen, Monica Bellucci American Gangster

Denzel Washington, Russell Crowe Hitman Timothy Olyphant, Dougray Scott

Hot Fuzz Simon Pegg, Nick Frost Corrupção Nicolau Breyner, Rita Blanco

Happily N'Ever After - Animation Beowulf - Animation 3D

LUSOMUNDO DOLCEVITAMIRAFLORES TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Happily N'Ever After - Animation PV Corrupção

Nicolau Breyner, Rita Blanco Enchanted

Amy Adams, Patrick Dempsey (PV) Beowulf Animation

American Gangster Denzel Washington, Russell Crowe

> **UCICINEMAS ELCORTEINGLÉS** TEL: 707 23 22 21

The Golden Compass Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Lonely Hearts John Travolta, Salma Hayek Lions for Lambs Robert Redford, Meryl Streep The Heartbreak Kid

Ben Stiller, Michelle Monaghan Fados

Documentary Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman

Corrupção Nicolau Breyner, Rita Blanco Shoot 'Em Up Clive Owen, Monica Bellucci

Hitman Timothy Olyphant, Dougray Scott Don't Come Knocking Sam Shepard, Eva Marie Saint Enchanted

Amy Adams, Patrick Dempsey Happily N'Ever After Animation

The Brave One Jodie Foster, Terrence Howard American Gangster Denzel Washington, Russell Crowe Eastern Promises

Viggo Mortensen, Naomi Watts Elizabeth: The Golden Age Cate Blanchett, Geoffrev Rush

> **UCICINEMAS FREEPORT** TEL: 707 23 22 21

The Golden Compass Nicole Kidman, Daniel Craid Good Luck Chuck Dane Cook, Jessica Alba Enchanted

Amy Adams, Patrick Dempsey (PV) Timothy Olyphant, Dougray Scott Happily N'Ever After - Animation PV

The Invasion Nicole Kidman, Daniel Craig Eastern Promises Viggo Mortensen, Naomi Watts American Gangster

Denzel Washington, Russell Crowe The Heartbreak Kid Ben Stiller, Michelle Monaghan Corrupção

Nicolau Breyner, Rita Blanco 30 Days of Night Josh Hartnett, Melissa George Shoot 'Em Up Clive Owen, Monica Bellucci Mr. Magorium's Wonder Emporium

Natalie Portman, Dustin Hoffman LUSOMUNDO FORUM MONTIJO TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig **Enchanted** Amy Adams, Patrick Dempsey Meet the Robinsons Animation PV 3D Beowulf

Animation 3D Happily N'Ever After Animation Elizabeth: The Golden Age

Cate Blanchett, Geoffrey Rush American Gangster Denzel Washington, Russell Crowe Timothy Olyphant, Dougray Scott

Magorium's Emporium Natalie Portman, Dustin Hoffman Corrupção Nicolau Breyner, Rita Blanco

LUSOMUNDO **ODIVELAS PARQUE** TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craid Lonely Hearts John Travolta, Salma Hayek Hitman

Timothy Olyphant, Dougray Scott Corrupção Nicolau Breyner, Rita Blanco Enchanted

Amy Adams, Patrick Dempsey (PV) American Gangster Denzel Washington, Russell Crowe Happily N'Ever After

Animation PV Magorium's Wonder **Emporium** Natalie Portman, Dustin Hoffman

The Heartbreak Kid Ben Stiller, Michelle Monaghan Beowulf

> LUSOMUNDO **OEIRAS PARQUE** TEL: 707 246362

Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Lions for Lambs Robert Redford, Meryl Streep Elizabeth: The Golden Age Cate Blanchett, Geoffrey Rush Enchanted

The Golden Compass

Amy Adams, Patrick Dempsey (PV) Beowulf

Animation Happily N'Ever After Animation PV

American Gangster Denzel Washington, Russell Crowe Hitman

Timothy Olyphant, Dougray Scott

LUSOMUNDO TORRESVEDRAS TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Hitman Timothy Olyphant, Dougray Scott

Beowulf Animation 3D **Corrupção** Nicolau Breyner, Rita Blanco Happily N'Éver After

Meet the Robinsons

Animation PV 3D

Animation PV American Gangster Denzel Washington, Russell Crowe Enchanted

Amy Adams, Patrick Dempsey (PV) LUSOMUNDO

VASCODAGAMA TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Lions for Lambs Robert Redford, Meryl Streep Beowulf

Animation 3D Eastern Promises Viggo Mortensen, Naomi Watts

Wonder Mr. Magorium's Emporium Natalie Portman, Dustin Hoffman

Enchanted Amy Adams, Patrick Dempsey (OV) American Gangster

Denzel Washington, Russell Crowe Meet the Robinsons

Animation 3D Happily N'Ever After Animation

Elizabeth: The Golden Age Cate Blanchett, Geoffrey Rush Corrupção

Nicolau Breyner, Rita Blanco Hitman Timothy Olyphant, Dougray Scott

Knocked Up Seth Rogen, Katherine Heigl

# filmquide 45

The first movie based on the bestselling Philip Pullman novels. The His Dark Materials trilogy is comprised of The Golden Compass, The Subtle Knife and The Amber Spyglass. It revolves around a young girl who travels to the far north to save her best friend. Along the way she encounters shape-shifting creatures, witches, and a variety of otherworldly characters in parallel universes. There is a world where witches rule the northern skies. where ice bears are the bravest of warriors, and where every human is joined with an animal spirit who is as



close to them as their own heart. But this world is dominated by the Magisterium, which seeks to control all of humanity, and whose greatest threat is the last remaining Golden Compass and the one child destined to possess it.

Twelve year-old Lyra (Dakota Belacqua Blue Richards) lives an extraordinary life as a ward of distinguished Jordan College. Tearing unsupervised through the streets on mad quests for adventure with

her loyal friend Roger (Ben Walker), Lyra is accompanied everywhere by her daemon, Pantalaimon (voiced by Freddie Highmore), a small, ever-changing animal that serves as a constant voice of reason.



ten



But Lyra's world is changing. Her uncle, Lord Asriel (Daniel Craig), is embarking on a trip Magisterium would go to any lengths, including shutting down

Jordan College,





in the company and protection

to stop him. At the same time, rumours of children

mysteriously disappearing and being taken north become terriof a tribe of seafaring Gyptians

fyingly real when her best friend Roger goes missing. Lyra swears to go to the ends of the earth to rescue him, and when a new fig-

ure appears at the college, Marisa Coulter (Nicole Kidman), a beguiling scientist and world traveller, she sees her best chance to get away But

Lyra finds that she has been drawn

into a trap designed to take from her the one thing she possesses that the Magisterium desperately seeks, the Golden Compass. Given to her as a gift by the Master of Jordan College (Jack Shepherd), it is a mystical, powerful device that can tell the truth, reveal what others wish to hide and foreshadow, and even change, the future.

At that moment, Lyra realizes that she will have to break away from Mrs. Coulter and embark on her own journey to rescue Roger and stop Magisterium. But fate puts her

led by Lord Faa (Jim Carter), Ma Costa (Clare Higgins) and Farder Coram (Tom Courtenay).

Banding together an unlikely

alliance with the Gyptians, the mysterious witch Serafina Pekkala (Eva Green) and Texas airman Lee Scoresby (Sam Elliott), Lyra is flung into an adventure that will take her over

sky and ocean, to the wilds of the icy north, where she gains a powerful ally in a great armoured bear named Iorek Byrnison (voiced by Ian McKellen), who pledges to serve her in her campaign until she prevails.

A great war is coming, one that threatens not only Lyra's world



but all the parallel worlds waiting just beyond the northern lights. With her band of friends and allies, and the power of the Golden Compass, Lyra will need all her skill and all her courage, to stop it.



hard-to-get as she is beautiful. But when a

genuine romance devel-

ops, Charlie realizes he

has got to find a way to

break his good-luck

curse... before the girl

of his dreams winds up

with the next guy she

meets.

It all started when Charlie Kagan was years old. Breaking the cardinal rules of spinthe-bottle, Charlie refused to lip-lock with a demented Goth girl, and she put a hex on him. Now, twenty-five

years later, Charlie (Dane Cook) is a successful dentist... and still cursed.

to the Arctic Circle to investigate

a mysterious element intriguingly called Dust, but the

While his plastic surg e o n b e s t friend, t u Dan Fogler), pursues as many his patients as possi-b 1 e ,

can't seem to find the right girl. Even worse, he discovers at an ex-girlfriend's wedding that woman every he's ever slept with has found true love, with the next guy afterhim.

Before he knows it, Charlie's reputation as a "good luck charm' has

women, from sexy strangers to his overweight recep tionist, lining up for a quickie. But a life filled with all sex and no love has Charlie lonelier than ever,

that is, until he meets Cam (Jessica Alba). An

accident-prone penguin specialist, Cam is as

LIONS FOR LAMBS Redford. Mervl thread has a journalist interview-

Robert Streep and Tom Cruise star in Lions for Lambs, a powerful and gripping story that digs behind the news, the politics and a nation divided to explore the human consequences of a complicated war.

Directed by Academy Award winner Robert Redford, the movie takes a look at the US involvement in Afghanistan and Iraq. Through three separate story lines, we gain different perspectives on the issue. One ing a rising-star politician, who is pushing a new strategy in Afghanistan. Over on the other coast, an aging professor tries to talk sense into an underachieving student. Meanwhile in Afghanistan, two former students come face to face with the reality of war.

As arguments, memories and bullets fly, the three stories are woven ever more tightly together, revealing how each person has a profound impact.

Based on a true story. In the late 1940's, Martha Beck (Salma Hayek) and Raymond Fernandez (Jared Leto) were America's notorious "Lonely Hearts Killers" notorious Their lethal scam was simple; they would swindle and then viciously murder lovelorn war widows who would answer their personal ads in which Ray would describe himself as a sexy Latin Lover.

Ironically, Ray's initial introduction to Martha was as a prospective mark. But when they met, it was love at first sight, perhaps as a result of their penchant for kinky sex and their mutual love for

duplicity and easy money. With Martha posing as Ray's sister, they bilked elderly spinsters and widows of their savings and then viciously murdered them in a bloodbath of sexual frenzy.

Two New York Detectives, Elmer C. Robinson (John Travolta) and Charles Hildebrandt (James Gandolfini), track down the sociopath lovers. When they were arrested, Martha and Ray confessed to 12 killings, although it is believed the actual number is closer to 20. At their sensational trial, Martha and Ray cooed, held hands and seemed as though they could not get enough of each other. Their plea of not guilty by reason of insanity was rejected, and on August 22, 1949, the homicidal lovers were sentenced to death. After numerous appeals, they were electrocuted on March 8, 1951,

side-by-side in Sing Sing prison.



# 46 cinemalistings

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# Celeb News

Actor William Shatner is furious producers of the new **Star Trek** movie failed to offer him a role. Shatner, who played Captain James Kirk in the original TV series and movies, is desperate for a part in the new version, directed by J.J. Abrams. And the 76-year-old is stunned he has not been offered a lead part in the upcoming film. He tells TV's Extra, "How could you not put one of the founding figures into a movie that was being resurrected? That doesn't make good business sense to me! I've become even more popular than I was playing Captain Kirk. I'm good box office and I get publicity... But, they are going in a different direction and it'll be a wonderful film." Shatner's Star Trek sidekick Leonard Nimoy will be the only original cast member on board for the prequel, he'll reprise his role as Mr. Spock in the film. ((())) The Punisher star Thomas Jane has discovered making movies is a tough business, he has to keep his cast warm. The actor is making his directorial debut with a 3-D thriller called The Dark Country, which is currently shooting on location in Albuquerque, New Mexico. Jane is also starring in the project alongside The Texas Chainsaw Massacre actress Lauren German and Hellboy's Ron Perlman. And he admits it's a challenge just keeping his castmates comfortable. He explains, "It's a lot of work. We're shooting nights and it's a challenge. It's getting a little nippy out here and it's supposed to be a summer night scene, so my poor co-star, Lauren German, is out there wearing next to nothing. She's freezing for her art. But I'm secretly having a great time; I have a great cast and a fantastic crew". **(((G))** Walk The Line star Reese Witherspoon is officially the highest-paid actress in Hollywood. The 31-year-old Oscar winner has beaten the likes of **Angelina Jolie**, **Cameron** Diaz and Nicole Kidman to claim the number one spot in the Hollywood Reporter's annual female rich list, receiving a staggering \$15-\$20 million paycheck per picture. *Tomb Raider* star Jolie, 32, comes in second, though her salary for the current Beowulf picture was said to be a "mere" \$8 million. Diaz, 35, is placed third, with a \$15 million-per-movie salary demand, though her take-home earnings from the recent *Shrek The Third* are pegged at a very healthy \$30 million. Last year's number two, **Nicole Kidman**, 40, fell to fourth place, with an asking price of \$10 million to \$15 million a film. Also in the \$10 million to \$15 million club are Renee Zellweger, Sandra Bullock and Julia Roberts, despite an absence from the screen since 2004. The full list is: 1. Reese Witherspoon - \$15 million-\$20 million; 2. Angelina Jolie - \$15 million-\$20 million; 3. Cameron Diaz - \$15+ million; 4. Nicole Kidman - \$10 million-\$15 million; 5. Renee Zellweger - \$10 million-\$15 million; 6. Sandra Bullock - \$10 million-\$15 million; 6.

Sandra Bullock - \$10 million-\$15 million; 7.

Julia Roberts - \$10 million-\$15 million; 8. Drew
Barrymore - \$10 million-\$12 million; 9. Jodie
Foster - \$10 million-\$12 million; 10. Halle Berry
\$10 million. ««»» Mom-to-be Christina
Aguilera has followed in the footsteps of Demi Moore and Britney Spears, by provocatively stripping to reveal her bump on the cover of America's Marie Claire magazine. The hitmaker proudly displays her bulging belly as she poses with nothing but a cropped leather jacket to hide her modesty, a trend started by Moore back in August 1991 when she appeared nude on the cover of Vanity Fair magazine, while a pregnant Spears bared all on the cover of Harper's Bazaar in June 2006. In the interview, Aguilera reveals that her pregnancy with husband Jordan Bratman had been planned, but that she never dreamed it would happen so soon. She says, "We were planning on starting to try after the (Back to Basics) tour. And so, I had gone off the pill to prepare my body, because I didn't know how much time it would take. You've heard it takes some time, except with Power Egg and Super Sperm here. I'm like, 'Oh, my God, can you believe it just happened?'" Aguilera is expected to give birth to the couple's first child early next

vear ((())))

**UCICINEMAS ARRÁBIDASHOPPING** TEL: 707 23 22 21

The Golden Compass Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba

Lonely Hearts John Travolta, Salma Hayek Lions for Lambs Robert Redford, Meryl Streep Eastern Promises

Viggo Mortensen, Naomi Watts Happily N'Ever After

The Heartbreak Kid Ben Stiller, Michelle Monaghan Rush Hour 3 Jackie Chan, Chris Tucker

The Brave One Jodie Foster, Terrence Howard Until Death

Jean-Claude Van Damme, Stephen

30 Days of Night Josh Hartnett, Melissa George Hot Fuzz Simon Pegg, Nick Frost

Knocked Up Seth Rogen, Katherine Heigl Corrupção Nicolau Breyner, Rita Blanco

Shoot 'Em Up Clive Owen, Monica Bellucci Elizabeth: The Golden Age Cate Blanchett, Geoffrev Rush

**Blind Dating** Chris Pine, Eddie Kaye Thomas Enchanted

Amy Adams, Patrick Dempsey (PV) American Gangster Denzel Washington, Russell Crowe No Reservations

Catherine Zeta-Jones, Aaron Eckhart Mr. Magorium's Wonder Emporium

Natalie Portman, Dustin Hoffman

Timothy Olyphant, Dougray Scott

# LUSOMUNDO **DOLCEVITA COIMBRA** TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Lions for Lambs Robert Redford, Meryl Streep **Enchanted** Amy Adams, Patrick Dempsey (OV)

Animation Elizabeth: The Golden Age Cate Blanchett, Geoffrey Rush Corrupção

Nicolau Breyner, Rita Blanco American Gangster Denzel Washington, Russell Crowe 30 Days of Night

Josh Hartnett, Melissa George Happily N'Ever After Animation PV Shoot 'Em Up

Clive Owen, Monica Bellucci **Until Death** 

Jean-Claude Van Damme, Stephen

# LUSOMUNDO DOLCEVITADOURO TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Enchanted Amy Adams, Patrick Dempsey American Gangster Denzel Washington, Russell Crowe Happily N'Ever After Animation Jet Li, Jason Statham

Nicolau Breyner, Rita Blanco

Corrupção

Beowulf

Animation

Hitman Timothy Olyphant, Dougray Scott

The Invasion
Nicole Kidman, Daniel Craig
Wonder **Emporium** 

Natalie Portman, Dustin Hoffman

# LUSOMUNDO DOLCEVITAPORTO TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Lonely Hearts John Travolta, Salma Hayek Enchanted Amy Adams, Patrick Dempsey (OV) Happily N'Ever After Meet the Robinsons Animation Digital 3D Beowulf

Animation Digital 3D Hitman Timothy Olyphant, Dougray Scott American Gangster Denzel Washington, Russell Crowe

The Heartbreak Kid Ben Stiller, Michelle Monaghan

# LUSOMUNDO **FERRARAPLAZA** TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Happily N'Ever After Animation PV Beowulf Animation 3D Meet the Robinsons

Animation PV Digital 3D Hitman Timothy Olyphant, Dougray Scott Corrupção

Nicolau Breyner, Rita Blanco Enchanted

Amy Adams, Patrick Dempsey (OV)

# LUSOMUNDO **FORUMAVEIRO** TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Lions for Lambs Robert Redford, Meryl Streep Beowulf Animation

Elizabeth: The Golden Age Cate Blanchett, Geoffrev Rush American Gangster

Denzel Washington, Russell Crowe Nomad Kuno Becker, Jay Hernandez

Corrupção Nicolau Breyner, Rita Blanco Shrek the Third Animation

Enchanted Amy Adams, Patrick Dempsey (OV)

The Golden Compass

# LUSOMUNDO **FORUMCOIMBRA** TEL: 707 246362

Nicole Kidman, Daniel Craig Lonely Hearts John Travolta, Salma Hayek Magorium's Wonder Emporium

Natalie Portman, Dustin Hoffman The Invasion Nicole Kidman, Daniel Craig Corrupção

Nicolau Breyner, Rita Blanco Beowulf Animation 3D

Timothy Olyphant, Dougray Scott

OV = Original Version Enchanted

The Golden Compass

Beowulf

Animation

Amy Adams, Patrick Dempsey (PV)

# LUSOMUNDO **FORUMVISEU** TEL: 707 246362

Nicole Kidman, Daniel Craig Happily N'Ever After Hitman Timothy Olyphant, Dougray Scott Amy Adams, Patrick Dempsey (OV) American Gangster Denzel Washington, Russell Crowe Corrupção Nicolau Breyner, Rita Blanco

# LUSOMUNDO **FORUMVIZELA** TEL: 707 246362

Beowulf Animation 30 Days of Night Josh Hartnett, Melissa George **Blind Dating** Chris Pine, Eddie Kaye Thomas Happily N'Ever After

# LUSOMUNDO FOZPLAZA TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craid Elizabeth: The Golden Age Cate Blanchett, Geoffrey Rush Corrupção Nicolau Breyner, Rita Blanco Beowulf Animation 3D Digital Enchanted Amy Adams, Patrick Dempsey (PV) American Gangster Denzel Washington, Russell Crowe Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman

# LUSOMUNDO GAIASHOPPING TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Happily N'Ever After Animation PV

Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman The Heartbreak Kid

Ben Stiller, Michelle Monaghan Beowulf Animation

**Enchanted** Amy Adams, Patrick Dempsey (PV) Timothy Olyphant, Dougray Scott

American Gangster Denzel Washington, Russell Crowe Shoot 'Em Up Clive Owen, Monica Bellucci

Rush Hour 3 Jackie Chan, Chris Tucker Michou d'Auber Gérard Depardieu, Nathalie Baye

Corrupção Nicolau Breyner, Rita Blanco

# LUSOMUNDO GLICÍNIAS TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Lonely Hearts John Travolta, Salma Hayek The Heartbreak Kid Ben Stiller, Michelle Monaghan Corrupção Nicolau Breyner, Rita Blanco

Beowulf Animation 3D Digital Happily N'Ever After Animation PV Enchanted Amy Adams, Patrick Dempsey (PV) Timothy Olyphant, Dougray Scott Hot Fuzz Simon Peaa, Nick Frost

# LUSOMUNDO MAIASHOPPING TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Enchanted Amy Adams, Patrick Dempsey (PV) Hitman Timothy Olyphant, Dougray Scott Corrupção Nicolau Breyner, Rita Blanco Happily N'Ever After Animation PV

Beowulf Animation **Until Death** Jean-Claude Van Damme, Stephen

# LUSOMUNDO NORTESHOPPING TEL: 707 246362

The Golden Compass Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Lions for Lambs Robert Redford, Meryl Streep Eastern Promises Viggo Mortensen, Naomi Watts Happily N'Ever After Animation PV Corrupção Nicolau Breyner, Rita Blanco Enchanted Amy Adams, Patrick Dempsey (OV

Hitman Timothy Olyphant, Dougray Scott Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman

American Gangster Denzel Washington, Russell Crowe Beowulf Animation Digital 3D

Meet the Robinsons Animation PV Digital 3D

The Golden Compass

# LUSOMUNDO PARQUENASCENTE TEL: 707 246362

Nicole Kidman, Daniel Craig Good Luck Chuck Dane Cook, Jessica Alba Blind Dating Chris Pine, Eddie Kaye Thomas Beowulf Animation **Enchanted** 

Amy Adams, Patrick Dempsey Hitman Timothy Olyphant, Dougray Scott American Gangster Denzel Washington, Russell Crowe

Shoot 'Em Up Clive Owen, Monica Bellucci Happily N'Ever After

Animation The Heartbreak Kid Ben Stiller, Michelle Monaghan

30 Days of Night Josh Hartnett, Melissa George

Mr. Magorium's Wonder Emporium Natalie Portman, Dustin Hoffman Rush Hour 3

Jackie Chan, Chris Tucker **Until Death** Jean-Claude Van Damme, Stephen

Delirious

Steve Buscemi, Michael Pitt

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Rachel's Favourite Food for Living. (T) 12.00 BBC News; Weather. (T) 12.10 Football Focus. (T) 1.00 Live Snooker: UK Championship. The opening first-round matches on day one. (T) 4.30 Final Score.

- 5.25 BBC News; Regional News; Weather. (T) 5.45 Strictly Come Dancing. The remaining contestants pull out all the stops to razzle-dazzle on the dance floor in a bid to reach next week's semi-final. Judges Len Goodman, Arlene Phillips, Craig Revel Horwood and Bruno Tonioli give their verdicts on the performances while view. ers can vote for their favourite dancers. Bruce Forsyth and Tess Daly host. The result can be seen tomorrow at 6.15pm. (T) verdicts on the performances, while view
- 7 10 Robin Hood The Sheriff sleenwalks into Robin Hood. The Sheriff sleepwalks into Sherwood Forest and is discovered missing the same day Prince John's messenger arrives to check all is well. Former EastEnder Charlie Brooks guest stars. (T) The National Lottery: Who Dares Wins. Nick Knowles presents the challenge of general knowledge as new contestants prepare to take on last week's winning.
- prepare to take on last week's winning team. Including the National Lottery
- team. Including the National Lottery draws. (T)
  Casualty. Toby writes a letter of resignation, but later grows in confidence when he treats a man with an injured foot. The team tend a patient whose weight causes problems. Maureen Lipman guests. (T)
  The Omid Djalili Show. The multi-award-winning comedian talks about the culture of fame and how using different accents
- of fame and how using different accents can help in life. Sketches feature 1970s American-Iranian detective. Donny Chicago. (T) 10.05 BBC News; Weather; (T) National Lottery
- 10.05 BDN News, vredurer, (r) reasonal Excess, Update.

  10.25 Match of the Day. Gary Lineker presents highlights of today's Premier League clashes, which include champions Manchester United against strugglers Derby County at Old Trafford and Chelsea against Sunderland at Stamford Bridge. Both the Red Devils and the Blues should against Sunderland at Stamford Bridge. Both the Red Devils and the Blues should enjoy comfortable victories against two of the top flight's new boys, who have found it difficult to cope with the step up in class following their respective promotions last term. Plus, action from Reading's clash with Liverpool at the Madejski Stadium and the game between Everton and Fulham at Goodison Park. (T) EILM Platons (1986) Vietnam War drama.
- 11.35 FILM: Platoon (1986), Vietnam War drama.

starring Charlie Sheen. (T)
1.30 Friday Night with Jonathan Ros.
Weatherview. 2.35 BBC News 24. (T) , | Ross: (B) (T)



6.00 CBeebies: Fimbles. (R) (T) 6.20 Teletubbies. (R) (T) 6.45 Step Inside. (R) (T) 7.00 CBBC: Dogstar. (R) (T) 7.25 Dennis the Menace. (R) (T) 7.45 Watch My Chops. (R) (T) 8.00 Hider in the House. (R) (T) 9.00 TMi; (T) Diddy Dick & Dom. (R) (T) 10.30 Stupid. (R)

the House. (H) (I) 9.00 IMI; (I) Diddy Dick & Dom. (R) (T) 10.30 Stupid. (R) (T) 10.55 The Story of Tracy Beaker. (R) (T) 11.25 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 The Sky at Night. (R) (T) 12.00 The Niller Miller Miller

gets a glimpse of nuclear submarines. (R) (T) 9.00 Have I Got a Bit More News

(R) (T) 9.00 Have I Got a Bit More News for You. Special extended version, with host Jack Dee. (T) 9.40 The Company. A Russian diplomat defects to the West. Last in series. (T) 11.15 The Tudors. Henry hears rumours of a conspiracy. Last in series. (R) (T) 12.10 Snooker: UK Championship. (T) 10.0 Snooker Extra. (T) 2.20 The Culture Show. (R) 3.10 FILM: At the Height of Summer (2000) Premiere

Height of Summer (2000), Premiere

Drama, starring Tran Nu Yen-Khe. 4.55 Close.

Dominic Minghella's rip-roaring series, which depicts the adventures of one Dominic Minghella's rip-roaring series, which depicts the adventures of one of Britain's best-loved outlaws, has continued to strike a chord with family audiences in its second season. With intriguing storylines and a young, talented cast, Minghella has managed to broaden the shows appeal to a members of the family, including parents, who will remember ITV's Robin of Sherwood, starring Michael Praed, from the 1980s. In this series, the stakes have been upped for Robin (played by the charismatic Jonas Armstrong) as he continues to thwart the Sheriff splans to assassinate King Richard and put Prince John on the throne. Here the Sheriff sleepwalks straight into Sherwood Forest and goes missing on the very day that Prince straight into Sherwood Forest and goes missing on the very day that Prince John's messenger arrives to check all is well in Nottingham. By the time Gisborne raises the alarm, Prince John's army is already on its way to raze the city at sunset. In an act of desperation, Gisborne recruits Robin to track down the Sheriff. But will the prince among thieves be able to save the day? Keith Allen, Richard Armitage, Lucy Griffiths and Harry Lloyd star.

Pick of the Dav

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.50 T4: One Tree Hill. (T) 9.50 T4: Friends. Chandler plays racquetball with Moniac's dad. (R) (T) 10.20 T4: Friends. (R) (T) 10.55 T4: MobileAct Unsigned. (R) (T) 11.55 T4: Transmission. (R) (T) 12.30 T4: Friends. (R) (T) 12.30 T4: Friends. (R) (T) 1.00 T4: Charmed. (R) (T) 2.00 Channel 4 Racing from Sandown Park and Wetherby. Including 2.35 paddypower.com Tingle Creek Chase (2m). (T) 4.05 Location, 20.20 Location, Location. (R) (T) 4.40 Time Team. (R) (T) 5.40 Codex. Two teams uncover the secrets of historical artefacts. (T) 6.25 Channel 4 News. (T) tefacts. (T) 6.25 Channel 4 News. (T) 7.10 Deal or No Deal. Noel Edmonds tefacts. (T) 6.25 Channel 4 News. (T) 7.10 Deal or No Deal. Noel Edmonds hosts the game show in which contestants try to guess the values of mystery boxes. (T) 8.00 This Is Civilisation. Matthew Collings explores the impact of the industrial revolution on art, nature and society, focusing on the visionary ideas of British art critic John Ruskin. (T) 9.00 The 100 Greatest Stand Ups. Countdown of the Brittish public's 100 favourite stand-up comedians of all time. Nominees include old favourites such as Richard Pryor and more recent funnymen like Chris Rock. (R) (T) 1.05 FILM: The Perfect Score (2004). Premiere. Comedy, starring Scarlett Johansson. (T) 2.40 4Music: Dubplate Drama. (R) (T) 3.05 Kbductess. (R) (T) 3.15 King of the Hill. (T) 3.40 Full Metal Challenge. (R) (T) 4.40 Headland. Heath and Freya's trip is full of mystery. (R) (T) 5.25 Countdown. (R) (T)

6.00 Sunrise. 7.00 Milkshakel: Hi-5. (R) (T) 7.35 Hana's Helpline. (R) (T) 7.50 The Beeps. (T) 8.10 Harry and His Bucket Full of Dinosaurs. (T) 8.25 The Book of Pooh. (R) (T) 8.55 Roobarb and Custard Too. (R) (T) 9.05 Funky Valley. (T) 9.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.30 Franklin. (R) (T) 10.00 The Gadget Show. (R) (T) 11.00 Football Italiano Highlights. (T) 11.30 Super Snakes. (R) (T) 12.30 FILM: Perry Mason: The Case of the Sinister Spirit (1987). Mystery, starring Raymond Burr. (T) 2.30 FILM: Every Time We Say Goodbye (1986). Drama, starring Tom 2.30 FILM: Every Time We Say Good-bye (1986). Drama, starring Tom Hanks. (T) 4.20 FILM: Cats & Dogs (2001). Crazy comedy, starring Jeff Goldblum. (T) 5.55 FILM: Submarine X-1 (1967). Wartime adventure, star-ring James Caan. (T) 7.25 five news and sport. (T) 7.45 NCIS. The team investigate the mummified remains of a body found in a disused com-pound - and realise there's a serial killer on the loose. (R) (T) 8.40 NCIS. A Marine helicopter is discovered abandoned in a crop circle, and wit-A Marine helicopter is discovered abandoned in a crop circle, and witness reports of strange lights in the night add to the intrigue. (R) (T) 9.35 CSI: Crime Scene Investigation. The team try to discover the specific cause of death of a former boxing star who met his end in one of three different ways. Peter Stormare guest stars. (R) (T) 10.35 Law & Order: Special Victims Unit. (T) 11.35 Criminal Minds. (R) (T) 12.35 Quiz Call. 5.10 Wildlife SOS. (R) (T) 5.35 Wildlife SOS. (R) (T) 5.35 Wildlife SOS. (R) (T) life SOS. (B) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. (T) 9.40 Emu. (T) 9.55 Supernormal. (T) 10.10 My Parents Are Aliens. 10.40 Bernard. 10.55 Skyland. 11.25 Skyland. 10.40 Bernard. 10.55 Skyland. 11.25 Skyland. 11.55 ITV News and Weather. (T) 12.05 London Today; Weather. (T) 12.10 Saturday Cooks! (T) 1.40 FILM: Casper Meets Wendy (1998). Fantasy, starring Filiary Duff. (T) 3.20 FILM: The Man with the Golden Gun (1974). Adventure, starring Roger Moore. Continues after the news. (T) 4.40 London Today; Weather. (T) 4.55 ITV News and Weather. (T)

- 5.10 FILM: The Man with the Golden Gun (1974). Concluded. (T) 6.10 Best Ever Worst Auditions 3. Embarrass-
- Best Ever Worst Auditions 3. Embarrass-ingly bad talent show auditions and per-formances, including footage from The X Factor, Pop Idol, America's Got Talent, Strictly Dance Fever and Grease Is the Word. Fearne Cotton narrates. (T) The X Factor. The remaining contestants take the stage to compete for a place in next week's grand final, singing two songs by classic British artists. Having seen the
- by classic British artists. Having seen the 12 acts who qualified for the live stage 12 acts who qualified for the live stage whittled down to just four, judges Simon Cowell, Louis Walsh, Sharon Osbourne and Dannii Minogue will be keen to stick up for their favourite performers - but this week they're entirely at the mercy of the public vote. Dermot O'Leary presents, and will return with the results programme after All Star Family Fortunes. (T) All Star Family Fortunes. The Bill star Ben Richards and Entertainment Today presenter Jenni Falconer's families battle it
- senter Jenni Falconer's families battle it
- senter Jenni Falconer's families battle it out against each other as Vernon Kay hosts the celebrity game show. The stars hope to win a prize of up to #30,000 to donate to the charity of their choice. (T) The X Factor The Results. The viewer's verdict is announced and the act with the fewest votes leaves the contest. The remaining three go through to the live grand final and the chance to win a #fmilion recording contract Mentors Sharon. lion recording contract. Mentors Sharon Osbourne, Louis Walsh, Dannii Minogue and Simon Cowell are no longer giving reprieves to acts following a sing-off as the decision is left solely to the public
- the decision is left solely to the public vote. (T)

  9.55 Big Fight Live. Amir Khan v Graham Earl.

  Jim Rosenthal is joined by Barry McGuigan to introduce coverage of tonight's Commonwealth lightweight title bout at the Bolton Arena. (T)

  11.10 ITV News and Weather; Weather. (T)

  11.25 All New TV's Naudhtlest Blunders. Neil 9 55
- 11.25 All New TV's Naughtiest Blunders, Neil
- Morrissey narrates X-rated out-takes. (T) 12.00 Make Your Play; (T) ITV News Headlines. 4.10 The Jules and Lulu Show. (R) (T) 4.00 The Jules and Lulu Show. (R) (T) 4.00 The Jules and Lulu Show. (R) (T) 5.00 ITV Nightscreen.

# LOCAL

0800 Bom dia Sábado 1300 News 1715 Dennis The Menace, film 1905 O Preco Certo 2000 News film 2100 A Voz do Cidadão 0200 New Jack City, film 0330 A Hora da Sorte 0415 Telesales

0700 Euronews 1000 África 7 Dias 1030 Notícias de Portugal 1130 Palco: Rodrigo Leaos, João, Xaile 1250 Bastidores 1315 The Simpsons 1335 Entre Pratos 1400 Simpsons 1335 Entre Pratos 1400
National Geographic 1500 Sport
1900 Gente da Cidade 1930 A
Princesa Mononoke 2145 A Hora
da Sorte 2200 News 2240 Anything
Else, film Sogni D'Oro, films 0200
Sport 0600 Euro News SIC

0700 Sic Kids 0845 Disney Kids 1200 Our World 1300 News 1400 Extase 1700 CSI Miami 1800 Film Extase 1700 CSI Miami 1800 Film TBA 2000 News 2215 Paraíso Tropical 2330 Vingança 0115 007 - Live And Let Die, film 0245 Amazónia 0330 Quando o Telephone Toca TVI

0700 Childen TV 0900 Morangos com Açucar 1045 O Bando dos Quatro 1215 DeLuxe 1300 News 1400 Os Escolhidos 1600 Film TBA1800 Film 2000 News 0115 Adaptation, film 0530 Telesales



# Best of the Rest

7.00 The Real Hustle 7.30 The Real Hustle 8.00 Mind, Body & Kick Ass Moves 8.30 Top Gear 9.30 Little Britain 10.00 Film: The Mothman Prophecies 12 (2002) 11.55 Two Pints of Lager and a Packet of Crisps 12.25 and a Packet of Crisps 12.25
Two Pints of Lager and a
Packet of Crisps 12.50
Comedy Shuffle 1.20 Tittybangbang 1.50 The Real Hustle 2.20 The Real Hustle Hustle 2.20 The Heal Hustle 2.50 Two Pints of Lager and a Packet of Crisps 3.20 Two Pints of Lager and a Packet of Crisps 3.45 Mind, Body & Kick Ass Moves 4.15 Close

Ass Moves 4.15 Close BBC4
7.00 A Perfect Spy 8.00 A Perfect Spy 9.00 Lead Balloon 9.30 More Dawn French's Boys Who Do Comedy 10.00 Brasil 11.00 City of Men 11.30 Film: Man of the Year 15 (2003) 1.10 Brasil, Brasil 2.10 Brasil, Brasil 3.10 Brasil, Brasil 4.10

2.35 Holiday Showdown 3.40 Holiday Airport: Palma 4.45 All Star Family Fortunes 5.30 The Planet's Funniest Animals 6.00 Movies Now 6.10 The New Movies Now 6.10 The New Adventures of Superman 7.10 Behind the Scenes 7.40 Australian Princess 8.40 The Xtra Factor 9.25 Supermodels: Gone Bad 9.55 The Xtra Factor Results 10.40 Film: Back to the Future Part II PG (1989) 12.40 The X Factor 2.10 The X Factor - The Results 2.40 The X Factor Pacults 3.00 Movies Xtra Factor Results 3,20 Movies Now 3.35 Emmerdale 6.00

Sky One
1.00 Vroom Vroom 2.00
America's Dumbest Criminals

2.30 Futurama 3.00 Futurama 3.30 Futurama 4.00 Futurama 4.30 Cirque de Celebrite 6.00 A Town Called Eureka 7.00 A Town Called Eureka 7.00 Stargate Atlantis 8.00 Hatton v Mayweather 24/7 9.00 Ross Kemp on Gangs 10.00 Road Wars 11.00 Nothing but the Truth 12.00 Road Wars 1.00 Bones 2.00 Street Wars 3.00 Nic/Tuck 3.30 Nic/Tuc Nip/Tuck 3.30 Nip/Tuck 3.55 Nip/Tuck 4.20 Nip/Tuck 5.10

UKTÝ Gold

UNITY Gold
1.10 My Family 1.50 My Family
2.30 Keeping Up Appearances
3.10 Last of the Summer Wine
3.50 My Hero 4.30 dinnerladies
5.10 My Family 5.50 My Family
6.30 Morecambe and Wise
The Greatest Moment 8.00 Film:
1/2 Pallmaties II (/2000) 1.00 102 Dalmatians U (2000) 10.00 Film: Terminator 3: Rise of the Machines 12 (2003) 12.10 The Macnines 12 (2003) 12.10 I lie Catherine Tate Christmas Show 1.00 Doctor Who 1.55 Doctor Who 2.40 TV Now and Then 3.10 TV Now and Then 3.45 Starstruck Classics 3.50 TV Now and Then 4.20 Close Up 4.30 Charlie's Angels 5.15 ose Up 5.30 2point4 Children

1.00 Catlow PG (1971) 3.00 1.00 Catlow PG (1971) 3.00 The Big Sleep PG (1946) 5.00 Lust for Life PG (1956) 7.10 Hearts of the West PG (1975) 9.00 The Right Stuff 15 (1983) 12.25 Children of the Damned 15 (1964) 1.55 Teleshopping 2.10 All About Bette: The Life and Films of Bette Davis 3.05 The Man Who Came to Dinner U (1941) 5.00 The VIPs U (1963)

U(1941) 5.00 The VIPS U(1963)
The Disney Channel
Kids' programmes from 7am,
except: 4.00 Film: Up, Up and
Away! U (2000) Disney
comedy, starring Robert
Townsend.

# **MOVIES**

# Sky Movies Drama

7.00 A Time to Decide PG 7.00 A Time to Decide PG (2000) 8.45 School Ties PG (1992) 10.45 Love Letters PG (1992) 10.45 Love Letters PG (1999) 12.30 Walk the Line 12 (2005) With Joaquin Phoenix. 3.00 School Ties PG (1992) With Chris O'Donnell. 5.00 Drama Close Up 5.30 The White Countess PG (2005) With Ralph Fiennes. 8.00 Walk the Line 12 (2005) With the Line 12 (2005) With Joaquin Phoenix, 10,30 Disclosure 18 (1994) With Disclosure 18 (1994) With Michael Douglas. 12.45 The Ice Storm 15 (1997) With Sigourney Weaver. 2.45 Piccadilly Jim 12 (2004) With Sam Rockwell. 4.35 A Time to Decide PG (2000)

# Sky Movies Comedy

6.25 Shooting Fish 12 (1997) 8.30 Date Movie 12 (2006) 10.10 Enchanted Special 10.40 Click 12 (2006) 12.45 The Top 10 Show 1.00 Madagascar U (2005) With Ben Stiller. 2.30 (2005) With Ben Stiller. 2.30 Shopgirl 15 (2005) With Claire Danes. 4.30 Picture Perfect PG (1997) With Jennifer Aniston. 6.15 The Top 10 Show 6.30 Madagascar U (2005) With Ben Stiller. 8.00 Click 12 (2006) With Adam Sandler. 10.00 Date Movie 12 (2006) With Alyson Hannigan. 11.30 Shopgirl 15 (2005) With Claire Danes. 1.25 I'm Gonna Git You Sucka 15 With Claire Danes. 1.25 I'm Gonna Git You Sucka 15 (1988) With Keenen Ivory Wayans. 3.05 Shooting Fish 12 (1997) 5.05 Picture 12 (1997) 5.05 Picture Perfect PG (1997)

# Sky Movies Action

6.20 Silverado PG (1985) 6.20 Silverado PG (1985) 8.40 Inside Man 15 (2006) 11.00 Tristan and Isolde 12 (2005) With James Franco. 1.20 Snakes on a Plane 15 (2006) With Samuel L Jackson. 3.15 The Abyss: Special Edition 15 (1989) With Ed Harris. 6.15 Action & Thriller Close IIn Action & Thriller Close Up 6.45 Inside Man 15 (2006) With Denzel Washington 9.00 Snakes on a Plane 19 (2006) With Samuel J Jackson. 10.50 Crank 18 (2006) With Samuel L Jackson. 10.50 Crank 18 (2006) With Jason Statham. 12.25 Tristan and Isolde 12 (2005) With James Franco. 2.35 Gridlock'd 18 (1997) With Tupac Shakur. 4.10 Silverado PG (1985)

(R)-repeatprogramme;

(T)-program mewith tele

text subtitles:

(S)-programme broad-

castin stereo:

(bw)-black and white.

# Sky Sports 1

6.00 Premier League Preview 6.30 6.00 Premier League Preview 6.30
Hatton v Mayweather 24/7 7.30
Champions League Weekly 8.00
Premier League Preview 8.30
Hatton v Mayweather 24/7 9.00
Soccer AM 12.00 Hatton v
Mayweather 24/7 12.30 Live
Football Special. Aston Villa v
Portsmouth (Kick-off 12 45pm) Portsmouth (Kick-off 12.45pm) 3.00 Soccer Saturday 5.15 Live Saturday Night Football Saturday Night Football. Wolverhampton Wanderers v Burnley (Kick-off 5.20pm), 7.55 Hatton v Mayweather 24/7 8.25 Football First 10.15 Football First 11.45 Football First 11.45 Football First 2.45 Champions League Weekly 3.15 Max Power 4.15 Spanish Football 5.45 Sky Sports Classics

15

# Sky Sports 2

6.00 Live Test Cricket. India v Pakistan. 11.30 NFL Weekly Review 12.00 World Sport 12.30 Rally World 1.00 Live European Rugby Union. Clermont Auvergne v London Wasps (Kick-off 1.35pm). 30 Live European Bugby Union. 3.30 Live European Rugby Union Leicester Tigers v Toulouse (Kick-off 3.30pm). 5.30 Live European Rugby Union, Llanelli Scarlets v Munster (Kick-off 5.30pm), 7.30 Munster (Kick-off 5.30pm). 7.30 Live European Rugby Union. Bayonne v Sale Sharks (Kick-off 7.45pm). 10.00 Test Cricket 12.00 NFL: Playbook 1.00 Golf Night 4.00 World Sport 4.30 Live Test Cricket. Sri Lanka v England

# Sky Sports 3

6.00 Sports Unlimited 7.00 Rally World 7.30 Women's Golf 10.30 Live European Tour Golf. The Alfred Dunhill Championship. 2.30 World Sport 3.00 Max Power 4.00 Hatton v Mayweather 24/7 4.30 WWE Smackdown 6.30 Golf Night 9.30 Extreme Championship Wrestling 10.30 WWE: Late Night-Smackdown 12.30 WWE: Late Night - Bottom Line 1.30 Test Cricket 3.30 Motor Racing 5.30 World Sport

# British Eurosport

7.30 Eurogoals 8.00 Ski Jumping 8.30 Live Curling. The women's European Championship final. 11.00 European Championship final. 11.00 Live Cross-Country Skiing. The World Cup meeting from Davos. 11.45 Live Biathlon. World Cup coverage from Hochfilzen. 12.45 Nordic Combined Skiing. 1.00 Live Nordic Combined Skiing. World Cup coverage from Trondheim, Norway. 1.45 Live Biathlon. World Cup coverage from Hochfilzen. 2.45 Ski Lymping. 300 Live. Ski. Lymping. Jumping 3.00 Live Ski Jumping. World Cup coverage from Trondheim. 4.45 Eurosport Buzz 5.15 Biathlon 5.45 Live Alpine Skiing 5.15 Biathlon 5.45 Live Alpine Skiing.
World Cup coverage from Aspen.
7.15 Live Snooker: UK
Championship. First-round coverage
from the Telford International Centre.
10.30 Boxing 11.30 World Rally
Championship 12.30 Eurosport Buzz 1.00 Close

# Sky Sports Xtra

6.00 Tight Lines 7.00 Big League Weekend 8.00 World Sport 8.30 Champions League Weekly 9.00 NFL: America's Game 10.00 Hatton v Mayweather 24/7 10.30 WWE: Smackdown 12.30 WWE: Botton Line 1.30 NFL: Total Access 2.30 Test Cricket 4.30 World Sport 5.00 NFL: Total Access 6.00 Test Cricket NFL: Total Access 6.00 Test Cricket NFL: Total Access 6.00 Test Cricket 8.00 Champions League Weekly 8.30 Live Spanish Football. A La Liga match. 11.00 Max Power 12.00 Motor Racing 2.00 Sports Unlimited 3.00 Race World 4.00 Live Test Cricket. India v Pakistan.

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# BBC1

6.00 Breakfast (T) 7.45 Match of the Day (T) 9.00 The Andrew Marr Show. (T) 10.00 Christmas Voices. (T) 11.00 Countryfile. (T) 12.00 The Politics Show. (T) 1.00 'Allo 'Allo (R) (T) 1.25 EastEnders. (T) 3.15 Points of View. (T) 3.30 Robin Hood. (R) (T) 4.15 Songs of Praise. (T) 4.50 BBC News; Regional News; Weather. (T)

5.15 Cranford. Mr Carter asks Lady Ludlow to intervene when Job Gregson is blamed for a spate of thefts that have hit the town, and Matty spends an enjoyable day on Mr Holbrook's farm. (R) (T)

Holbrook's farm. (R) (T) Strictly Come Dancing. Cliff Richard performs his latest single When I Need You and two couples face a dance-off, hoping to avoid elimination before next week's semi-final. Bruce Forsyth and Tess Daly present. (T) Sports Personality of the Year 2007. Sue Barker and Gary Lineker present a review of the year's sportion highlights at the NFC

of the year's sporting highlights at the NEC in Birmingham, as memorable performin Birmingnam, as memorable performances and outstanding achievements are celebrated, before the announcement of the 54th recipient of the award. This year's honour is likely to go to Britain's latest Formula One sensation Lewis Hamilton, who finished runner-up behind Kimi Raikkonen in his debut season. Boxers Ricky Hatton and Joe Calzanhe are also in Ricky Hatton and Joe Calzaghe are also in with a chance, while the outsiders include 2002 winner Paula Radcliffe and World Superbikes champion James Toseland Subsequent programmes are subject to

Subsequent programmes are subject to change. (T)
Cranford. Miss Matty confides in Mary about Mr Holbrook, prompting her to inform Major Gordon of Jessie's regret over not marrying him. Dr Harrison informs Rev Hutton of his intentions towards Sophy and asks permission to court her hissefully. asks permission to court her, blissfully unaware that his generosity towards Mrs Rose has accidentally created an unlikely love triangle. Penultimate episode of the

love triangle. Penultimate episode of the costume drama, starring Judi Dench, Michael Gambon and Simon Woods. (T) 10.00 BBC News; Weather. (T) 10.20 Dawn French's Boys Who Do Comedy. New series. The comedienne interviews popular funnymen about the nature of comedy. Robin Williams, Steve Coogan, Simon Pegg and John Cleese are among those stars discussing their careers to date (T)

10.50 FILM: The Alamo (2004). Premiere. Historical Western adventure, starring Dennis

cal Western adventure, starring Dennis Quaid; (†) Weatherview. 1.00 Sign Zone: Watchdog. (R) (†) 1.30 Sign Zone: Holby City. (R) (†) 2.30 Sign Zone: The Nature of Britain. (R) (†) 3.20 Sign Zone: Heir Hunters. (R) (†) 4.05 Sign Zone: Heir Hunters. (R) (†) 4.50 BBC News 24. (†)



# Pick of the Day

The Royal Variety Performance 2007 (ITV1 Granada, 8pm)
The Royal Variety Performance may claim to be bigger and better every year,
but the 2007 event really does promise to be one of the best shows of its kind
ever seen. This year's event features more stars than there are in the night
sky, strutting their funky stuff in front of a packed audience. If variety happens
to be the spice of your life, then this most spectacular of extravaganzas is
likely to pep up Sunday night's viewing no end, with two hours of the stuff of
which showbiz legends are made - even if funing in means you have to miss which showbiz legends are made - even if tuning in means you have to miss the equally impressive BBC Sports Personality of the Year contest. Recorded the equally impressive BBC Sports Personality of the Year Contest. Hecorded at Liverpool's Empire Theatre on December 3, the show to end all shows features a glittering array of faces from the worlds of comedy, theatre, music, dance and cinema. Among those performing will be Paul Potts, who won the opportunity to appear by bagging the Britain's Got Talent title earlier this year. Others on the bill include Bon Jovi, James Blunt, Joan Rivers, Enrique Iglesias, Russell Brand, Seal and the cast of West-End hit Hairspray. Phillip Schofield and Kate Thornton host.

# BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 Teletubbies. (R) (T) 6.45 Step Inside. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.20 Pinky and the Brain. (B) (T) (T) 7.20 Pinky and the Brain. (R) (T) 7.45 Even Stevens. (R) (T) 8.05 The Basil Brush Show. (R) (T) 8.30 SMart. With athlete Iwan Thomas. (T) 9.30 Hedz. Jamie Oliver goes camping. (T) 10.00 Something for the Weekend. (T) 11.30 Rugby Union. (T) 12.30 Athletics. The European Cross Country Championships. (T) 1.35 Live Seniors Tennis. The BlackRock Masters final. (T) 3.00 Live Snooker: UK Championship. This afternoon's first-rough. This afternoon's first-round matches. (T) 6.00 Earth: The Power of the Planet. (R) (T) 7.00 The Nature of Britain. How wildlife thrives in unexpected places. Last in series. (R) (T) 8.00 Coast. The team journey along the Welsh coastline and explore how Swansea's monopoly of the copper trade in the 18th and 19th contricts belond Not. afternoon's first-round nopoly of the copper trade in the 18th and 19th centuries helped Nelson achieve victory at Trafalgar. (R) (T) 9.00 Top Gear. The three presenters enter a 24-hour endurance race at Silverstone, which proves to be one of their toughest challenges to date, and the Ferrari 430 Scuderia takes to the test track. (T) 10.00 Match of the Day 2. Highlights include Middlesbrough v Arsenal. (T) 11.00 Graham Norton Uncut. (T) 11.45 Heroes. (R) (T) 12.30 Heroes. 11.00 Granam Norton Oncut. (1) 11.45 Heroes. (R) (T) 12.30 Heroes. Isaac's predictions for the future begin to unfold. Last in series. (R) (T) 1.15 Snooker: UK Championship. (T) 2.05 Snooker Extra. (T) 4.00 BBC News 24. (T) 4.50 Close.

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. Tula's Humpty Dumpty is too floppy. (R) (T) 7.00 Transworld Sport. (T) 7.55 World Cup Skiing. 8.55 T4: The OC. Marissa takes Too hoppy. (H) (1) 7.00 transworld Sport. (T) 7.55 World Cup Skings. 8.55 T4: The OC. Marissa takes her friends to Palm Springs. (R) (T) 9.55 T4: Hollyoaks. (T) 12.30 T4: MobileAct Unsigned. Four eliminated bands compete to rejoin the competition. (T) 1.30 T4: Ugly Betty. (R) (T) 2.30 T4: T4'S Global Warming. (T) 3.35 T4: The Simpsons. (R) (T) 4.05 T4: The Simpsons. (R) (T) 4.05 T4: The Simpsons. (R) 4.40 FILM: T4: Nutty Professor II: The Klumps (2000). Comedy sequel, starring Eddie Murphy. (T) 6.25 Scrapheap Challenge. (T) 7.30 Channel 4 News. (T) 8.00 FILM: Miss Congeniality (2000). A female FBI agent is forced to go undercover at a beauty contest to prevent a serial killer from claiming another victim. killer from claiming another victim. Undemanding comedy, starring Sandra Bullock. (T) 10.00 FILM: In America (2003). Premiere. An Irish America (2003). Premiere. An Irish family try to put their tragic past behind them and start a new life in America, but life in New York proves tougher than expected. Acclaimed drama, starring Samantha Morton and Paddy Considine. (T) 12.00 UK Poker Tour. 1.00 FILM: Mischief Night (2006). Premiere. Comedy drama starring Kelli Hollis. (T) right (2006). Premiere. Comedy drama, starring Kelli Hollis. (T) 2.40 4Music: Transmission. Performances by Kasabian and Babyshambles. (R) (T) 3.40 MobileAct Unsigned. (R) (T) 4.40 Headland. (R) (T) 5.25 Countdown. (R) (T)

# FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 The Beeps. (R) (T) 6.25 My First. (R) (T) 6.30 Thomas & Friends. First. (R) (T) 6.30 Thomas & Friends. (R) (T) 6.40 Angels of Jarm. (T) 6.50 Hi-5. (R) (T) 7.25 Hana's Helpline. (R) (T) 7.40 The Beeps. (T) 7.55 Harry and His Bucket Full of Dinosaurs. (T) 8.05 Harry and His Bucket Full of Dinosaurs. (T) 8.25 The Book of Pooh. (R) (T) 8.55 Roobarb and Custard Too. (R) (T) 9.05 Funky Valley. (T) 9.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.35 Franklin. (R) (T) 10.30 Hannah Montana. (T) 10.30 Hannah Montana. (T) 11.00 8 Simple Rules. (T) 11.30 Be tana. (T) 10.30 Hannah Montana. (T) 11.00 8 Simple Rules. (T) 11.30 Beyond the Break. (T) 12.00 FILM: Columbo: Short Fuse (1972). Detective drama, starring Peter Falk. (T) 1.30 Football Italiano. Juventus v Atalanta (kick-off 2.00pm). (T) 4.20 FILM: The Spy Who Came in from the Cold (1966). Espionage thriller, starring Richard Burton. (T) (bw) 6.20 five news and sport. (T) 6.30 FILM: Sphere (1998). A team of scientists attempt (1998). A team of scientists attempt to unlock the secrets contained in a mysterious alien artefact found on mysterious alien artefact found on the seabed. Moody sci-fi thriller, star-ring Dustin Hoffman: (T) five news at 9.9.00 FiLM: Black Hawk Down (2001). Ridley Scott's harrowing Oscar-win-ning drama chronicling the true story of a disastrous military mission in Somalia. Josh Hartnett, Eric Bana and Ewan McGregor star. (T) 11.40 and Ewan McGregor star. (T) 11.40 Disorderly Conduct. (R) (T) 12.45 Natural Born Racers. (T) 1.1 Live. 4.50 Kickboxing: Now Time - Night of Combat. Motorsport Mundial.

5.30 TTV Morning News. (T) 6.00 GMTV. (T) 9.25 The Championship. (T) 10.25 CITV: Art Attack. (R) (T) 10.50 Finger Tips. (R) (T) 11.10 Jim Jam & Sunny. (T) 11.25 Jim Jam & Sunny. (T) 11.50 Jim Jam & Sunny. (T) 11.40 Pocoyo. (R) (T) 11.50 Planet Sketch. (R) 12.05 ITV News and Weather. (T) 12.10 London Today, Weather. (T) 12.15 FLM: Beethoven's 4th (2001). Premiere. Comedy, starring Judge Reinhold. (T) 2.00 The X Factor. (R) 0.3 30 The X Factor. (T) 10.30 The X Factor. (T) 2.00 The X Factor, (R) (T) 3.30 The X Factor - The (1) 2.00 The X Factor. (F) (1) 3.30 The X Factor - The Results. (R) (T) 4.00 London Tonight; Weather. (T) 4.10 FILM: Star Wars: Episode II - Attack of the Clones (2002). Sci-fi sequel, starring Ewan McGregor. (T)

ITV News and Weather, (T)

Emmerdale, Gray locates Rosemary and Emmerdale. Gray locates Kosemary and discovers she's plotting revenge on Matthew. Ashley and Laurel panic when they realise their children are missing and Paul tells Nicola he's leaving. (T) Coronation Street. Ryan runs into the pub in a state of panic when his stalker approaches him. Gail suggests Sarah and Jason move out to avoid any more anone with David and Steve

Gail suggests Sarah and Jason move out to avoid any more aggro with David, and Steve considers employing Jim. (T)
The Royal Variety Performance 2007. In the presence of Her Majesty the Queen and the Duke of Edinburgh, Kate Thornton and Phillip Schoffield host the 79th annual showbusiness spectacular, coming for the first time from The Empire Theatre, Liverpool ahead of the city's year as 2008 European Capital of Culture. Topping the bill are rock band Bon Jovi, plus performances by opera icon Kiri Te Kanawa, performances by opera icon Kiri Te Kanawa and prima ballerina Darcey Bussell alongside mezzo Katherine Jenkins. Also singing are Enrique Iglesias, James Blunt, Paul Potts and Enrique Iglesias, James Blunt, Paul Potts and Seal, and the English National Ballet dance an excerpt from The Nutcracker. Other performers include the cast of West End hit Hairspray, and comedians Al Murray, Stephen K Amos and Big Howard, Little Howard. (T) 10.30 ITV News and Weather, Weather. (T) 10.45 The Making of Viva La Diva: The South Bank Show. Melvyn Bragg documents the song and dance spectacular, featuring prima ballerina Darcey Bussell and opera superstar Katherine Jenkins, from the first states of the show's development. Darcey

superstar Katherine Jenkins, from the first stages of the show's development. Darcey takes on the challenge of different styles of dance, while Katherine joins her in a series of ambitious routines and attends singing lessons to master songs outside her usual repertoire. Plus exclusive footage of Viva La Diva's opening night in Manchester. (T)

11.45 Alpha - Did It Change Their Lives? Revis-11.45 Alpha - Did It Change Their Lives? Revisiting the 10 young people who took the Alpha course in Christianity seven years ago, and asking them if it led them to faith and whether it changed their lives. (T) 12.45 Faith and Music. (R) (T) 1.35 FILM: Drive Me Crazy (1999). Comedy, starring Melissa Joan Hart; (T) ITV News Headlines. 3.05 The Jeremy Kyle Show. (R) (T) 4.05 ITV Nightscreen.

# LOCAL

0630 Fátima, 90 Anos de Fé 1300 News 1400 Só Visto 1430 Top + 1500 Perdidos 1500 My Best Friend's Wdding, film 2100 As Escolhas de Marcelo Rebelo de Sousa 2130 Gato Fedorento 2230 Conta-me Como 2330 The Reuit, film 0130 Foyle's War: They Fought in the Fields, film 0400 Telesales 0605 Nós

0700 Euronews 0730 Músicas de Áfirca 0830 África@global 0900 Caminhos 0930 70x7 1000 Nós 1100 Indisciplinas 1130 Consigo 1200 Vida Por Vida 1230 Olhar o Mundo 1300 The Simpsons 1330 Bombordo 1400 Simpsons 1330 Bombordo 1400 Discovery Hour 1900 Arte & Emoção 1930 Diga lá Excelência 2030 The Simpsons 2100 Entre Pratos 2130 A Alma e Gente 2200 News 2240 Câmanba Clara 2330 Britcom 0030 Onda Curta 0130 Parlamento 0200 A Alma e Gente 0230 Euronews 0245 a Gente 0230 Euronews 0245

0700 Floribella 0830 Sic Kids 0700 Floribella 0830 Sic Kids 1100 Fátima 1300 News 1400 Film Tba 1530 Film TBA 1800 Film TBA 2000 News 2130 Familia Superstar 0100 Hora H 0145 Film TBA 0345 Quando o Telefone

Sport 0600 Euronews

Sic

0645 0645 Children's TV 0900 Morangos Com Açucar 1100 Morangos Com Açucar 1100
Missa Braga 1230 Oltavo Dia
1300 News 1410 Top + 1530
Ciclismo: Tour of Frande 1630
Film TBA 1845 O Preço Certo
1945 A Voz do Cidadão 2000
News 2130 Morangos Com Açucar 2230 Ilha dos Amores 2330 Doce Fugitiva 0130 Film TBA 0215 Toca a Ganhar 0330 O Escritório 0400 Film TBA 0500

# Best of the Rest

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 The All New House of Tiny Tearaways 9.00 Don't Tell the Bride 10.00 Tittybangbang 10.30 The Mighty Boosh 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 Don't the Bride Tell the Bride 12.55 Tittybangbang 1.25 Heroes Unmasked: The Story So Far 2.25 The All New House of Tiny Tearaways 3.20 Two Pints of Lager and a Packet of Crisps 3.50 Two Pints of Lager and a Packet of Crisps 4.20 The Mighty Boosh 4.50 Close BBC4

BBC4
7.00 Flying Visits - Destination
Mars 7.10 Space Odyssey: The
Robot Pioneers 8.00 A
Satellite's Tale 9.00 The Sky at
Night 10.00 Love Soup 11.00
More Dawn French's Boys Who
Do Compedy 11.30 The Late Do Comedy 11.30 The Late Edition 12.00 The History of the World Backwards 12.30 More Dawn French's Boys Who More Dawn French's Boys Who Do Comedy 1.00 The Sky at Night 2.00 A Satellite's Tale 3.00 The Late Edition 3.30 The History of the World Backwards 4.00 Close

2.40 Film: Back to the Future Part II PG (1989) 4.35 Coronation Street 7.00 The X Factor 8.25 The X Factor - The Factor 8.25 The X Factor - The Results 9.00 Katie & Peter: Unleashed 10.00 Film: Mad Max Beyond Thunderdome 15 (1985) 12.05 Coronation Street 12.35 Film: In the Line of Fire 15 (1993) 3.00 The X Factor 4.30 The X Factor - The Results 5.00 Teleshopping 6.00 Close 5.00 Teleshopping 6.00 Close **Sky One**  1.00 Conspiracies 2.00 Project Runway 3.00 Spice Girls: 10 Years of Girl Power 4.00 Futurama 4.30 Cirque -Backstage at the Big Top 5.00 The Simpsons 5.30 The Simpsons 6.00 Are You Smarter Than a 10 Year Old? 7.00 The Simpsons 7.30 Cirque de Celebrite 9.00 Bones 10.00 Celebrite 9.00 Bones 10.00 Bones 10.00 Bones 10.00 Robbie Williams at the Royal Albert Hall 11.30 Pop Years 12.30 Street Wars 1.30 Bones 2.20 America's Dumbest Criminals 2.45 Nip/Tuck 4.15 Nip/Tuck 5.05 Buffy the Vampire Slayer

# **UKTV** Gold

1.25 Morecambe and Wise The Greatest Moment 2.55 Only The Greatest Moment 2.55 Only Fools and Horses 4.00 Only Fools and Horses 4.40 Only Fools and Horses 5.20 Only Fools and Horses 6.00 Film: 102 Dalmatians U (2000) 8.00 Film: Terminator 3: Rise of the Machines 12 (2003) 10.10 Machines 12 (2003) 10.10 Victoria Wood Live 12.10 Only Fools and Horses 1.15 Only Fools and Horses 2.10 Justice 2.55 In Justice 3.35 Close Up 3.45 Charlie's Angels 4.35 Charlie's Angels 5.25 →.35 Onarlie's Angels 5 Close Up 5.35 Neighbours TCM

.00 Ninotchka PG (1939) 3.00 7 Women PG (1966) 4.35 Song of Love U (1947) 7.00 Mrs Soffel PG (1984) 9.00 The Wild Sortie PG (1984) 9.00 The Wind Geese 1 5 (1978) 11.35 Reckless 18 (1984) 1.10 The Fearless Vampire Killers 12 (1967) 2.55 Teleshopping 3.10 Bhowani Junction PG (1957) The Disney Channel Kids' programmes from 7am.

Kids' programmes from 7am, except: 4.00 Film: Cadet Kelly U (2002) Comedy, starring Hilary Duff.

# MOVIES

# Sky Movies Drama

6.25 Undercover Angel PG (1998) 8.00 Michael PG (1996) 10.00 Educating Rita 15 (1983) 12.00 The Killing of John Lennor Special 12.20 Pacific Heights 15 (1990) With Michael Keaton. 15 (1990) With Michael Keaton. 2.10 Undercover Angel PG (1998) With Dean Winters. 3.45 Dear God PG (1996) With Greg Kinnear. 5.40 Drama Close Up 6.10 Michael PG (1996) With John Travolta. 8.00 Pacific Heights 15 (1990) With Michael Keaton. 10.00 Education Rita 15 Keaton. 10.00 Educating Rita 15 (1983) With Michael Caine. 12.00 Salvador 18 (1986) With Jam Woods. 2.20 Whiskey Down 15 (1995) With Sean Patrick Flanery. 4.10 Undercover Angel PG (1998)

# Sky Movies Comedy

6.50 The Top 10 Show 7.05 Home Team PG (1998) 8.45 The Brady Bunch in the White House 12 (2002) 10.20 Cheaper By the Dozen 2 PG (2005) 12.05 Premiere Close Up 12.35 Failure to Launch 12 (2006) With Matthew McConaughey. 2.20 The Ringer 12 (2005) With Johnny Knoxville. 4.00 Sky High PG 6.25 Night Falls on Manhattan 15 (1997) 8.25 Deceived 15 (1991) 10.25 No Way Out 15 (1987) 12.35 Night Falls on Manhattan 15 (1997) With Andy Garcia. 2.35 Starman PG (1984) With Jeff Bridges. 4.40 No Way Out 15 (1987) With Kevin Costner. 6.40 Conspiracy Theory 15 (1997) With Mel Gibson. 9.00 The General's Daughter 18 (1999) With John Travolta. 11.00 Maximum Risk 18 (1996) With Jean-Claude Van Damme. 12.45 Inferno 18 (1999) With Jean Claude Van Damme. 2.29 Claude Van Damme. 2 Deceived 15 (1991) With Go 2.25

Hawn, 4.20 Starman PG (1984)

(2005) With Johnny Knoxville 1.05 American Pie Presents

1.05 American Pie Presents: The Naked Mile 15 (2006) With John White. 2.50 The Brady Bunch in the White House 12 (2002) With Shelley Long. 4.20 Sky High PG (2005)

Sky Movies Action

ebratino Look out for our anniversary issue in December

# (2005) With Kurt Russell. 5.45 (2005) With Kurt Russell. 5.45 Comedy Close Up 6.15 Cheaper By the Dozen 2 PG (2005) With Steve Martin. 8.00 Failure to Launch 12 (2006) With Matthew McConaughey. 9.40 Rumor Has It 12 (2005) With Jennifer Aniston. 11.25 The Ringer 12 (2005) With Jennyn Knoxyllle. Sky Sports 1

6.00 FIFA Futbol Mundial 6.30 Champions League Weekly 7.00 Football First 8.30 Football First 10.00 The Sunday Supplement 11.00 Sunday Supplement 11.00 Goals on Sunday 1.00 Live Football League. Stoke City v Watford (Kick-off 1.30pm). 3.00 Live Super Sunday. Blackburn Rovers v West Ham United (Kick-off 4.00pm). 6.30 Super Sunday: The Last Word 7.00 Live Spanish Football. A La Liga match. 10.00 Football First 11.30 Football First 1.00 Spanish Football 3.00 Test Cricket 4.30 Football 3.00 Test Cricket 4.30 Champions League Weekly 5.00 Live Test Cricket. Sri Lanka v England.

# Sky Sports 2

6.00 Live Test Cricket. Sri Lanka v England. 12.30 Live European Rugby Union. Glasgow Warriors v Biarritz (Kick-off 1.00pm). 3.00 Live (Kick-off 1.00pm). 3.00 Live European Rugby Union. Stade Francais v Cardiff Blues (Kick-off 3.00pm). 5.00 Powerboating 5.30 NFL: Who 1s? 6.00 Live NFL. Philadelphia Eagles v New York Giants (Kick-off 6.00pm). 9.00 Live NFL. New England Patriots v Pittsburgh Steelers (Kick-off 9.15pm). 100 Live (Kick-off 9.15pm). 1.00 Live NFL 5.00 Close

# Sky Sports 3

6.00 Spanish Football 7.30 Women's Golf 10.30 Live European Tour Golf. The Alfred Dunhill Championship. 2.30 Test Cricket 4.30 WWE: Cricket 5.00

Experience 6.00 Golf Night 9.00 Test Cricket 11.00 Test Cricket 11.30 WWE: Late Night - Afterburn 12.30 WWE: Heat 1.30 Golf Night 4.30 Close

# British Eurosport

7.30 Eurosport Buzz 8.00 7.30 Eurosport Buzz 8.00 Curling 9.00 Live Cross-Country Skiing. The World Cup meeting from Davos. 10.00 Live Biathlon. World Cup coverage from Hochfilzen. 11.45 Live Nordic Combined Skiing. World Cup coverage from Trondheim, Norway. 21.5 Ski Limpion 12.45 Live Act Live Norway. 12.15 Ski Jumping 12.45 Live Ski Jumping. World Cup coverage from Trondheim. 2.30 Biathlon 3.30 Live 2.30 Biathlon 3.30 Live Snooker: UK Championship. First-round coverage from the Telford International Centre. 7.00 Live Snooker: UK Championship. Further coverage from the opening round. 10.30 Winterpark Weekend 11.00 Alpine Skling 11.30 Alpine Skling 12.00 Winterpark Weekend 11.00 Alpine Skling 12.00 Winterpark Weekend 11.00 Alpine Skling 12.00 Minterpark Weekend 11.00 Minterpa Winterpark Weekend 12.30

# Sky Sports Xtra

6.00 Wild i.00 Live Test Cricket 11.30 Vild Spirits 12.00 Wild Spirits 12.00 Powerboating 12.30 NFL: Who Is? 1.00 NFL: Total Access Is? 1.00 NFL: Total Access 2.00 WWE: Heat 3.00 WWE: Afterburn 4.00 NFL: Total Access 5.00 Squash 6.00 Squash 7.00 European Rugby Special 10.00 Squash 11.00 Squash 11.00 Squash 11.00 Test Cricket 2.00 Test Cricket 2.30 Watersports World 3.30 Powerboating 4.00 Live Test Cricket. India v Pakistan.

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6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Escape to the Country; (T) BBC News; Weather. (T) 11.00 Open House. (T) 11.30 Car Booty; (R) (T) BBC vs: Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weatiner. (1) 1.2. 15 Cash in the Attic. (1) 1.00 BBC News; Weather. (1) 1.30 Regional News; Weather. (1) 1.40 Doctors. (1) 2.10 Neighbours. (1) 2.35 Diagnosis Murder. (R) (1) 3.20 BBC News; Weather; Regional News. (1) 3.25 CBBC: Dennis the Menace. (R) (1) 3.45 Arthur. (1) 4.00 Animalia; (1) Thumb Wrestling Federation: TWF. (1) 4.35 Lizzle WcGuire. (R) (1) 5.00 Beat the Boss. (R) (1) 5.25 Newsround. (T)

5.35 Neighbours. Paul enlists Adam's help to investigate the man he thinks he murdered, but Elle advises him to contact the family first. Oliver receives a writ from his brother contesting his stake in the Barnes empire. Disappointed with his poor exam results, Ringo lies to Rachel and Declan offers Bridget a joyride. (R) (T) BBC News: Weather. (T)

BBC News; Weather. (T)
Regional News Programmes; Weather. (T)
The ONE Show. (T)
Junior Mastermind. John Humphrys hosts as
children take their place in the infamous black
chair. Topics are Mahatma Gandhi, Antardica,
the Dutch artist Johannes Vermeer and the

the Dutch artist Johannes Vermeer and the Jurassic Park film trilogy. (T)
EastEnders. Billy's situation becomes desperate, while Honey prepares for Chistmas, happily unaware of their dire financial circumstances. Ronnie starts poking around in Jack's affairs as her suspicion of him increases. Stacey begins to feel unable to cope with Steven when he gets carried away at the club, and Max interferes in Lauren and Peter's relationship. (T) Panorama. Reporter Jane Corbin presents combat footage filmed by the soldiers themselves bat footage filmed by the soldiers themselves to tell the story of the last British fight in southern Iraq - the battle for Basra Palace. (T)

Iraq - the battle for Basra Palace. (T) Monarchy: The Royal Family at Work. The Queen meets with prime ministers present and future as she hosts the Balirs at Balmoral and receives a brief from Gordon Brown in advance of his final budget as chancellor. The Government makes plans for the monarch's first ever tour of the Baltic states, while the palace undergones its traditional and lengthy preparaundergoes its traditional and lengthy prepara-tions for the state opening of Parliament. (T) 10.00 BBC News at Ten O'Clock. (T)

10.25 Regional News; Weather. (T) 10.35 Live at the Apollo. Joan Rivers hosts the stand-10.35 Live at the Apollo. Joan Kivers hosts the stand-up show from the world-famous Hammersmith Apollo, with guest comedian Patrick Kielty. Topics discussed include bad parents and binge drinking. (T) 11.20 Fil.Mi. The Ghost and the Darkness (1996).

Adventure, starring Michael Douglas; (T) Weatherview

1.05 Sign Zone: Last Orders for Guinness? (R) (T) 1.35 Sign Zone: A Real Summer. (R) (T) 2.20 Sign Zone: Heir Hunters. (R) (T) 4.05 BBC News 24. (T)



Night Garden. (R) (T) 9.00 Me Too! (T) 9.20 Pingu. (R) 9.30 Jakers! (R) (T) Mr

9.20 Pingu. (R) 9.30 Jakers! (R) (T) Mr Tumble. (R) (T) 10.00 Pinky Dinky Doo. (T) 10.15 Numberjacks. (R) (T) 10.30 Schools: Around Scotland. (T) 10.50 BBC Primary History. (T) 11.10 BBC Primary History. (T) 11.30 Hands Upl (T) 11.45 Watch. (T) 12.00 The Daily Poli-tics. (T) 12.30 Working Lunch. (T) 1.00 Schools: KS2 Science Clips. (T) 1.10 KS2 Science Clips. (T) 1.20 Emotional Literacy. (T) 1.30 Live Snooker: UK Championship. This afternoon's first-

Pick of the Dav

Nigella Express (BBC2, 8.30pm)

TV cookery shows tend to come in three distinct varieties. There are the old-fashioned types like Delia Smith who look like they're presenting an Open University course. There are the modern chefs presenting an Open University course. There are the modern chefs who like getting their hands dirty and won't bat an eyelid at suggesting you use your forehead to crush the garlic cloves. Then there are the Rick Steins, who go for long walks with their dog whill pondering about how to make even more money out of fish. Nigella Lawson doesn't fit into any of these brackets. She's one on her own and she makes great TV. For a start, she looks like she's no stranger to a fish supper. The curry chef gives the impression that she's not above crumbling crisps into the top of her Pot Noodle if fancy takes her In this supper, series, she's at her very lest making cooking her. In this superb series, she's at her very best, making cooking fun, tucking in with friends and family, and generally having a jolly good time. Here, she demonstrates more of her favourite recipes good time. her own unique style

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.20 Frasier. (R) (T) 8.50 Frasier. (R) (T) 9.20 ER. (R) (T) 11.10 Without a Trace. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: AIR. (T) 12.35 Come Dine with Me. (R) (T) 1.05 How Clean Is Your House? (R) (T) 1.35 FILM: The Day Will Dawn (1942). World War Two adventure, starring Hugh Williams. (T) (by) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 2 Days of (T) 7.55 3 Minute Wonder: 12 Days of Christmas. New series. Christmasthemed films. (T) 8.00 Help Me Love My Baby. Concluding part. A mother who feels love for only one of her wins. (T) 9.00 Dispatches: Christmas Credit Crisis. Britain's borrowing culture after the global credit crunch. (T) 10.00 FILM: Happy Gilmore (1996). A violent former ice hockey player sets out to shatter the quiet world of golf with his skills. Crazy and likeable comedy, starring Adam Sandler. (T) 11.50 Led Zeppelin: Live Madison Square Garden 1973. (T) 12.20 Coming Up: A Man in a Box. (T) 12.55 FILM: The Story of the Weeping Camel (2004). Premiere. Acclaimed documentary about now control of the Comments of the Comments. (T) 7.55 3 Minute Wonder: 12 Days of Acclaimed documentary about no-madic tribes. (T) 2.30 World Cup Skiing. (R) 4.15 The Beginner's Guide to Yoga. (R) (T) 5.15 Headland. (R) (T)

# FIVF

6.00 Milkshakel: The Milkshakel Show. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 Angels of Jarm. (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (T) 7.20 Rupert Bear. (T) 7.35 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.30 Thomas 8 Friends. (R) (T) 8.40 Elmo's World. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 Hanrahan Investigates. (T) 1.30 Monkey Life. (R) (T) 2.00 FilLM: Two Came Back (1997). Adventure, starring Melissa Joan Hart. (T) 3.50 FilLM: I'll Be Home for Christmas (1998). Family com-Home for Christmas (1998). Family com edv. with Jonathan Taylor Thomas. (T) edy, with Jonathan laylor Inomas. (I) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 Human Guinea Pigs. The boys discover the hardships of womanhood. Last in series; (T) 7.30 five news update. 8.00 The Gadget Show. The team present a Christmas addect diff quide: T1 8.00 Christmas gadget gift guide; (T) 8.00 five news at 9. 9.00 Street Crime Live (T) 8.00 five news at 9. 9.00 Street Crime Live. Donal MacIntyre presents from Glasgow. (T) 10.00 FILM: The Glimmer Man (1996). A homicide detective investigates a series of ritual killings, only to come under suspicion of being the murderer. Action-packed thriller, starring Steven Seagal and Keenen Ivory Wayans. (T) 11.50 Sexilicious. (T) 12.50 NBA 360. 1.30 Live NFL. Atlanta Falcons v. New Orleans Saints (Kirk-off cons v New Orleans Saints (Kick-off 1.30am). 4.50 Race and Rally UK. 5.15

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 60 Minute Makeover. (T) 3.00 Rosemary Shrager's School for Cooks. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

5.00 Chris Tarrant's Great Pretender. Answering the questions correctly is only half the challenge in this show, which combines a quiz with the ultimate test of duplicity and bluff. With paranoia raging, after each round the contestant considered most impressive is voted off - so it's best not to appear too clever. (T)

London Tonight; Weather. (T)

ITV Evening News; Weather. (T)
Emmerdale. Gray plants evidence in Mat-

thew's car as revenge for his relationship with Perdy. Jack tells Diane that he still hasn't

Perdy, Jack tells Diane that he still hash't forgiven her for the affair and Val gives Paul her blessing. (T)

Coronation Street. Liam is shocked to discover the identity of Ryan's stalker as he waits to collect the youngster from school. Sarah tries to make Gail feel guilty for throwing her out, and finds an ally in Audrey's son Stenhen when he comes home for Christmas. Stephen when he comes home for Christmas Meanwhile. Steve offers his dad a job and Carla reveals to the factory girls that Maria is

Carla reveals to the factory girls that Maria is pregnant. (T)
Britain Sings Christmas. Kate Thornton presents the first of two programmes revealing the results of a poll to find the top 10 favourite Christmas songs as voted for by the public. The tunes are performed by a celebrity choir, including Gaby Roslin, Claire Goose, Pav. Quijn. Kim Wilfe Charlie Brooks. In Ray Quinn, Kim Wilde, Charlie Brooks, Jo Brand, Martin Fry and Antony Costa, under the tutelage of vocal coaches Carrie and David tutelage of vocal coaches Carme and David Grant. In a second programme to be shown just before Christmas, the choir will be seen recording an album of the songs backed by the London Philharmonic Orchestra, and Kate will reveal which of the songs the public has chosen as their favourite. (T) Coronation Street. Michelle faces a barrage druestings from Steve and Liam about the

questions from Steve and Liam about the stalker's allegations. A family meal gives David the chance to get Stephen on his side

and Jack lies to Vera. (T)
Blue Murder. Janine investigates the death of Blue Murder. Janine investigates the death of a family doctor, and when one of his colleagues disappears shortly afterwards she starts to suspect all of the surgery's staff may be in danger. (T)

ITV News; Weather. (T)

ELMA Sheuties. (2002) Remires. Conselve

10.30 ITV News; Weather. (T)
11.05 FILM: Showtime (2002). Premiere. Comedy, starring Robert De Niro. (T)
12.55 Champions League Weekly, (T) 1.25 Make Your Play; (T) ITV News Headlines. 4.20 Quincy ME. (R) (T) 5.10 CITV: Pocoyo. 5.20 Jim Jam & Sunny, (R) (T) 5.30 CITV: Pocoyo. 5.20 Jim Jam & Sunny, (R) (T) 5.30 Engie Benjy. (R) (T) 5.40 Curious George. (R) (T)

# LOCAL

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1415 Lingo 1530 Portugal no Coração 1800 Portugal em Directo 1900 Operação Triunfo no Coração 1800 Portugal em Directo 1900 Operação Triunfo 1900 O Preço Certo 1955 Direito de Antena 2000 Telesales 2100 Notas Soltas 2130 Sabe mais do que um Miúdo de 10 anos? 0200 Mauvais Esprit, film 0400 Telesales 0605 Nós RTP2

0700 Euronews 0715 Zig Zag 1300 0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé dos Homens 1900 Eurodeputados 1945 Zig Zag 2045 Todos Contra o Chris 2115 National Geographic 2145 A Hora da Sorte 2200 News 2240 Em Reportage, 2300 Roma 2345 Mundos 0030 noites da 2 2345 Mundos 0030 notes da 2 0115 Discovery Hour 0215 Diga là Excelência 0300 Eurodeputados 0330 Vida por Vida 0400 Sociedade Civil 0615 Euronews SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magia 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gente Se odinar é Que se Gente Se Entende 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança Film TBA 0315 Quando O Telefone Toca TVI

0700 Diário da Manha 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganha 1800 Morangos com Açucar – Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Doce rugitiva 2315 Tu e Eu 0015 Desaparecido Film TBA 0430 Que Loucura de Familia VII 0500 Telesales

# KS2 Science Clips. (T) 1.20 Emotional Literacy. (T) 1.30 Live Snooker: UK Championship. This afternoon's firstround matches. (T) 5.15 Weakest Link. (T) 6.00 Eggheads. (R) (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Live Snooker: UK Championship. Ray Stubbs is joined by John Parrott and Steve Davis for coverage of this evening's matches at the Telford International Centre, featuring the conclusion of the first round and two second-round games. (T) 8.00 University Challenge. The University of Manchester take on St Edmund Hall, Oxford. (T) 8.30 Nigella Express. The cook demonstrates festive food the express way. Last in series. (T) 9.00 Dragons' Den. Featuring a revolutionary light bulb fitting. (T) 10.00 Have I Got News for You. (R) (T) 10.30 Newsnight; Weather. (T) 12.10 Snooker: UK Championship. (T) 12.10 Snooker Extra. (T) 2.00 BBC News 24. (T) 4.05 Close. Best of the Rest

7.00 Sound 7.30 The Real 7.00 Sound 7.30 The Real Hustle 8.00 The All New House of Tiny Tearaways 9.00 Little Britain 9.30 Tittybangbang 10.00 EastEnders 10.30 Can Fat Teens Hunt? 11.30 Tittybangbang 12.00 The Real Hustle 12.25 Drunk and Disorderlies 1.25 Can Fat Teens Hunt? 2.25 The All New House of Tiny Tearaways 3.20 House of Tiny Tearaways 3,20 Drunk and Disorderlies 4.15

BBC4 7.00 World News Today 7.00 Weather 7.30 Film: Lucky Jim U (1957) 9.00 Never Had It So Good? 10.00 Love Soup 11.00 My Life as a Spy: Storyville 12.00 Watching the Russians 1.00 Never Had It So Good? 2.00 My Life as a Spy: Storyville 3.00 Watching the Russians 4.00 Close

ITV2 ITV2
1.00 Emmerdale 1.30 The
Jeremy Kyle Show 2.35 The
Jeremy Kyle Show 3.40 Ricki
Lake 4.25 Sally Jessy
Raphael 5.15 Airline 5.45
Judge Judy 7.00 The New Adventures of Superman 8.00 Airline 8.30 Airline 9.00 Film Airline 8.30 Airline 9.00 Film:
In the Line of Fire 15 (1993)
11.35 Coronation Street
12.05 Coronation Street
12.35 Katie & Peter:
Unleashed 1.35 Film:
Sleepless in Seattle PG
(1993) 3.35 Teleshopping 5.35
ITV2 Nightscreen 6.00 Close

Sky One 1.00 Cruise with Stelios: Caribbean 1.30 Lion Man 2.00 Bones 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 The

Simpsons Simpsons 8 30 The Simpsons 9.00 Road Wars 10.00 Ross Kemp: Teenage Gangs of South London 11.00 Journeyman 12.00 Ibiza Uncovered 1.00 Ibiza Uncovered 1.50 British Sex 2.40 Tbp Villa 3.20 Nis Teek 2.40 The Villa 3.30 Nip/Tuck 4.20 Nip/Tuck 5.10 Guilty! UKTV Gold

UKTV Gold
1.00 Porridge 1.40 The Good
Life 2.20 Keeping Up
Appearances 3.00 Open All
Hours 3.40 Porridge 4.20
My Family 5.00 My Hero 5.40
Keeping Up Appearances
6.20 dinnerladies 7.00 New
Tricks 8.00 New Tricks 9.00
My Family Christmas Special My Family Christmas Special 10.10 One Foot in the Grave 10.50 Blackadder II 11.30 10.50 Blackadder II 11.30 Blackadder II 12.10 The Worst Week of My Life 12.50 The Worst Week of My Life 1.30 Prison Break 2.20 Prison Break 3.05 TV Now and Then 3.35 TV Now and Then 4.05 Charlie's Appele Then 4.05 Charlie's Angels 4.55 Close Up 5.05 As Time Goes By 5.35 Neighbours TCM

1.00 Beau Brummell PG (1954) 3.00 The Barretts of Wimpole Street U (1934) 5.00 The Maltese Falcon PG (1941) 6.50 2010 PG (1984) 9.00 The Big Red One 15 (1980) 11.00 Diner 15 (1982) 2.50 Telephonping 1.05 12.50 Teleshopping 1.05 Sitting Target 15 (1972) 2.45 Friendly Pers Persuasion Bhowani

(1956) 5.00 Bhowani Junction PG (1956) **The Disney Channel** Kids' programmes from 7am, except:

# MOVIES

Sky Movies Drama

6.05 Long Road Home PG 6.05 Long Road Home PG (1991) 7.55 Saving Milly PG (2005) 9.40 The Starter Wife 11.30 Long Road Home PG (1991) With Mark Harmon. 1.20 Revolver 15 (2005) With Jason Statham. 3.20 Big Spender PG (2003) With Casper Van Dien. 4.55 The Starter Wife 6.25 Between Love and Honor PG (1995) With Grant Show. 8.00 Revolver 15 (2005) With Revolver 15 (2005) With Jason Statham. 10.00 Four Brothers 15 (2005) With Mark Wahlberg. 11.50 The Devil's Advocate 18 (1997) With Al Pacino. 2.15 The Killing of John Lennon Special 2.35 Our America 15 (2002) With Josh Charles. 4.15 Between Love and Honor PG (1995)

# Sky Movies Comedy

6.05 Boys Klub PG (2001) 7.50 Stay Tuned PG (1992) 9.25 Something New PG (2006) 11.10 He Said, She Said 12 (1991) With Kevin Bacon. 1.10 Stay Tuned PG (1992) With John Ritter. 2.40 You've Got Mail PG (1998) You've Got Mail PG (1998) With Tom Hanks. 4.45 The Honeymooners PG (2005) With Cedric the Entertainer. 6.20 Must Love Dogs 12 (2005) With Diane Lane. 8.00 You've Got Mail PG (1998) With Tom Hanks. 10.00 The Dukes of Hazzard 12 (2005) With Saan William Scott With Seann William Scott With Seann William Scott. 11.50 She's Having a Baby 15 (1988) With Kevin Bacon. 1.40 Something New PG (2006) With Sanaa Lathan. 3.20 Boys Klub PG (2001) 5.05 The

# Honeymooners PG (2005)

Sky Movies Action

6.20 Too Close to Home PG (1997) 8.00 14 Hours 12 (2005) 9.40 Fearless 12 (2006) 11.40 Red Eye 12 (2005) With Rachel McAdams. 1.15 The Black Dahlia 15 (2006) With Josh Hartnett. 3.20 14 Hours 12 (2005) With Packets 10 (2006) With Rick Schroder. 5.00 Action & Rick Schroder. 5.00 Action & Thriller Close Up 5.30 Fearless 15 (2006) With Jet Li. 7.30 Red Eye 12 (2005) With Rache McAdams. 9.00 The Black Dahlia 15 (2006) With Josh Hartnett. 11.05 Death Wish 18 (1974) With Charles Bronson. 12.45 Blade 18 (1998) With Wesley Snipes. 2.50 Silent Rage 18 (1982) With Chorks A.40 Too With Chuck Norris, 4,40 Too Close to Home PG (1997)

(R)-repeat programme:

(T) - programme with tele-

text subtitles:

(S)-programme broadcast

ing stereo;

(bw) - black and white.

# SPORT

Sky Sports 1 6.00 Live Test Cricket, Sri

6.00 Live Test Cricket. Sri Lanka v England. 12.30 Cricket Classics 1.00 Champions League Weekly 1.30 Football First 3.00 Test Cricket 5.00 Test Cricket 5.30 Test Cricket 7.30 Live FA Cup Football. A second-round replay. 10.00 Big League Weekend 11.30 Soccer AM: The Best Bits League Weekend 11.30 Soccer AM: The Best Bits Soccer AM: The Best Bits 12.30 Champions League Weekly 1.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Champions League Weekly 4.45 Sky Sports Classics 5.00 Live Test Cricket. Sri Lanka v England.

# Sky Sports 2

6.00 Good Morning Sports Fans 9.00 Aerobics Oz Style 9.30 High Altitude 10.00 Spanish Football 12.00 Powerboating 12.30 Golf Night 2.30 Powerboating 3.00 Spanish Football 5.00 Soccer AM: The Best Bits 6.00 Big League Weekend 6.00 Big League Weekend 7.30 Test Cricket 8.00 Test 7.30 lest Cricket 8.00 lest Cricket 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 WWE: Heat 1.00 FA Cup Football 2.30 Big League Weekend 4.00 Live Test Cricket. India v Pakistan Pakistan.

# Sky Sports 3

6.00 European Rugby Union Special 9.00 Golf Night 11.00 Racing News 11.30 Wild Spirits 12.00 NFL: Triple Header 3.00 Squash 4.00

Squash 5.00 WWE: Raw 7.00 Squash 5.00 wwe: Haw 7.00 Test Cricket 10.30 Test Cricket 12.30 Show Jumping 1.30 Live NFL Atlanta Falcons v New Orleans Saints (Kick-off 1.30am). 5.00 Close

# British Eurosport

7.30 Archery 8.00
Winterpark Weekend 8.30
Biathlon 9.30 Snooker: UK
Championship 10.30 Alpine
Skiing 11.30 Biathlon 12.30
Snooker: UK Championship
1.30 Live Snooker: UK
Championship. First-round
coverage from the Telford
International Centre. 5.00
Eurogoals 5.45 WATTS 6.00
Live Snooker: UK Live Snooker: Live Shooker: UK Championship. First-round coverage from the Telford International Centre. 10.00 FIA Gala 2007 11.00 Eurogoals 11.45 Timbersports Series 12.15 WATTS 12.30 Close

# Sky Sports Xtra

6.00 Live Test Cricket. India 6.00 Live Test Cricket. India v Pakistan. 11.30 Aerobics Oz Style 12.00 Show Jumping 1.00 European Rugby Special 4.00 High Altitude 4.30 Aerobics Oz Style 5.00 Wild Spirits 5.30 High Altitude 6.00 Airsports World 6.30 Show Jumping 7.30 World Motor Sport 10.00 Bhow Jumping 1.00 High Show Jumping 11.00 High Altitude 11.30 Wild Spirits 12.00 Airsports World 12.30 Powerboating 1.00 Altitude 1.30 Wild 0 High Spirits 2.00 Soccer AM: The Best Bits 3.00 Close

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# BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Escape to the Country; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.45 Arthur. (T) 4.00 Animalia; (T) Thumb Wrestling Federation: TWF. (T) 4.30 Prank Patrol. (T) 5.00 Federation: TWF. (T) 4.30 Prank Patrol. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

- 5.35 Neighbours. Paul's plans to make amends backfire. (R) (T) BBC News; Weather. (T)

- BBC News; Weather. (T)
  Regional News Programmes; Weather. (T)
  The ONE Show. (T)
  EastEnders. Phil plans to dig the dirt on Jack, but suffers an unexpected setback. Billy's housing crisis sends him to the council housing crisis sends him to the council offices for help, but his frustration leads to a violent outburst. Stacey is annoyed when Steven boasts about his exploits, and Peter and Lauren find an ally when they decide to skip school together. (T) Holby City. Elliot is in a terrible mood after learning of James's arrest - which has appalling repercussions for the rest of the staff when he takes it out on the already stressed STI nurse Tim. Chrissie discovers

stressed STI nurse Tim. Chrissie discovers Sam has cancer, Maddy is concerned that Sam has cancer, Maddy is concerned that Maria is becoming too emotionally involved with her patients, and a department store Santa receives a devastating diagnosis. (T) Spooks. The team are suspended following Ros's betrayal, but that only leaves them in the line of fire for a disgruntled former IRA terrorist about to detonate a bomb in the heart of London. Adam decides the only way to prevent America going to war with Iran is to reveal the truth about the Tehran train explosion, but doing so would destroy all explosion, but doing so would destroy all hopes of finding a diplomatic solution. (T) 10.00 BBC News at Ten O'Clock. (T)

10.00 BBC News at Ten O'Clock. (1) 10.25 Regional News; Weather. (T) 10.35 Mr & Mrs bin Laden. A five-times married Cheshire grandmother's marriage to a son of the world's most wanted man certainly raised eyebrows when revealed by the Press. In this programme, for the first time, Jane Felix Browne and Omar bin Laden discuss their unlikely relationship and the burden on both unlikely relationship, and the burden on both of bearing the name. Part of the One Life strand. (T)

strand. (1)

11.20 Film 2007 with Jonathan Ross. (T)

11.50 FilLM: Mimic (1997). Creepy horror, starring Mira Sorvino; (T) Weatherview.

1.35 Sign Zone: See Hear. (R) (T) 2.05 Sign Zone: Cranford. (R) (T) 3.05 Sign Zone: Great British Journeys. (R) (T) 4.05 Sign Zone: Calcutta Uncovered. (R) (T) 4.35 BBC News 24. (T)



# BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Doodle Do. (R) (T) 6.40 Boogie Beebies; (R) (T) LazyTown's Mini Workouts. (R) (T) 7.00 CBBC: Yvon Workouts. (R) (T) 7.00 CBBC: Yvon of the Yukon. (R) (T) 7.25 Newsround. (T) 7.30 Whizz Whizz Bang Bang. (R) (T) 7.55 Extreme Animals. (R) (T) 8.30 CBeebies: In the Night Garden. (R) (T) 9.00 Me Tool (T) 9.20 Pingu. (R) 9.30 Jakersl (R) (T) Mr Tumble. (R) (T) 10.15 Numberjacks. (R) (T) 10.30 Schools: Watch. (T) 10.45 Friends and Heroes. (T) 11.10 Meet the Ancestors. (R) (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Friends and Heroes. (T) 11.10 Meet the Ancestors. (R) (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Friends and Heroes. (T) 1.30 Live Snooker: UK Championship. This afternoon's second-round matches. (T) 5.15 Weakest Link. (T) 6.00 Eggheads. (R) (T) 6.30 Strictly 6.00 Eggheads. (R) (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Live Snooker: UK Champion-ship. Hazel Irvine is joined by John Parrott and Steve Davis for tonight's Parrott and Steve Davis for tonight's remaining second-round matches at the Telford International Centre, which will conclude the draw for the quarter-finals. (T) 8.00 Oz and James's Big Wine Adventure. The duo taste old-fashioned Napa Valley wines. (T) 8.30 Heston Blumenthal: In Search of Perfection. (T) 9.00 Earth: The Power of the Planet. The effects of the oceans on land, clieffects of the oceans on land, climate and evolution. (T) 10.00 Room 101. Marcus Brigstocke guests. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 Snooker: UK Championship. (T) 12.10 Snooker Extra. (T) 2.00 BBC News 24. (T) 4.35 Close.

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.50 Just Shoot Me. (R) (T) 8.20 Frasier. (R) (T) 8.50 Frasier. (R) (T) 9.20 ER. (R) (T) 10.15 Without a Trace. (R) (T) 11.10 Without a Trace. (R) (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.05 How Darents. (R) (T) 1.35 FILM: An Ideal Husband (1999). Oscar Wilde comedy, starring Cate Blanchett. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hows. (T) 7.55 3 Minute Wonder: 12 Days of Christmas. Short Christmas-themed film. (T) 8.00 Property Ladder. Revisiting parents raising money for tuition fees. Last in series. (T) 9.00 Ramsay's Kitchen Nightmares. The forthright Kitchen Nightmares. The forthright chef tries to turn around a failing Indian restaurant in Nottingham, where customers are allowed to create their own dishes, making life hell for chef Zahir. (T) 10.00 Sex in the Noughties: The Sex Blog Girls. The high-profile boom of Internet confessionals. (T) 11.05 The Secret Millionaire. (R) (T) 12.05 Ine Secret Millionaire. (R) (1) 12.05 UK Poker Tour. 1.10 World Cup Skiing. 3.00 KOTV. (T) 3.25 Freesports on 4. (R) 4.20 World Bobsleigh Championships 2007. (R) 4.50 Adrenalin Rush. (R) 5.45 Triathlon. (R)

6.00 Milkshakel: The Milkshakel Show. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 Angels of Jarm. (R) (T) 6.35 Angels of Jarm. (R) (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (T) 7.20 Rupert Bear. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.36 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.20 Peppa Pig. (R) (T) 8.30 Thomas & Friends. (R) (T) 8.40 Home's World. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 Hannahan Investigates. (T) 1.25 (T) 12.30 Cooking the Books. (R) (T) 1.00 Hanrahan Investigates. (T) 1.25 Russell Grant's Postcards. (R) (T) 1.35 Danielle Steel's Message from Nam. (T) 3.35 five news update. (T) 3.40 FILM: Picking Up and Dropping Off (2003). Romantic comedy, starring Scott Wolf. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 Chris Barrie's Massive Machines. The evolution of amphibi-Machines. The evolution of amphibi-Machines. The evolution of amphibitions vehicles; (R) (T) 7.30 five news update, 8.00 The Titanic Conspiracy. The True Story, Probing the role of human error in the famous disaster; (T) 8.00 five news at 9, 9.00 CSI: Miami. Horatio has to fire a member of his team. (T) 10.00 CSI: NY, A man is killed falling through a stained-class killed falling through a stained-glass window; (R) (T) five news update. 11.00 Law & Order: Special Victims Unit. (R) (T) 12.00 Urban Legends. (T) 12.30 Urban Legends. (T) 1.00 NBA Basketball. 3.40 V8 Supercars. 4.20 French Football - Le Championnat. 5.10 Football Italiano.

5.55 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 60 Minute Makeover. (T) 3.00 Rosemary Shrager's School for Cooks. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

5.00 Chris Tarrant's Great Pretender. Game of bluff in which one player bags the prize money halfway through the show, then has to keep the other contestants guessing in a

to keep the other contestants guessing in a bid to hang on to the cash. (T) London Tonight; Weather. (T) ITV Evening News; Weather. (T) Emmerdale. Gray poses as Matthew's solicitor at the police station, intent on winding him up and making him react violently - and when his plan works he decides to press charges. Carrie disappoints Scarlett when she says no to her plans for a 16th birthday natty and elsewhere the auditions start for 7 00 party and, elsewhere, the auditions start for

party and, elsewhere, the auditions start for the Christmas play, (T)
7.30 UEFA Champions League Live. Marseille v Liverpool (Kick-off 7.45pm). Steve Rider is joined by Andy Townsend to present cover-age of this evening's Group A encounter at the Stade Veledrome. (T)
10.00 Death Race 2007: Tonight. (T)
10.30 ITV News; Weather. (T)
11.05 Champions League Highlights. All the goals from recent Champions League matches.
12.05 Make Your Play; (T) ITV News Headlines. 4.20 Quincy ME. (R) (T) 5.10 CITV: Pocoyo. (R) (T) 5.20 Jim Jam & Sunny. (R) (T) 5.30 Encile Beniv. (R) (T)

Jim Jam & Sunny. (R) (T) 5.30 Engie Benjy. (R) (T) 5.40 Curious George. (R) (T)



# LOCAL

0630 Bom Dia Portugal 1000 Praça da Alegira 1300 News 1410 Prova de Amor 1435 Lingo 1530 Portugal No Coração 1745 Operação Triunfo 1945 Football: FC Porto V Besiktas 2130 News 2200 Sabe mais do que um Miúdo de 10 Anos? 0045 Câmara Café 0145 Palavras pra Quê 0215 Trio D Ataque 0415 Telesales 0605

0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Siciedade Civil 1530 Sim, Amor Siciedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A fé Dos Homens 1930 2010 1945 Zig Zag 2045 Todos Contas o Chris 2115 National Geographic 2200 News 2240 ER 2330 Animais Como nòs 0030 Noites da 2 0115 Discovery Hour 0215 Câmara Clara 0315 2010 0400 Sociedade Civil 0615 Euronews Sociedade Civil 0615 Euronews SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gente Se Entende 2000 News 2115 Chiquitits 2215 Paraíso Chiquititas 2215 Paraíso Tropical 2315 Vingança 0130 What If Santa Laus .. film 0215 Sex and the City 0330 Olhar da Serpente

TVI
0700 Diario Da Manha 1000
Você na TV 1300 News 1400
As Tardes da Júlia 1700 Quem
Quer Ganha 1800 Morangos
com Açucar 2000 News 2115
Olha dos Amores 2215 Doce
Eucitica 2315 Tu. E. 2016 Fugitiva 2315 Tu e Eu 0015

# Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor
Who Confidential 8.00 The
All New House of Tiny
Tearaways 9.00 Can Fat
Teens Hunt? 10.00 Teens Hunt? 10.00
EastEnders 10.30 Kizzy:
Mum at 14 11.30 Can Fat
Teens Hunt? 12.25 P\*\*\*\*
d and Pregnant 1.25 Kizzy:
Mum at 14 2.20 The All New
House of Tiny Tearaways
3.20 P\*\*\*
4.20 Close
BBC4
7.00 World News T\*\*

7.00 World News Today 7.00 Weather 7.30 Pop Go the Sixties 7.35 Batman 8.00 Sixties 7.35 Batman 8.00
Mario Lanza: Singing to the
Gods 9.00 More Dawn
French's Boys Who Do
Comedy 9.30 Flight of the
Conchords 10.00 Love Soup
11.00 Never Had It So Good?
12.00 Bulgaria's Abandoned
Children 1.30 Mario Lanza:
Singing to the Gods 2.30 Singing to the Gods 2.30 More Dawn French's Boys Who Do Comedy 3.00 Never Had It So Good? 4.00 Close ITV2

ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.20 Sally Jessy Raphael 5.00 Airline 5.35 Judge Judy 6.00 Xtra Factor: Best and Worst 2007 7.00 Best and Worst 2007 7.00
The New Adventures of
Superman 8.00 Supersize
Kids: Britain's Tallest Teens
9.00 Film: Sleepless in
Seattle PG (1993) 11.10
Entourage 1.40 Jack
Osbourne: Mongol Rally
2.40 Teleshopping 5.40 ITV2
Nightscreen 6.00 Close
Sky One Best and Worst 2007 7.00

Sky One Kids' pro 1.00 Cruise with Stelios: except:

Caribbean 1.30 Lion Man 2.00 Bones 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 The Simpsons 7.00 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Stargate Atlantis 9.00 A Town Called Eureka 10.00 Roa Wars 11.00 Inside Prisor 12.00 Ibiza Uncovered 1.00 Ibiza Uncovered 1.50 British Sex 2.40 The Villa 3.30 Nip/ Tuck 4.20 Nip/Tuck 5.10

UKTV Gold

1.00 Porridge 1.40 The Good
Life 2.20 Keeping Up
Appearances 3.00 Open All
Hours 3.40 Porridge 4.20 My
Family 5.00 My Hero 5.40
Keeping Up Appearances
6.20 dinnerladies 7.00 New
Tricks 8.00 New Tricks 9.00
Waking the Dead 11.25
Blackadder II 12.45 The
Worst Week of My Life
2.05 Prison Break 2.50 Prison
Break 3.35 TV Now and Then Break 3.35 TV Now and Then 4.00 Sorry! 4.35 As Time Goes By 5.10 Neighbours 5.35 Neighbours

5.35 Neighbours **TCM** 1.00 Mogambo PG (1953) 3.00 Sunday in New York U (1963) 4.55 The Treasure of the 4.55 The Treasure of the Sierra Madre PG (1948) 7.15 Tick Tick Tick PG (1970) 9.00 Magnum Force 18 (1973) 1.20 Shaft 15 (1971) 1.05 Teleshopping 1.20 The Formula 12 (1980) 3.20 Hysteria 15 (1965) 5.00 The Wonderful World of the Brothers Grimm U (1962) The Disnay Channel

The Disney Channel Kids' programmes from 7am,

# MOVIES

(2005)

My Super Ex-Girlfriend 12 (2006) With Uma Thurman. 9.45 Holy Man PG (1998) With Eddie Murphy. 11.40 Crazy People 15 (1990) With Dudley Moore. 1.15 Drop Dead Fred 15 (1991) With Bik Mayall 2.55

With Rik Mayall. 2.55 Manhattan 15 (1979) With Woody Allen. 4.35 Max Rules: Adventures of a Superspy PG

Sky Movies Action

6.25 A Wing and a Prayer 15 (1998) 8.10 Above Suspicion 15 (2000) 10.05 Chill Factor 15 (1999) 12.00 Eddie Macon's Run 15 (1983) With John Schneider. 1.45 Snake Eyes

Run 15 (1983) With John Schneider, 1.45 Snake Eyes 15 (1998) With Nicolas Cage. 3.25 Above Suspicion 15 (2000) With Scott Bakula. 5.10 Chill Factor 15 (1999) With Cuba Gooding Jnr. 6.55 The Top 10 Show 7.15 Eddie Macon's Run 15 (1983) With Micolas Gooden 15 (1998) With Nicolas Cage. 10.45 Death Wish 3 18

Cage, 10.45 Death Wish 3 18

(1985) With Charles Bronson

(1985) With Charles Bronson. 12.20 Mississippi Burning 18 (1988) With Gene Hackman. 2.40 Back in Business 18 (1997) With Brian Bosworth. 4.25 A Wing and a Prayer 15 (1998)

# Sky Movies Drama

6.00 Deep Family Secrets PG (1997) 7.45 The Top 10 Show 8.00 The Starter Wife 9.45 Made in Heaven PG (1987) 11.45 Brokeback Mountain 15 11.45 Brokeback Mountain 15 (2005) With Heath Ledger. 2.05 Sliding Doors 15 (1998) With Gwyneth Paltrow. 3.55 Drama Close Up 4.25 The Starter Wife 6.00 Made in Heaven PG (1987) With Timothy Hutton. 8.00 Sliding Doors 15 (1998) With Gwyneth Paltrow. 10.00 Brokeback Mountain 15 (2005) With Heath Ledger. 12.25 Bee Season 12 (2005) With Richard Gere. 2.20 With Richard Gere Broken Flowers 15 (2005) With Bill Murray. 4.15 Deep Family Secrets PG (1997)

# Sky Movies Comedy

6.40 Max Rules: Adventures of a Superspy PG (2005) 8.10 Comedy Close Up 8.40 Sixty Shopgirl 15 (2005) With Claire Danes. 2.05 Holy Man PG (1998) With Eddie Murphy. 4.05 Sixty Six 12 (2006) With Gregg Sulkin. 5.45 The Top 10 Show 6.00 Shopgirl 15 (2005) With Claire Danes. 8.00

Six 12 (2006) 10.20 My Supe Ex-Girlfriend 12 (2006) 12.05 Shopgirl 15 (2005) With Claire

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

# Sky Sports 1

6.00 Live Test Cricket. Sri Lanka v England. 12.30 Live International Cricket. Australia v New Zealand. 3.30 Cricket Classics 4.00 Cricket Classics 4.00 Airsports World 4.30 Wild Spirits 5.00 Test Cricket 5.30 Spirits 5.00 Test Cricket 5.30 Soccer Test Cricket 7.30 Soccer Special 10.00 Revista De La Liga 11.00 A-League 11.30 The Dogs 12.00 Revista De La Liga 1.00 Test Cricket 1.30 Test Cricket 3.30 A-League 4.00 Revista De La Liga 5.00 Live Test Cricket, Sri Lanka v England

# Sky Sports 2

6.00 Live Test Cricket. India v Pakistan. 11.30 Airsports World 12.00 FA Cup Football 1.30 UEFA Champions League 2.00 UEFA Champions League 2.00 UEFA Champions League 3.00 UEFA Champions League 3.30 UEFA Champions League 4.00 UEFA Champions League 4.00 UEFA Champions League
4.30 UEFA Champions League
5.00 UEFA Champions League
5.30 The Dogs 6.00 Revista
De La Liga 7.00 Live UEFA
Champions League. One of
this evening's matchday six
fixtures. 10.30 Poker Million
12.30 NFL: Total Access 1.30
World Motor Sport 4.00 Live World Motor Sport 4.00 Live Test Cricket. India v Pakistan.

# Sky Sports 3

6.00 Good Morning Sports Fans 9.00 FA Cup Football 10.30 Wild Spirits 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Show Jumping 1.00 NFL: Total Access 2.00 NFL 4.00 Sports Unlimited 5.00 WWE:

Smackdown 7.00 Powerboating 7.30 Test Cricket 8.00 Test Cricket 10.00 International Cricket 1.00 The Dogs 1.30 Sports Unlimited 2.30 A-League 3.00 Close

# British Eurosport

7.30 Eurosport Buzz 8.00 7.30 Eurosport Buzz 8.00 Eurogoals 8.45 UEFA Champions League 10.00 WATTS 10.15 UEFA Champions League 11.30 Gooocall 11.45 UEFA Champions League 12.45 Eurogoals 1.30 Live Snooker: UK Championship. Second-UK Championsnip. courround coverage from the Telford International Centre. Telford International Centre.
5.00 Eurogoals 5.15 Ski
Jumping 6.00 Live Snooker:
UK Championship. Further
coverage from the Telford
International Centre. 10.00
World Touring Car
Championship 11.00 Rallying
11.30 Timbersports Series
12.00 Eurosport Buzz 12.30 Close

# Sky Sports Xtra

8.00 Show Jumping 9.00 High Altitude 9.30 Airsports World 10.00 World Motor Sport 12.30 Wild Spirits 1.00 Airsports World 1.30 Big League Weekend 3.00 Show Jumping 4.00 High Altitude 4.30 NFL: Total Access 5.30 NEL 7.30 5.30 NFL 7.30 Live UEFA Champions League. One of this Champions League. One of this evening's matchday six fixtures. Plus, a chance for viewers to see three other games on the interactive service. 10.00 Sports Unlimited 11.00 High Altitude 11.30 360 Surfing 12.00 Powerboating 12.30 High Altitude 1.00 A-League 1.30 360 Surfing 2.00 Close



Special HEALTH INSURANCE for Readers







See page 21

Pick of the Day

# BBC<sub>1</sub>

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Escape to the Country; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.45 Arthur. (T) 4.00 Animalia; (T) Thumb Wrestling Federation: TWF. (4.30 SMart. (T) 5.00 Blue Peter. (T) 5.25 Newsround.

5.35 Neighbours Rehecca offers Paul her support Neighbours. Rebecca offers Paul her support in his time of need, Pepper's dinner party is a disaster and Rachel gives Bridget a makeover, but Riley's reaction incites her to go for a joyride. (R) (T)
BBC News; Weather. (T)
Regional News Programmes; Weather. (T)

The ONE Show. (T)
Junior Mastermind. Children answer questions Junior Mastermind. Children answer questions on specialist subjects African-American civil rights activist Rosa Parks, the Amazon Rainforest, the Roswell UFO Incident and fourth century military commander Alexander the Great. John Humphrys poses the questions.

(T)
Watchdog. Investigation show, exposing rogue

traders and fighting for consumers' rights. (T) Cars, Cops and Bailiffs. Jamie Waller's hitech team of bailiffs take to the streets again, holding a Porsche worth #70,000 for ransom, and team member Chris finds a car with 37

and team member Chris tinds a car with 37 unpaid parking fines. (T)
Traffic Cops 2007. Hour-long special featuring criminals hiding from the Hampshire police, including a gang wanted in connection with a Portsmouth crime-wave, drivers claiming to be in bed when their vehicles are involved in craphes and teachers conted skylking in crashes, and teenagers spotted skulking in gardens near vandalised cars. (R) (T) BBC News at Ten O'Clock. (T)

BBC News at Ten O'Clock. (T)
Regional News; Weather. (T)
The National Lottery Draws. James Martin
sets the balls rolling to decide the all-important
numbers. With music by Rihanna. (T)
The Pink Floyd Story: Which One's Pink?
Celebration of the band's 40th anniversary,
featuring interviews with members David
Gilmour, Nick Mason, Roger Waters and
Richard Wright as well as rare footage from the
group's archive. Other contributors include
Bob Geldof, manager Peter Jenner, producer group's archive. Other contributors include Bob Geldof, manager Peter Jenner, producer Joe Boyd and graphic designer Storm Thorgerson; (T) National Lottery Update.

11.45 FILM: Needful Things (1993). Horror, starring Ed Harris; (T) Weatherview.

1.45 Sign Zone: Antiques Roadshow. (R) (T) 2.45 Sign Zone: Earth: The Power of the Planet. (R) (T) 3.45 Sign Zone: Rogue Traders. (R) (T) 4.15 Sign Zone: Heir Hunters. (R) (T) 5.00 BBC News 24. (T)



# BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Doodle Do. (T) 6.40 Boogle Beebies; (R) (T) LazyTown's Mini Workouts. (R) (T) 7.00 CBBC: Yvon of the Yu-(R) (T) LazyTown's Mini Workouts. (R) (T) 7.00 CBBC: Yvon of the Yu-kon. (R) (T) 7.25 Newsround. (T) 7.30 Whizz Whizz Bang Bang. (R) (T) 7.55 Extreme Animals. (R) (T) 8.30 CBeebies: In the Night Garden. (R) 17) 9.00 Me Too! (T) 9.20 Pingu. (R) 9.30 Jakers! (R) (T) Mr Tumble. (R) (T) 10.00 Pinky Dinky Doo. (T) 10.15 Numberjacks. (R) (T) 10.30 The Flying Gardener. (R) (T) 10.45 Family Politics. (T) 1.00 See Hear. (T) 1.30 Working Lunch. (T) 2.00 Live Snooker: UK Championship. This afternoon's two opening quarter-finals. (T) 5.15 Weakest Link. (T) 6.00 Eggheads. (R) (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Live Snooker: UK Championship. Hazel Irvine intro-Championship. Hazel Irvine intro-duces coverage of the concluding session of the first two quarter-finals at the Telford International Centre. (T) 8.00 Ben's Zoo. Dartmoor Wildlife Park is opened to the public. Last in series. (T) 9.00 Can Gerry Robinson Save the NHS? - One Year On. The businessman returns to the hospital where 12 months ago he tried to prove that any organisation can be made to run well. To his surprise, he discov-Championship. Hazel Irvine introrun well. To his surprise, he discov ers waiting lists are down. (T) 10.00 Best Bits of Catherine Tate. High-Best Bits of Catherine Tate. High-lights from the sketch show. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 Snooker: UK Championship. Highlights of this evening's quarter-finals. (T) 12.10 BBC News 24. (T) 5.00 Close.

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.50 Just Shoot Me. (R) (T) 8.20 7.25 Everybuoty Loves hayminiti. (h) (T) 7.50 Just Shoot Me. (R) (T) 8.20 Frasier. (R) (T) 8.50 Frasier. (R) (T) 9.20 ER. (R) (T) 10.15 Without a Trace. (R) (T) 11.05 Without a Trace. (R) (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 How Clean Is Your House? (R) (T) 1.30 FILM: The Malta Story (1953). World War Two drama, starring Alec Guinness. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 12 Days of Christmas. Christmas-themed films. (T) 8.00 How to Look Good Naked. Helping a slimming club infilms. (T) 8.00 How to Look Good Naked. Helping a slimming club instructor feel more confident. (T) 9.00 The Secret Millionaire. Mo Chaudry lives within an Asian community for the first time in 20 years. (T) 10.00 The End of the World Cult. Profiling cult leader Michael Travesser, who claims to be the Messiah and believed October 31, 2007, would be Doomsday. The documentary questions the manner in which he exerts his influence. (T) 11.05 he exerts his influence. (T) 11.05 Ramsay's Kitchen Nightmares. (R) (T) 12.10 First Cut: Happy Birthday, You're Dead. (T) 12.40 Studio 60 on the Sun-set Strip. (T) 1.25 Studio 60 on the set Strip. (T) 1.25 Studio 60 on the Sunset Strip. (T) 2.15 King of the Hill. (T) 2.40 King of the Hill. (T) 3.05 Humdrum. (R) (T) 3.10 Mesh: Love Tube. (R) (T) 3.15 Johnny Vegas's Guide to Evangelical Christianity. (R) (T) 4.15 The Enemies of Reason. (R) (T) 5.15 In Your Dreams. (R) (T) 5.55 Countdown. (R) (T)

6.00 Milkshake!: The Milkshake! Show. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 Angels of Jarm. (R) (T) Show. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 Angels of Jarm. (R) (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 Rupert Bear. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.35 Roary the Racing Car. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.30 Thomas & Friends. (R) (T) 8.40 Elmo's World. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 1.30 five news. (T) 12.00 Home and Away. (R) (T) 1.30 Danielle Steel's Message from Nam; (T) five news update. 3.30 FILM: Perry Mason: The Case of the Shooting Star (1986). Mystery, starring Raymond Burr. (T) 5.30 five news; (Wather. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 House Doctor. A cluttered house in Cradley Heath; (R) 1717 230 House Doctor. A cluttered house in Cradley Heath; (R) news. (1) 7.30 House Doctor. A cluttered house in Cradley Heath; (R) (T) 7.30 five news update. (T) 8.00 Diet Doctors: Inside and Out. A mayoress with health problems; (T) 8.00 five news at 9.9.00 The Spice Girls on Trial. The girl band's role in crading today's collegity because creating today's celebrity-obsessed culture. (T) 10.00 FILM: An Officer culture. (T) 10.00 FILM: An Officer and a Gentleman (1982). Slushy romantic drama, starring Richard Gere as a Navy recruit put through his paces by a tough, uncompromising sergeant. With Debra Winger and Louis Gossett Jnr. (T) 12.30 Poker. (T) 2.00 NHL Ice Hockey. 4.45 UEFA Cup Football.

5.55 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 60 Minute Makeover. (T) 3.00 Rosemary Shrager's School for Cooks. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

5.00 Chris Tarrant's Great Pretender. Game of bluff in which one player bags the prize money halfway through the show, then has to keep the other contestants guessing in a

to keep the other contestants guessing in a bid to hang on to the cash. (T) London Tonight; Weather. (T) ITV Evening News; Weather. (T) ITV Evening News; Weather. (T) Emmerdale. Jimmy convinces Carrie to let Scarlett have a birthday party, but when Victoria posts details on the Internet things quickly get out of hand, forcing Daz and Eli to come to the rescue. Matthew is charged with Rosemary's murder and Gray delights in telling Perdy the news, wanting to see her reaction. (T)

reaction. (T) Coronation Street. Liz believes Jim has Coronation Street. LiZ believes Jim has turned over a new leaf and offers to clear the air for Steve and Amy's sake. Michelle denies accusations that she had a fling behind Dean's back and is torn over whether to keep Ryan in the dark about what's going on. A worried Sarah sees David wheedle his way into Stephen's good books. (T)

The Bill. Stuart is horrified to discover his trusted driver and friend is the mystery drug dealer the "Postman", who plans to use him as his inside man at Sun Hill, using incrimias his inside man at Sun Hill, using incrimi-nating photos and unexplained payments into his bank account to blackmail him. Jo rumbles what is going on, but Stuart's efforts to put matters right just lead to greater danger. Sid Owen guest stars. (T) FILM: Ocean's Twelve (2004). Premiere. The crooks from the first film are reunited when an old enemy demands they any back

when an old enemy demands they pay back the money they stole three years earlier. Slick all-star thriller, featuring George Clooney. Continues after the news. (T) 10.30 ITV News; Weather. (T) 11.05 FILM: Ocean's Twelve (2004). Concluded.

(T)
12.05 Make Your Play; (T) ITV News Headlines. 4.15

The Jeremy Kyle Show. (R) (T) 5.10 CITV: Pocoyo. (R) (T) 5.20 Jim Jam & Sunny, (R) (T)



SPORT

# LOCAL

SIC

Praça da Alegria 1300 1410 Prova de Amor 1700 Lingo 1800 Portugal em Directo 1900 Operação Triunfo 1940 Portugal V Finland 2130 News 0030 Ali, film 0430 Telesales 0605 Nós

0605 Nos RTP2 0700 euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 a Fé dos Homens 1900 Biostera 1945 Diário de Sofia 1830 a Fé dos Homens 1900 Biosfere 1945 Zig Zag 2045 Todos Contra o Chris 2115 national Geographic 2200 News 2240 24 2315 Bastidores 2330 Clube de Jornalistas 0030 Noites da 2 0115 Discovery Hour 0215 Consigo 0245 Bastidores 0315 Biosfera 0400 Soceidade Civil Biosfera 0400 Soceidade Civil 0600 Euronews

0700 Floribella 0830 Sic Kids 0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gente Se Entende 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0045 Film TBA 0215 Sex and the City 0330 Olhar da Serpente TVI

0700 Diario Da Manha 1000 0700 Diario Da Manna 10000
Yocê na TV 1300 News 1400
As Tardes da Júlia 1700 Que
Quer Ganha 1800 Morangos
com Açucar – Férias de Verão
2000 News 2115 Ilha dos
Amores 2215 Doce Fugitiva
2315 Tu e Eu 0015 Film TBA
0230 Tora a Ganhar (335 TVI 0230 Toca a Ganhar 0345 TVI Negocios 0400 O Portector IV 0500 Telesales

# Best of the Rest

BBC3
7.00 Doctor Who 7.50 Doctor Who Confidential 8.00 The All New House of Tiny Tearaways 9.00 Looking After Mum 10.00 Film: The Mothman Prophecies 12 (2002) 11.50 The Mighty Pooch 12.20 Looking After (2002) 11.50 The Mighty Boosh 12.20 Looking After Mum 1.15 The Great British Booze Awards 2.15 The Mighty Boosh 2.45 The All New House of Tiny Tearaways 3.40 The Great British Booze Awards 4.40 Close

BBC4
7.00 World News Today 7.00
Weather 7.30 Pop Go the
Sixties 7.35 Batman 8.00
Demob Happy 9.00 Russell
Brand on the Road 10.00 Love
Soup 11.00 One Foot in the
Grave 11.30 Mark Lawson
Talks to David Renwick 12.30
George Melly 's Last Stand
1.30 George Melly with John
Chilton's Feetwarmers at
Brecon Jazz 1.50 Smoke BBC4 Dives 2.50 Demob Happy 3.50

ITV2
1.00 Emmerdale 1.30 The
Jeremy Kyle Show 2.35 The
Jeremy Kyle Show 3.40 Ricki
Lake 4.20 Sally Jessy
Raphael 5.00 Airline 5.35
Judge Judy 6.00 Xtra Factor: Judge Judy 6.00 Xtra Factor:
Best and Worst 2007 7.00
The New Adventures of
Superman 8.00 Film: Twins
PG (1988) 10.05 Coronation
Street 10.35 Film: The Bourne
Supremacy 12 (2004) 12.40
Jack Osbourne: Mongol Rally
1.35 Teleshopping 4.35 ITV2
Nightscreen 6.00 Close
Sky One

Sky One

1.00 Cruise with Stelios: Caribbean 1.30 Lion Man

2.00 Bones 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 Year Old? 6.00 Futurama 6.30 The Simpsons 7.00 The Simpsons 7.30 Live UEFA Champions League 10.00 Ross Kemp on Gangs 11.00 Ross Kemp on Gangs 11.00 Ross Kemp on Gangs 11.00 Ross Wert of Corder 1.50 Tenerite Uncovered 2.2.40 Tuck 4.20 Nip/Tuck 5.10 Guilty! Guilty! UKTV Gold

1.00 Porridge 1.40 The Good Life 2.20 Keeping Up Appearances 3.00 Open All Appearances 3.00 Open All Hours 3.40 Porridge 4.20 My Family 5.00 My Hero 5.40 Keeping Up Appearances 6.20 dinnerladies 7.00 New Tricks 8.00 New Tricks 9.00 New Tricks 10.00 Shark 11.00 Blackadder II 11.40 Blackadder II 12.20 The Worst Week of My Life 1.00 The Worst Week of My Life Ine Worst week of My Life 1.35 Prison Break 2.25 Prison Break 3.10 TV Now and Then 3.45 Wogan: Now and Then 4.35 Close Up 4.45 Charlie's Angels 5.35 Neighbours TCM

1.00 Captain Nemo and the Underwater City U (1969) 3.00 Little Women U (1949) 5.10 Action of the Tiger U (1957) 6.50 The 25th Hour PG (1967) 6.50 The 25th Hour PG (1967) 9.00 The Dead Pool 18 (1988) 10.45 Pelle the Conqueror 15 (1987) 1.10 Teleshopping 1.25 20,000 Years in Sing Sing U (1933) 2.50 The Champ PG (1979) 5.00 Mr Skeffington U (1944) The Disney Channel

programmes from 7am, except:

# **MOVIES**

Thornton. 6.10 Bring It On: All or Nothing 12 (2006) With Hayden Panettiere. 8.00 The Man 12 (2005) With Samuel L Jackson. 9.30 Wedding Crashers 15 (2005)

Bad News Bears 12 (2005)

Bad News Bears 12 (2005) With Billy Bob Thornton. 1.40 I'm Gonna Git You Sucka 15 (1988) With Keenen Ivory Wayans. 3.15 The Man 12 (2005) 4.45 Carolina PG

Sky Movies Action

6.10 Angel Flight Down PG (1996) 7.55 Action & Thriller Close Up 8.25 The Game 15 (1997) 10.40 Derailed 15 (2005) 12.40 Inside Man 15 (2006) With Denzel Washington. 2.55 The Game 15 (1997) With Michael Douglas. 5.05 Derailed 15 (2005) With Jennifer (2005) With Jennifer (2005) With Jennifer (2005)

Douglas. 5.05 Derailed 15 (2005) With Jennifer Aniston. 7.05 Kiss Kiss Bang Bang 15 (2005) With Robert Downey Jnr. 9.00 Inside Man 15 (2006) With Denzel Washington. 11.15 Death Wish IV: The Crackdown 18 (1997) With Charles Bronson. 1.00 True Romance 18 (1993) With Christian Slater. 3.05 Gridlock'd 18 (1997) 4.40 Angel Flight Down PG (1996)

11.40

With Owen Wilson.

Sky Movies Drama

6.00 Song of Norway U (1970) 8.25 School Ties PG (1992) 10.25 The Starter Wife 12.15 Michael PG (1996) With John Travolta. 2.20 Just Like Heaven (2005) With Re 2.20 with (2005) With The Witherspoon 4.15 The Starter Wife 6.00 Michael PG (1996) With John Travolta. 8.00 Just Like Heaven PG (2005) With Witherspoon 9.45 Heaven PG (2005) With Reese Witherspoon. 9.45 The Top 10 Show 10.00 Presumed Innocent 18 (1990) With Harrison Ford. 12.40 The Ice Storm 15 (1997) With Sigourney Weaver. 2.05 School Ties PG (1992) With Chris O'Donnell. 3.55 Drama Close Up 4.25 The End of Eden PG (1996) Presumed Innocent 18

Sky Movies Comedy

6.00 Carolina PG (2003) 6.00 Carolina PG (2003) 7.50 Premiere Close Up 8.20 Sky High PG (2005) 10.10 Bring It On: All or Nothing 12 (2006) 12.00 Wedding Crashers 15 (2005) With Owen Wilson. 2.15 Sky High PG (2005) With Kurt Russell. 4.05 Bad News Bears 12 4.05 Bad News Bears 12 (2005) With Billy Bob

(R)-repeat programme;

(T)-programme with teletext subtitles;

(S)-programme broadcast in stereo;

(bw)-black and white

# Sky Sports 1

6.00 Live Test Cricket. Sri Lanka

v England. 12.30 UEFA Champions League 1.00 UEFA Champions League 1.30 UEFA Champions League 2.00 UEFA Champions League 2.00 UEFA
Champions League 2.00 UEFA
Champions League 3.00 Test
Cricket 5.00 Test Cricket 5.30
Test Cricket 7.30 Soccer Special
10.00 You're on Sky Sports!
11.30 Futbol Mundial 12.00
Transworld Sport 1.00 Poker
Million 3.00 You're on Sky
Sports! 4.30 Futbol Mundial 5.00 Live Test Cricket, Sri Lanka v England.

# Sky Sports 2

6.00 Live Test Cricket. India v Pakistan. 11.30 A-League 12.00 Powerboating 12.30 The Dogs 1.00 Revista De La Liga 2.00 A-League 2.30 The Dogs 3.00 Poker Million 5.00 European Tour Weekly 5.30 FIFA Futbol Mundial 6.00 Live UEFA Champions 6.00 Live UEFA Champions League. One of this evening's matchday six fixtures. 11.00 Test Cricket 1.00 Test Cricket 1.30 Yachting 2.00 Motor Racing 2.30 Close

# Sky Sports 3

6.00 Good Morning Sports Fans 9.00 High Altitude 9.30 The Dogs 10.00 Revista De La Liga 11.00 10.00 Revista De La Liga 11.00
Racing News 11.30 UEFA
Champions League 12.00 UEFA
Champions League 12.30 360
Surfing 1.00 NFL: Total Access
2.00 High Altitude 2.30 360
Surfing 3.00 Max Power 4.00
Sports Unlimited 5.00 WWE:
Bottom Line 6.00 WWE: Bottom Line 6.00 WWE: Afterburn 7.00 Watersports World 8.00 Test Cricket 8.30 Test Cricket 10.30 Yachting 11.00 NFL: Total Access 12.00 Squash 1.00 Squash 2.00 Watersports World 3.00 Close

# British Eurosport

7.30 World Touring Car Championship 8.30 Yoc Magazine 9.00 Ski Jumping 10.00 Biathlon 11.00 Biathlon 12.00 Eurosport Buzz 12.30 Snosker: UK Championship 1.30 Live Snooker: UK Championship 1.30 Live Snooker: Okrampionship 1.30 Live Snooker: UK Championship 1.30 Live Snooker: UK Championship 6.20 Riders Club 6.25 Wednesday Selection 5.20 Show Jumping 6.20 Riders Club 6.25 Wednesday Selection 6.30 Golf Club 6.35 Sailing 7.05 Yacht Club 7.10 Wednesday Selection 1.15 Live Snooker: UK Championship. Further coverage of the first and second quarterinals. 10.00 Champ Car 11.00 FIA Gala 2007 12.00 Goocoal! 12.15 WATTS 12.30 Close Sky Sports Xtra 7.30 World Touring Car

# Sky Sports Xtra

6.00 Aerobics Oz Style 6.30 High Altitude 7.00 WWE: Heat 8.00 Poker Million 10.00 A-League 10.30 Max Power 11.30 Show Jumping 12.30 World Motor Sport 3.00 Powerboating 3.30 A-League 4.00 High Altitude 4.30 Aerobics Oz Style 5.00 NFL Total Access 6.00 Yachting 6.30 Transworld Sport 7.30 Live UEFA Champions League. One of this Transworld Sport 7.30 Live UEFA Champions League. One of this evening's matchday six fixtures. Plus, a chance for viewers to see live other games on the interactive service. 10.00 European Tour Weekly 10.30 Motor Racing 11.00 High Altitude 11.30 European Tour Weekly 12.00 Max Power 1.00 High Altitude 13.0 European Tour Altitude 1.30 European Tour Weekly 2.00 Close

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# It's so easy to find a number

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6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Escape to the Country; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Weather. (1) 1.30 Hegional News; Weather. (1) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.45 Arthur. (T) 4.00 Animalia; (T) The Owl. (T) 4.30 Hedz. (T) 5.00 Chute. (T) 5.25 Newsround. (T)

Hedz. (T) 5.00 Chute. (T) 5.25 Newsround. (T)
5.35 Neighbours. Ringo worries about his academic future and thinks his problems will go away if he steals an exam paper. Miranda makes Steve jealous when she meets her cullinary hero and Steph realises she may have to break a campaign promise. Ned worries Mickey is missing his mum but something else is the problem. (R) (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 EastEnders. Max is only too happy to help when Phil takes on Jack in a battle for power, but the events of the evening prove them to be equally matched. Billy confesses to Honey that he's lost his job, and his deep despair prompts him to take desperate

despair prompts him to take desperate action. Max is called back home when Tanya goes into labour. (T) Waterloo Road. Rachel and Eddie prepare to

Waterloo Road. Rachel and Eddie prepare to reveal their initiative for Waterloo Road to become a Rochdale Business and Enterprise College, but the presentation is wrecked when Eddie's ex turns up and dumps his son on him. In a bid to salvage the situation, Rachel brings the first performance of the school musical forward, while Tom discovers Grantly's personal life is more troubled than he'd realised. (T)
The Street. New resident Paul Billerton (Toby Rebbell) who works as a gardener in the local

Kebbell), who works as a gardener in the local parks, takes a shine to local girl Kirsty, whom he passes daily on the street. One morning he plucks up the courage to ask her on a date and an awkward relationship begins. However, Paul confides in Kirsty he is carrying a terrible secret he cannot share which a terrible secret he cannot share, which eventually leads him to the brink of self destruction. Last in series, with Robyn Addison and Jodhi May. (T)

10.00 BBC News at Ten O'Clock.

10.00 BBC News at 1 en O'Clock. (1)
10.25 Regional News; Weather. (T)
10.35 Question Time. (T)
11.35 This Week; (T) Skiing Weather.
12.25 Sign Zone: Panorama. (R) (T) 12.55 Sign Zone: Nigella Express. (R) (T) 1.25 Sign Zone: Heston Blumenthal: In Search of Perfection. (R) (T)
1.55 Sign Zone: Oz and James's Big Wine Adventure. (R) (T) 2.25 Sign Zone: The Company. (B) (T) ture. (R) (T) 2.25 Sign Zone: The Company. (R) (T) 3.55 Sign Zone: Heir Hunters. (R) (T) 4.40 BBC News 24. (T)

# BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Doodle Do. (T) 6.40 Boogie Beebies; (R) (T) LazyTown's Mini Workouts. (R) (T) 7.00 CBBC: Yvon of the Yukon. (R) (T) 7.25 Newsround. (T) 7.30 Whizz Whizz Bang Bang. (R) (T) 7.55 Extreme Animals. (R) (T) 8.30 CBeebies: In the Night Garden. (R) (T) 9.00 Me Tool (T) 9.20 Pingu. (R) 9.30 Jakers! (R) (T) Mr Tumble. (R) (T) 10.00 Pinky Do. (T) 10.15 Numberiacks. (R) Dinky Doo. (T) 10.15 Numberjacks. (R) (T) 10.30 Schools: BBC Primary Geog-(T) 10.30 Schools: BBC Primary Geography. (T) 10.50 Seasonal Snapshots. (T) 11.10 Look and Read. (T) 11.30 Words and Pictures. (T) 11.45 Words and Pictures. (T) 10.0 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Around the World in 80 Treasures. (R) (T) 1.30 Live Snooker: UK Championship. The opening session Championship. The opening session Championship. The opening session of the two remaining quarter-finals. (T) 5.15 Weakest Link. (T) 6.00 Egg-heads. (R) (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Live Snooker: UK Championship. Hazel Irvine introduces coverage of the concluding session of the two remaining quarter-finals at the Telford International Centre, where the first players to reach nine frames will be victorious. to reach nine frames will be victorious. (T) 8.00 Arrange Me a Marriage. Aneela (T) 8.00 Arrange Me a Marriage. Aneela Rahman finds a partner for a 40-year-old civil servant. (T) 9.00 Never Mind the Buzzcocks. With guests Kevin Eldon and Irwin Sparkes. (T) 9.30 Lead Balloon. Mel is confined to bed with flu. (T) 10.00 The Graham Norton Show. Sharon Osbourne guests. (T) 10.30 Newsnight; Weather. (T) 11.20 Snooker: UK Championship. (T) 12.10 BBC News 24. (T) 4.40 Close.

# Pick of the Dav

The Street (BBC1, 9pm)
The second series of Jimmy McGovern's compelling drama has been outstanding to say the least, with a number of star names shining in well-written roles. This edition doesn't feature a well-known face, but it remains arguably the most moving of the lot. Toby Kebbell - a name to watch out for in the future - plays gardener Paul Billerton, who recently moved into a bedsit on the street. - plays gardener Paul Billerton, who recently moved into a bedsit on the street. He has no friends living nearby, so spends much of his spare time alone. The young man has taken a shine to local girl Kirsty after bumping into her a few times, and finally plucks up the courage to ask her out. Their date goes well, until he confides he has a shocking secret he can never tell anyone. Despite her best efforts to reassure him she can be trusted, Paul ends up shunning her, and their relationship is over almost before it had a chance to begin. Later, he catches sight of another woman and runs away, heading home to consume a cocktail of drink and drugs in the hope of making him forget his problems. But this woman won't be pushed away so easily, forcing Paul to face up to the traumse of his nast. the traumas of his past.

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed, 7.25 Everybody Loves Raymond. (R) (T) 7.50 Just Shoot Me. (R) (T) 8.20 Frasier. (R) (T) 8.50 Frasier. (R) (T) 9.20 ER. (R) (T) 10.10 Without a Trace. (R) (T) 11.05 Without a Trace. (R) (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 How Clean Is Your House? (R) (T) 1.30 FILM: Thunder Bay (1953). Action adventure, with James Stewal James (1953). Action adventure, with James Stewart (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. Deal. (1) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 12 Days of Christmas. Christmas-themed film. (T) 8.00 Murder in Paradise. Reinvestigating a Forties murder on the Bahamas. (R) (T) 9.00 Lest Parties the Pales. The (T) 9.00 Last Party at the Palace. The story of the last debutantes season in 1958, an aristocratic ritual stretching 1955, an aristocratic ritual stretching back 200 years, and a look at how the women's lives developed during the ensuing decades. (T) 10.00 Without a Trace. The team investigate the disappearance of an exemplary air traffic controller, and discover he had been threatened by a pilot whom he reported to the authorities. (T) 11.00 Shameto the authorities. (T) 11.00 Shameless. (R) (T) 12.00 Bjork: Video Exclusive. (T) 12.05 Coming Up: 99,100. (T) 12.40 4Music: Jack Penate: Loose At 12.40 4Music: Jack Penate: Loose At the Seams. (T) 1.10 FILM: Ju-On: The Grudge 2 (2003). Premiere: Horror sequel, starring Noriko Sakai. 2.45 The Beginner's Guide to Voodoo. (R) (T) 3.45 The Enemies of Reason. (R) (T) 4.45 Bjork: Video Exclusive. (R) (T) 4.50 Headland. (R) (T) 5.35 Countdown. (R) (T)

# FIVE

6.00 Milkshakel: The Milkshakel Show. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 Angels of Jarm. (R) (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 Eupert Bear. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.30 Thomas & Friends. (R) (T) 8.40 Elmo's World. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 1.30 five news. (T) 12.00 Home and 6.00 Milkshake!: The Milkshake! Show Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 Hanrahan Investigates. (T) 1.35 Russell Grant's Postcards. (R) (T) 1.40 FILM: Ride a Crooked Trail (1958). Western, starring Audie Murphy. (T) 3.25 five news update. (T) 3.30 FILM: Can't Hardly Wait (1998). Drama, starring Jennifer Love Hewitt (T) 5.30 five ring Jennifer Love Hewitt. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 news. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 House Doctor. A four-bedroom detached property in Milton Keynes; (R) (T) 7.30 five news update. (T) 8.00 Build a New Life in the Country. A couple downsize to the Lincolnshire countryside; (R) (T) 8.00 five news at 9. (T) 9.00 The Hotel Inspector. Ruth Watson pays a return visit to Brian and Gill Scott who were on the verge of Gill Scott, who were on the verge of throwing in the towel as owners of the West Hotel in Newguay when Key West Hotel in Newquay when she met them 12 months ago. (T) 10.00 Californication. Karen and Marcy have a girls' night out. (T) 10.40 30 Rock. (T) 11.10 Muscle Worship: Hidden Lives. (R) (T) 12.10 Quiz Call. 4.00 Dutch Football. (T) 5.10 Football Argentina Highlights. Highlights.

.55 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 60 Minute Makeover. (T) 3.00 Rosemary Shrager's School for Cooks. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R)

5.00 Chris Tarrant's Great Pretender, Game of bluff - part quiz and part psychological face-off - in which it's best not to appear too

race-or - in which it's best not to appear too clever. (T)
London Tonight; Weather. (T)
ITV Evening News; Weather. (T)
Emmerdale. Jo struggles to look after
Sarah and attend an important meeting, but her securing of an emergency child-minder backfires when the girl goes missing. Jimmy tells Daz to stay away from Scarlett. (T) How London Was Built. Adam Hart-Davis

looks at the capital's musical heritage looks at the capital's musical heritage, going behind the scenes at the Royal Opera House and visiting the only English building on the world list of endangered buildings. (T) The Bill. Jo and Mickey set up a sting at a crooked second hand store and get the shock of their lives when the villains ram wild the front door detargined to receive

raid the front door, determined to recover a camcorder. It transpires the camera contains film of gangster Craig Frances's girlfriend in a compromising situation with another man, and the race is on to find the lovers before Craig does. A con-man makes a fool of Beth and Diane. Sam Kelly guest stars. (T)
Sold. The gang are up against the clock

Sold. The gang are up against the clock with just one week to find keyworker buyers for a new-build project, or risk losing a valuable contract with an influential developer. Meanwhile, Danny finds a new home for an out-of-work computer programmer and helps a newly divorced dad reconnect with his troubled teenage son, and Jonty becomes convinced Phoebe has a crush on him. Kris Marshall and Bryan Dick star. (T)

10.00 How to Get More Sex. The series exploring the high state of the series to the series of the series exploring the series of the

the truths and myths about attracting the opposite sex continues with a look at whether chat-up lines really work, and if women find money and power an aphrowomen find money and power an aphro-disiac. Plus, why it's good to go some-where scary on a first date and whether it's possible to 'laugh' someone into bed. With contributions from Ulrika Jonsson, John Sergeant and Myleene Klass. (T) 10.30 ITV News; Weather. (T) 11.05 London Talking. (T) 12.05 Make Your Play; (T) ITV News Headlines. 4.15 The Jeremy Kyle Show. (R) (T) 5.10 CITV: Pocoyo. (R) (T) 5.20 Jim Jam & Sunny. (R) (T) 5.30 Engie Benjiv. (R) 5.40 Curious George.

Engie Benjy. (R) 5.40 Curious George

# .OCAL

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1435 Lingo 1530 Portugal no Coração 1800 1830 Portugal no Coração 1800 Portugal em Directo 1855 Operação Triuinfo 1910 O Preço Certo 2000 News 2100 Grande Entrevista 2145 Sabe Mais do que Um Miudo de 10 Anos? 2245 A Tempestade 0045 Camara Café 0115 Palavras para Qué...? 0200 Santos da Casa 0400 Telesales Santos da Casa 0400 Telesales 0605 Nòs

RTP2
0700 Euronews 0715 Zig Zag
1300 Discovery Hour 1400
Sociedade Civil 1530 Sim Amor
1600 Zig Zag 1700 National
Geographic 1815 Diário de Sofia
1830 A Fé dos Homens 1900
Iniciativa 1945 Zig Zag 2045 Todos
Contra o Chris 2145 National
Geographic 2200 News 2240 My
Name is Fad 2330 Apiniais Comp Name is Earl 2330 Animais Como Nós 0030 Noites da 2 0130 Roma 0230 Iniciativa 0415 Sociedade

SIC

Civil 0545 Euronews

SIC
0700 Floribella 0830 Sic Kids
1100 Fatima 1300 News 1415
Eterna Magi 1445 O Profeta 1515
Contacto 1600 Film TBA 1800
Film TBA 2000 News 2115
Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 CSI New York 0115 CSI Las Vegas 0215 Film TBA

TVI

TVI
0700 Diario Da Manha 1000 Você
na TV 1300 News 1400 Tarde de
Julia 1700 Quem Quer Ganha
1800 Morangos Com Açucar 2000
News 2115 Ilha dos Amores 2215 Doce Fugitiva 2330 Tu e Eu 0100 Escritorio 0200 Cartaz das Artes 0230 Toca a Ganhar 0345 TVI Negocios 0400 Protector IV 0445

# Best of the Rest

BBC3 7.00 Doctor Who 7.50 Docto Who Confidential 8.00 The All New House of Tiny Tearaways 9.00 Don't Tell the Bride 10.00 EastEnders 10.30 The Might EastEnders 10.30 The Mighty Boosh 11.00 Comedy Shuffle 11.30 Don't Tell the Bride 12.25 Two Pints of Lager and a Packet of Crisps 12.55 Two Pints of Lager and a Packet of Crisps 1.25 The Mighty Boosh 1.55 Comedy Shuffle 2.25 The All New House of Tiny Tearawavs New House of Tiny Tearaways 3.20 Two Pints of Lager and a Packet of Crisps 3.50 Two Pints of Lager and a Packet of Crisps 4.20 Close

BBC4
7.00 World News Today 7.00
Weather 7.30 Wainwright Walks
8.00 Wainwright: The Man Who
Loved the Lakes 9.00 A Game
of Two Eras: 1957 v 2007 10.00 Nation on Film 10.30 The Late Edition Live 11.00 Russell Brand on the Road 12.00 Absolute Zero 1.00 Absolute Zero 2.00 Russell Brand on the Road 3.00 A Game of Two Eras: 1957 v 2007 4.00 Close

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.20 Sally Jessy Raphael 5.00 Airline 5.35 Judge Judy 6 00 Xtra Factor: Best and Wors 6.00 Xtra Factor: Best and Worst 2007 7.00 The New Adventures of Superman 8.00 The Kylie Show 9.00 Film: The Bourne Supremacy 12 (2004) 11.05 Film: Pretty Woman 15 (1990) 1.30 Entourage 2.00 The Black Donnellys 3.00 Teleshopping 6.00 Cleas 6.00 Close Sky One

Cruise with Stelios: bean 1.30 Lion Man 2.00

Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Best 7.30 The Simpsons 8.00 Best of Cirque de Celebrite 9.00 Bones 10.00 Journeyman 11.00 Ross Kemp on Gangs 12.00 Tenerife Uncovered 1.00 Tenerife Uncovered 1.50 British Sex 2.40 Red Light Girls 3.30 Nip/Tuck 4.20 Nip/Tuck 5.10

Guilty! UKTV Gold

1.00 Porridge 1.40 The Good Life 2.20 Keepina Un 1.00 Porridge 1.40 The Good Life 2.20 Keeping Up Appearances 3.00 Open All Hours 3.40 Porridge 4.20 My Family 5.00 My Hero 5.40 Keeping Up Appearances 6.20 dinnerladies 7.00 New Tricks 8.00 New Tricks 9.00 Brucie's Generation Game - Now and Generation Game - Now and Then 9.30 Only Fools and Horses 10.35 The Vicar of Dibley 11.15 10.35 The Vicar of Dibley 11.15 Blackadder the Third 11.55 Blackadder the Third 12.35 The Vicar of Dibley 1.15 The Worst Week of My Life 1.55 Prison Break 2.40 Prison Break 3.25 TV Now and Then 3.55 Wogan: Now and Then 4.45 As Time Goes By 5.10 Neighbours 5.35 Neighbours Neighbours TCM

1.00 Goodbye, Mr Chips U (1939) 1.00 Goodbye, Mr Chips U (1939) 3.00 The Sandpiper PG (1965) 5.05 Skyjacked PG (1972) 6.55 Logan's Run PG (1976) 9.00 10 Rillington Place 15 (1971) 11.05 Whose Life Is It Anyway? 15 (1981) 1.00 Teleshopping 1.15 The Fixer 15 (1968) 3.35 7 Women PG (1966) 5.00 Bridge to the Sun II (1961)

to the Sun U (1961)
The Disney Channel Kids' progra except:

# **MOVIES**

6.00 Secret of the Andes PG (1998) 7.45 Amber Frev: Witness for the Prosecution PG (2005) 9.15 A Good Woman PG (2004) 10.50 Desperate PG (2004) 10.50 Desperate Rescue 12 (1992) 12.30 Little Children 15 (2006) With Kate Winslet. 2.50 The Killing of John Lennon Special 3.10 Amber Frey: Witness for the Prosecution PG (2005) With Janel Moloney. 4.40 Desperate Rescue 12 (1992) With Mariel Rescue 12 (1992) With Mariel Hemingway. 6.20 A Good Woman PG (2004) With Helen Hunt. 8.00 Little Children 15 (2006) With Kate Winslet. 10.20 The Exorcism of Emily Rose 15 (2005) With Laura Linney. 12.25 (2005) With Laura Linney. 12.25 (2005) With Laura Linney. 12.25 (2007) With Rory Culkin. 2.00 The Killing of Sister George 18 (1988) With Rory Culkin. 2.00 The Killing of Company 18 (1988) With Rory Culkin. 2.00 The Killing of Company 18 (1988) With Rory Culkin. 2.00 The Killing of Company 18 (1988) With Rory Culkin. Sister George 18 (1968) With Beryl Reid. 4.30 Secret of the Andes PG (1998)

# Sky Movies Comedy

6.30 Walk, Don't Run U (1966) 6.30 Walk, Don't Run U (1966) 8.30 Enchanted Special 9.00 Picture Perfect PG (1997) 10.50 American Dreamz 12 ( 2 0 0 6 ) 12.50 Last

Holiday 12 (2006) With Queen Latifah. 2.50 2 . 5 0 Madagascar U (2005) With Ben Stiller. 4.20 Just Friends 12 (2005) With Ryan Revnolds 6.00

Holiday 12 (2006) With Queen Latifah. 8.00 Madagascar U (2005) With Ben Stiller. 9.30 Just Friends 12 (2005) With Rvan Reynolds. 11.10 I to Love 15 (1997) Addicted to Addicted to Love 15 (1997) With Meg Ryan. 12.55 My Fellow Americans PG (1996) With Jack Lemmon. 2.40 Fandango 15 (1984) With Kevin Costner. 4.20 Picture Perfect PG (1997)

# Sky Movies Action

6.15 Munich 15 (2005) 9.10 Witness 15 (1985) 11.15 The Witness 15 (1985) 11.15 The Fourth Angel 15 (2001) With Jeremy Irons. 1.05 The Abyss: Special Edition 15 (1989) With Ed Harris. 4.05 Munich 15 (2005) With Eric Bana. 7.00 Witness 15 (1985) With Harrison Ford. 9.00 Lucky Number Slewin 18 (2006) With Number Slevin 18 (2006) With Josh Hartnett, 10.55 General's Daughter 18 (1999) With John Travolta. 12.55 Turbulence 18 (1997) With Bay Liotta. 2.40 The Fourth Angel Liotta. 2.40 The Fourth Angel 15 (2001) With Jeremy Irons. 4.30 In the Line of Duty: Siege at Marion PG (1992)

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4.8.4

# SPORT

# Sky Sports 1

6.00 Live Test Cricket. Sri Lanka v England. 12.30 Futbol Mundial 1.00 Transworld Sport 2.00
Poker Million 4.00 NFL:
Total Access 5.00 Futbol
Mundial 5.30 Test Cricket
7.30 Live European Rugby
Union. Sale Sharks v
Bayonne (Kick-off 7.45pm). 10.00 Premier League World 10.30 Test Cricket 12.30 Premier League World 1.00 Live NFL. Houston Texans v Denver Broncos (Kick-off 1.15am). 4.30 Close

# Sky Sports 2

6.00 Good Morning Sports Fans 9.00 High Altitude 9.30 European Tour Weekly 10.00 Transworld Sport 11.00 Powerboating 11.30 Live European Tour Golf. Live European Tour Golf. The South African Open. 3.30 Ladies European Tour Golf 6.00 Powerboating 6.30 Premier League World 7.00 Darts 8.00 Test Cricket 10.00 Darts 11.00 NFL: Total Access 12.00 ATP Tennis 12.30 Snorts Tennis 12.30 Sports Adventure 1.00 Darts 2.00 Poker Week 2.30 Premie League World 3.00 Live International Cricket Australia v New Zealand.

# Sky Sports 3

6.00 Aerobics Oz Style 6.30 High Altitude 7.00 WWE: Experience 8.00 You're on Sky Sports! 9.30 FIFA Futbol Mundial 10.00 Yachting 10.30 Yachting

Racing News 11.30 Aerobics Oz Style 12.00 Watersports World 1.00 NFL: Total Access 2.00 NFL: Total Access 2.00
Yachting 2.30 Watersports
World 3.30 High Altitude
4.00 Race World 5.00 WWE:
Heat 6.00 WWE Special
7.00 Live Mosconi Cup
Pool. Day one of nine-ball
pool's version of the Ryder
Cup. 12.00 Poker Week
12.30 Netball 2.30 Golf
Night 5.00 Close
Pritial Europapet

# British Eurosport

7.30 Olympic Magazine 7.30 Olympic Magazine 8.00 Live Swimming. The European Short Course Championships. 10.15 Live Biathlon. World Cup coverage from Pokljuka. 12.00 Snooker: UK Championship 1.00 Live Snooker: On Championship. Coverage of third and fourth the third and fourth quarter-finals. 5.00 Eurogoals 5.15 Biathlon 5.45 Swimming 7.00 Live Snooker: UK Championship. Further Championship. Further coverage of the third and fourth quarter-finals. 10.00 Ski Jumping 11.00 UEFA Champions League 12.45 Close

# Sky Sports Xtra

4 00

3.30 Powerboating 7.30 Powerbatting 4.00 Yachting 4.30 ATP Tennis 5.00 Netball 7.00 Golf Night 9.30 WWE: Late Night - Raw 11.30 Extreme Championship Extreme Championship Wrestling 12.30 WWE Special 1.30 High Altitude 2.00 Powerboating 2.30 Yachting 3.00 Bace World 4.00 Close

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# BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Escape to the Country; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (R) (T) 13.0 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Doctors; (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.45 Arthur. (T) 4.00 Animalia; (T) Thumb Wrestling Federation: TWF. (T) 4.30 The Basil Brush Show. (R) (T) 5.00 Trapped. (T) 5.25 Newsround. (T)

5.35 Neighbours. Rachel tries to return the stolen Neighbours. Rachel tries to return the stolen exam and Steph and Toadle argue about holding on to the past. Oliver has problems with his bank and Susan collapses while playing golf. (R) (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) The ONE Show. (T) A Questine of Sport England cristate Androw.

A Question of Sport. England cricketer Andrew Strauss, European Ryder Cup-winning golfer Paul McGinley, 400m world champion Christine Ohuruogu and former British number one tennis star Tim Henman join team captains Matt Dawson and Phil Tufnell, as Sue Barker asks the

Dawson and Phil I furnell, as Sue Barker asks the questions. (T)
EastEnders. The Brannings welcome their new arrival and Abi gets to name the baby. Ronnie tries to get to the bottom of Jack's decision, but learns some unnerving facts. Peggy makes a shocking discovery at Honey and Billy's flat and a saddened Libby considers the prospect of Christman without here instead. (T)

a saudered Luby Consulers in e prospect or Christmas without her sister. (T) The Green Green Grass. Boycie uncovers disturbing information regarding his ancestral line, with Tyler's early return from university adding to his unease. John Challis and Sue Holdamess star. (T)

line, with Tyler's early return from university adding to his unease. John Challis and Sue Holdemess star. (T)
Have I Got News for You. Satirical current affairs quiz, with guest host Richard Madeley joining regular team captains lan Hislop and Paul Medra. Last in series. (T)

Merton. Last in series. (T)
The Armstrong & Miller Show. Divorced Dad gives some inspirational advice to his son after he comes bottom of the class. The forthright dentist continues to reveal too much to his hapless patients, while Gullible Rog finds ar hapless patients, while Gullible Rog finds an erotic video of his wife with his best friend. Comedy sketch show, starring Alexander Armstrong and Ben Miller. Last in series. (T) BBC News at Ten O'Clock (T) Regional News; Weather. (T) Friday Night with Jonathan Ross. Actor and musician Will Smith drops in to the studio to discuss his latest film I Am Legend. With music

by Editors, who perform their single The Racing Rats. (T) 11.35 FILM: Species (1995). Sci-fi thriller, starring Ben

Kingsley. (T)
1.20 FILM: Phantasm II (1988). Horror sequel, starring

1.20 FILM: Phantasm II (1988). Horror sequel, starmg James LeGros; (T) Weatherview. 2.55 Sign Zone: Top Gear. (R) (T) 3.55 Sign Zone: You Can't Fire Me, I'm Famous. (R) (T) 4.40 BBC News 24. (T)



# Pick of the Dav

Fanny Hill (BBC2, 9pm)

If you didn't catch this two-part period drama when it was shown on BBC Four a few weeks ago, make sure you tune in this time round. Not only does it look great, it has a cracking screenplay by Andrew Davies, who's no stranger to the genre having penned adaptations of Tipping the Velvet, Bleak House, Pride and Prejudice and, most recently, A Room with a View. But while some of those have had raunchy scenes, they don't really compare to what's on of those have had raunchy scenes, they don't really compare to what's on view here. Fanny Hill is, of course, notoriously sexy. It was written by John Cleland and published in 1748 before being banned for obscenity, opening episode introduces us to Fanny, who journeys to London follo nts' death. She's taken in by notorious madam Mrs Brown, and has ner parents' death. She's taken in by notorious madam Mrs Brown, and has her virtue tested before falling for Charles, who she believes is her one true love. They vow to marry, and it seems they're destined to live happily ever after - until Charles's father meets Fanny. He clearly isn't impressed, so banishes his son to the West Indies, leaving the heroine alone and in debt. Rebecca Night, Alison Steadman, Alex Robertson and Philip Jackson star.

# BBC2

6.20 Making It. (R) (T) 6.25 The Hoobs Balamory. (R) (T) 6.20 (R) (T) 6.50 Freshly Squeezed. 7.15 Everybody Loves Raymond. (R) (T) 7.40 Just Shoot Me. (R) (T) 8.10 Doodle Do. (R) (T) 6.40 Boogie Beebies; (R) (T) LazyTown's Mini Workouts. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.40 Just Shoot Me. (R) (T) 8.10 Frasier. (R) (T) 8.40 Frasier. (R) (T) 9.10 FILM: Fallen Angel (2003). Emotional drama, starring Gary Sinise. (T) 11.05 Without a Trace. (R) (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 Channel 4 Racing from Cheltenham. Including the 1.55 BGC Cross Country H'cap Chase (3m 71), (T) 3.25 Countdown, (T) 4.15 Deal CBBC: Yvon of the Yukon, (R) (T) 7,25 Newsround. (T) 7.30 Whizz Whizz Bang Bang. (R) (T) 7.55 Extreme Animals. (R) (T) Bang, (R) (T) 7.55 Extreme Animals. (R) (T) 8.30 CBeebles: In the Night Garden. (R) (T) 9.00 Me Tool (T) 9.20 Pingu. (R) 9.30 Jakersl (R) (T) Mr Tumble. (R) (T) 10.00 Pinky Dinky Doo. (R) (T) 10.15 Numberjacks. (R) (T) 10.30 Schools: BBC Primary Geography. (R) (T) 10.45 BBC Primary Geography. (R) (T) 10.56 BBC Primary Geography. (R) (T) 10.56 BBC Primary Geography. phy. (R) (T) 10.50 BBC Primary Geography 7f). (T) 3.25 Countdown. (T) 4.15 Dea 7f). (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.35 First Cut: Being Maxine Carr. The modern day witch-hunt for Maxine Carr. (T) 8.00 A Place in the Sun: Home or Away. Property experts Jonnie Irwin and Jasmine Harman help a widow looking to find a smaller home in either the Cotswolds or on Partiu-(R) (T) 11.00 BBC Primary Geography. (R) (T) 11.10 BBC Primary Geography. (R) (T) (1) 11.10 BBC Primary Geography. (H) (T) 11.20 BBC Primary Geography. (R) (T) 11.30 BBC Primary Geography. (R) (T) 11.30 BBC Primary Geography. (R) (T) 11.45 Something Special. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.30 Live Snooker. UK Championship. The afternoon session of the first semi-final. (T) 5.15 Weakest Link. (T) 6.00 Eggheads. (R) 0.6 20 Strictly Come Dancinn - It Takes (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Live Snooker: UK Championeither the Cotswolds or on Portu-al's Silver Coast on a budget of gal's Silver Coast on a budget of #180,000. (T) 9.00 Ugly Betty. Henry reluctantly agrees to go on a double date with Betty, the other unlikely couple being Hilda and Gio. Elsewhere, Wilhelmina's change of image doesn't fool anyone. (T) 10.00 Max & Paddy's Road to Nowhere. The duo have a stroke of luck. (R) (T) 10.30 Max & Paddy's Road to Nowhere. (R) (T) 1.50 Rorat's Television Proship. Hazel Irvine is joined in the studio by former UK champions John Parrott and Steve Davis for the evening session of the opening semi-final at the Telford International Centre. (T) 8.00 Gardener of the Year uonal Centre. (1) 8.00 Gardener of the Year 2007. Five amateurs compete in the final. (T) 9.00 Fanny Hill. Two-part adaptation of John Cleland's novel. (T) 10.00 Ql. With Sean Lock, Bill Bailey and Jo Brand. Last in series. (T) 10.30 Newsnight. (T) 11.00 Newsnight Review; (T) Weather. (T) 11.35 Caster with Look Holland, T) 12.35 Seconds (T) 11.05 Borat's Television Programme. (R) (T) 11.55 Coming Up Scapegoat. (T) 12.30 4Music: Beat Stevie. (T) 12.45 World Cup Snowboard. 2.30 Goalissimo. 3.25 Later with Jools Holland. (T) 12.35 Snooker. UK Championship. (T) 1.25 FILM: The Price of Kissing (1997). Romantic drama, starring Transworld Sport. (R) (T) 4.20 Dispatches: Christmas Credit Crisis. (R) (T) 5.15 Countdown. (R) (T) Pauley Perrette. (T) 2.55 Star Trek: The Next Generation. (R) (T) 3.40 Star Trek: The Next Generation. (R) (T) 4.25 Close.

# FIVE

6.00 Milkshake!: The Milkshake! Show 6.00 Milkshakel: The Milkshakel Show. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 Angels of Jarm. (R) (T) 6.45 Funky Vallev, (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 Rupert Bear. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.35 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa (Pig. (R)) (T) 8.30 Thomas & Friends. (R) (T) 8.40 Elmo's World. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.30 FLM: Broken Promises: Taking Emily Back (1993). Investigates. (T) 1.30 FILM: Broken Promises: Taking Emily Back (1993). Fact-based drama, with Cheryl Ladd; (T) five news update. 3.30 FILM: How to Marry a Billionaire: A Christmas Tale (2000). Comedy, starring John Stamos. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. Cooking the Books. (T) 7.00 five news. (T) 7.30 Mean Machines. The most technologically advanced amphibious craft, including the Watercar, a vehicle with a top speed of 50mph, and a rescue hovercraft used by coastguards in Canada. (R) (T) 8.00 World's Strongest Man Super Series. Highlights of the Grand Prix of Norway. Last in series; (T) 8.00 five news at 9. 9.00 NCIS. Formell and his daughter are threatened. (T) 10.00 Law & Order: Criminal Intent. A wealthy business-man's children are murdered. (R) (T) man's children are murdered. (R) (T) 11.00 Angelo's. (T) 11.30 Valley of the Sex Dolls. (R) (T) 12.00 Quiz Call. 5.10 Wildlife SOS. (R) (T) 5.35 Wildlife SOS. (R) (T) 5.35 Wildlife

5.55 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 60 Minute Makeover. (T) 3.00 Rosemary Shrager's School for Cooks. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

5.00 Chris Tarrant's Great Pretender. Game show in which the winner bags the prize money halfway through, then has to keep the other contestants guessing. Last in series. (T) London Tonight; Weather. (T)

London Tonight; Weather. (1)
ITV Evening News; Weather. (T)
Emmerdale. Andy is still angry at Jo when he
returns home from court but following a chat
with Jack he realises he needs her and
suggests they set a date for the wedding and
that she adopts Sarah. Lisa notices that Sam
is still struggling for money but rather than
ask her for help he annoraches Fil for a lean. ask her for help, he approaches Eli for a loan

Coronation Street. David snaps up Stephen's offer of a job in Milan, leaving Sarah furious oner or a job in winath, leaving Saran ulmoush her brother has upstaged her once again. Liz softens toward Jim, but Vernon becomes paranoid about the jailibird's return. Rosie makes a play for John when he goes round for a lesson with Sally, and Ryan grows frustrated by his house arrest. (T) Goodbye Cod and Chips?: Tonight. Morland Sandras investigates reports that despite

Sanders investigates reports that, despite repeated calls from scientists for a ban on cod fishing in the North Sea, Britain's favour-

ite fish might be making a comeback. (T) All New Airline. Rumours circulate at Bristol All New Avriline. Rumours circulate at Bristol airport that passenger service agent Sarah Borland has resigned and auditioned for The X Factor, while veteran purser Bob Brain looks forward to a well deserved rest. Hockey referee Sandy Richards turns up too late for her flight to the world championship in Madrid and a couple heading for a family reunion in Ratislava, encounter unexpected difficulting the properties of the p Bratislava encounter unexpected difficul-

FILM: Tomorrow Never Dies (1997). Super 9.00 FILM: Tomorrow Never Dies (1997). Supersy James Bond leaps back into action to foil the plans of a technology-obsessed megalomaniac plotting to start another world war. Fast-paced adventure, with Pierce Brosnan. Continues after the news. (T)
10.30 ITV News; Weather. (T)
11.05 FILM: Tomorrow Never Dies (1997). Concluded. (T)
11.55 Numb3rs. A researcher specialising in Native American artefacts is murdered at the mu-

American artefacts is murdered at the mu-seum where she works. As the land is federally owned, the FBI are called in to investigate. Drama, with Rob Morrow, Judd Hirsch and David Krumholtz

nirsch and David Krutinilotz. (1) 12.40 Make Your Play; (T) ITV News Headlines. 4.30 Karen Sisco. (R) (T) 5.00 ITV Nightscreen. 5.10 CITV: Pocoyo. (R) (T) 5.20 Jim Jam & Sunny. (R) (T) 5.30 Engie Benjy. (R) (T) 5.40 Curious George. (R) (T)

# LOCAL

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0700 EuroNews 0715 Zig Zag 1000 Assembleia da República 1300 Zig Zag 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1715 National Geographic 1815 A Fé dos Homens 1900 A Alma e a Gente 1945 Zig Zag 2045 Todos Conta o Chris 2115 2045 I odos Conta o Chris 2115 National Geographic 2200 News 2240 Irmãos e Irmãs 2330 Vidas 0030 Noites da 2 0130 Bastidores 0200 Flip 0230 Arte & emoção 0300 Siciedade Civil

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jac 1515 Contacto 1800 Pe na Jaca 1900 Ganhar é Que se Gente Se Entende 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 CSI Las Vegas 0130 007 -Octopussy, film 0330 Polhar da Sernente

0700 Diario Da Manha 1000 Você na TV 1300 News 1400 Mundialito de Futebol de Praia 1700 Quem Quer Ganha 1745 1700 Quem Quer Ganha 1745 Morangos com Açucar – Ferias de Verão 2000 News 2115 Euromilhoes 2130 Ilha dos Amores 2215 Doce Fugitiva 2330 Tu e Eu 0030 Film TBA

# Best of the Rest

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Doctor Who 8.45 Doctor Who Confidential 9.00 Torchwood 9.50 Big Boy 74: Comedy Short Winner 2007 10.00 EastEnders 10.30 Tittybangbang 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 Family Guy 12.25 Family Guy 12.40 The Mighty Boosh 1.10 Titlybangbang 1.40 Two Pints of Lager and a Packet of Crisps 2.10 Two Pints of Lager and a Packet of Crisps 2.40 Torchwood 3.30 Big Boy 74: Comedy Short Winner 2007 3.40 Close BBC4 of Lager and a Packet of Crisps

BBC4

7.00 World News Today 7.00 Weather 7.30 Gergiev Conducts Three 20th Century Greats 9.00 If It Ain't Stiff 10.30 QI 11.00 If It Ain't Stiff 10.30 QI 11.00 Flight of the Conchords 11.35 Batman 12.00 Batman 12.25 Russell Brand on the Road 1.25 A Game of Two Eras: 1957 v.2007 2.25 Gergiev Conducts Three 20th Century Greats 4.00 Close ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Movies Now 3.50 Xtra Factor: Best and Worst 2007 4.55 Factor: Best and Worst 2007 4.55 Xtra Factor: Best and Worst 2007 5.55 Xtra Factor: Best and Worst 2007 7.00 The X Factor 8.30 The X Factor - The Results 9.00 Film: Pretty Woman 15 (1990) 11.30 Coronation Street 12.00 Film: Double Jeopardy 15 (1999) 2.00 Teleshopping 5.00 Nightscreen 6.00 Close ITV2

Sky One 1.00 Cru Caribbean Sky One
1.00 Cruise with Stelios:
Caribbean 1.30 Lion Man 2.00
Bones 3.00 Stargate SG-1 4.00
Stargate SG-1 5.00 Are You
Smarter Than a 10 Year Old? 6.00

Futurama 6.30 The Simpsons 7.00 Futurama 6.30 The Simpsons 7.00 The Simpsons 8.00 Are You Smarter Than a 10 Year Old? 9.00 Project Runway 10.00 Road Wars 11.00 Street Wars 12.00 Tenerife Uncovered 1.00 Tenerife Uncovered 1.50 Red Light Gits 2.40 The Villa 3.30 Red Light Girls 2.40 The Villa 3.30 Nip/Tuck 4.20 Nip/Tuck 5.10

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2.20 Keeping Up Appearances
3.00 Open All Hours 3.40 Porridge
4.20 My Family 5.00 My Hero 5.40
Keeping Up Appearances 6.20
dinnerladies 7.00 New Tricks 8.00
New Tricks 9.00 Blackadder Goes
Forth 9.40 Blackadder Goes
Forth 9.40 Blackadder Goes Forth 9.40 Blackadder Goes Forth 10.20 EuroMillions: Boom Bang a Bang 10.25 The Thin Blue Line 11.05 Film: Twelve Monkeys 15 1.35 Blackadder Go (1995)Forth 2.15 Prison Break 3.00 TV Now and Then 3.30 Close Up 3.40 Wogan: Now and Then 4.25 Charlie's Angels 5.05 Close Up 5.15 Neighbours 5.35 Neighbours

1.00 The Biggest Bundle of Them PG (1968) 3.00 Honeymoon Machine PG (1961) 4.35 Light in the Piazza PG (1961) 6.50 The Year of Living 6.50 Living 2) 9.00 6.50 The Year of Living Dangerously PG (1982) 9.00 Amores Perros 18 (2000) 11.45 Tommy 15 (1975) 1.40 Teleshopping 2.00 The Shoes of the Fisherman U (1968) 5.00 Captain Nemo and the Underwater City LI (1969)

City U (1969) The Disney Channel

Kids' programmes from 7am, except: 6.00 Film: 'Twas the Night U (2002) Christmas comedy, starring Josh Zuckerman. 9.30 Film: 'Twas the Night U (2002) Christman comedy, starring Josh

# **MOVIES**

Sky Movies Drama

6.20 Hockey Mom PG (2003) 8.05 Victim of Love PG (1993) 9.45 Made in Heaven PG (1987) 11.30 Hockey Mom PG (2003) With Jessalyn Gilsig. 1.10 Pacific Heights 15 (1990) With Michael Keaton, 2.55 A Father's Son PG (1999) With John Schneider. 4.35 Victim of Love PG (1993) With Dwight Schultz. 6.15 Made in Heaven PG (1987) 6.15 Made in Heaven PG (1987) With Timothy Hutton. 8.00 Pacific Heights 15 (1990) With Michael Keaton. 10.00 Suicide Kings 15 (1997) With Christopher Walken. 12.00 Cinderella Man 12 (2005) With Russell Crowe. 2.40 Winter Solstice 15 (2004) With Anthony LaPaglia, 4.25 The Top 10 Show 4.45 A Father's Son PG (1999)

Sky Movies Comedy

6.00 City Slickers II: The Legend of Curly's Gold 12 (1994) 8.10 Mrs Doubtfire PG (1993) 10.25 Crazy People 15 (1990) 12.05 One Fine Day PG (1996) With George Clooney. 2.05 Mrs Doubtfire PG (1993) With Robin Williams, 4.20 The Wedding Singer 12 (1998) With Adam Sandler. 6.00 One Fine Day PG

(1996) With George Clooney. 8.00 Tenacious D in The Pick of Destiny 15 (2006) With Jack 8.00 Tenacious D in The Fina Co. Destiny 15 (2006) With Jack Black, 9.40 The Wedding Singer 12 (1998) With Adam Sandler. 11.20 How To Be a Player 18 (1997) With Bill Bellamy. 1.00 Tenacious D in The Pick of Destiny 15 (2006) With Jack Black 2.40 The Road to Wellville 18 (1994) With Anthony Hopkins. 4.45 City Slickers II: The Legend of Curly's Gold 12

Sky Movies Action

6.20 Switchback 15 (1997) 8.30 No Way Out 15 (1987) 10.40 Big Trouble in Little China 15 (1986) 12.30 Switchback 15 (1997) With Dennis Quaid, 2,40 Volcano 12 (1997) With Tommy Volcano 12 (1997) With Tommy Lee Jones. 4.40 No Way Out 15 (1987) With Kevin Costner. 6.40 Conspiracy Theory 15 (1997) With Mel Gibson. 9.00 Big Trouble in Little China 15 (1986) With Kurt Russell. 10.45 Volcano 12 (1997) With Tommy Lee Jones. 12.30 Next of Kin 15 (1989) With Patrick Swayze. 2.20 Basic Instinct 2 18 (2006) With Sharon Stone. 4.20 The Legend of Butch and Sundance PG (2004)

(R)-repeat programme:

(T)-programme with teletext subtitles;

(S)-programme broadcast in stereo:

(bw)-black and white.

# **SPORT**

Sky Sports 1

6.00 Good Morning Sports Fans oker Week 9.30 Pr World 10.00 Darts eague Premier League World 11.30 Live European Tour Golf. The South African Open. 3.30 Ladies European Tour Golf 6.00 Big League Weekend 7.00 Prer League Preview 7.30 Live League Preview 7.30 Live European Rugby Union. Ulster v Ospreys (Kick-off 8.00pm). Biarritz v Glasgow can be accessed on the interactive service. 10.30 TBA 12.30 Premier League Preview 1.00 Big League Preview 2.30 TBA 4.30 Premier League Preview 2.30 TBA 4.30 Premier League Preview 5.00 Big Le League Preview 5.00 Big League Weekend

Sky Sports 2 6.00 Live International Cricket

6.00 Live International Cricket. Australia v New Zealand. 11.30 High Altitude 12.00 Premier League World 12.30 Darts 1.30 Premier League World 2.00 NFL 3.30 ATP Tennis 4.00 International Cricket 5.00 NFL: Total Access 6.00 Darts 7.00 International Cricket 8.00 Golf Night 10.30 Big League Weekend 11.30 Prem League Weekend 11.30 Premier League Preview 12.00 NFL: Total Access 1.00 NFL Weekly Review 1.30 World Sport 2.00 UEFA Champions League 2.30 UEFA Champions League 3.00 UEFA Champions League 4.00 UEFA Champions League 4.30 UEFA Champions League 5.00 UEFA Champions League 5.30 UEFA Champions League

Sky Sports 3

6.00 WWE Special 7.00 WWE: Raw 9.00 Netball 11.00 Racing

ews 11.30 Aerobics Oz Style 2.00 Powerboating 12.30 ATP ennis 1.00 NFL: Total Access 2.00 High Altitude 2.30 Poker Week 3.00 Race World 4.00 WWE Special 5.00 WWE: Raw 7.00 Live Mosconi Cup Pool. The second day of nine-ball pool's version of the Ryder Cup. 12.00 Golf Night 2.30 British Ice Hockey 4.30 Tight Lines 5.30 High Altitude

# British Eurosport

7.30 Luge 8.00 Live Swimming. The European Short Course Championships. 10.15 UEFA Champions League 11.15 Live Alpine Skiing. World Cup coverage from Val Gardena. 12.30 UEFA Champions League 1.30 Live Snooker: UK Championship. Coverage of the first session in Coverage of the first session in the opening semi-final. 5.00 Eurogoals 5.30 French Rugby 6.00 Swimming 7.00 Live Snooker. UK Championship. The second session in the opening semi-final. 10.00 Ski Jumping 11.00 Eurogoals 11.30 Yoz Magazine 12.00 Eurogoals 12.30 Close

# Sky Sports Xtra

6.00 UEFA Champions League 6.00 UEFA Champions League 6.30 UEFA Champions League 7.00 UEFA Champions League 7.30 UEFA Champions League 8.00 UEFA Champions League 9.00 UEFA Champions League 10.00 UEFA Champions League 1.30 UEFA Champions League 1.30 UEFA Champions League 4.30 British Ice Hockey 6.30 Tight Lines 7.30 NFL: Weekly Review 8.00 TBA 10.00 WWE Late Night Smackdown 12.00 WWE: Late Night - Bottom Line
1.00 Tight Lines 2.00 International
Cricket 3.00 NFL: Weekly Review
3.30 Golf Night

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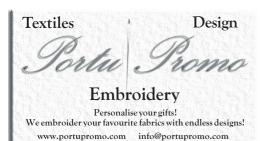
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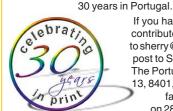
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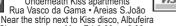
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# Laughter as Medicine

In Germany a judge ordered a man to stop his outbursts of laughter in the woods. Several joggers complained about his practice. His squeals of joy disturbed them on their daily jog. Yet, the 54 year old man says this daily practice helps him to alleviate stress. The court warned that if caught again he could face a sentence of six months in jail.

Most of us would agree that the sound of roaring laughter can be far more contagious than any cough, sniffle, or sneeze. Humor and laughter can cause a domino effect of joy and amusement as well as set off a number of positive physical effects. Medical studies have proven that, along with bringing joy into our lives, laughter strengthens the immune system and helps people re-cover from illness. It activates the chemistry of the will to live and increases the capacity to fight disease. Laughter has been found to help fight infections, relieve hay fever, ease pain and help control diabetes. One article I studied explained that laughing relaxes the body and reduces problems associated with high blood pressure, strokes, arthritis, and ulcers. Laughing boosts blood flow by 20 percent, having a similar effect to aerobic activity. In contrast, stress decreases the flow by about 35 percent. According to researchers, regular laughter in your life could help to reduce your risk of developing heart disease. Proverbs 17:22 says it

well. "A cheerful heart is good

like medicine, but a crushed spirit dries up the bones." Everyone seems to benefit from having a good laugh.

No wonder the Bible is full of so many references to the joy of the Lord. Nehemiah told his workers not to grieve because "... the joy of the LORD is your One year I kept what I called a "Joy Journal." It was a devotional journal based on Psalm 16:11. "You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand." In my journal I recorded truths from God's Word gleaned from my daily Bible reading. His presence truly brings joy to His children. What a marvelous theme on which to focus

Paul admonished the believers in Philippi to "rejoice al-"In fact, this admonition in Philippians 4:4 sums up the theme of his letter. "Rejoice in the Lord always; again I will say, rejoice!" Paul uses the word "rejoice" seven times and "joy" seven more times in these four short chapters. While laughter may not always be an appropriate response, joy should always characterize the life of a child of God. The kind of joy Paul describes comes from the Lord who lives in us, not from what is happening around us.

More information about how to have a relationship with God can be found at www.rbc.org/ personal\_relationship with god.page joycevoelker@hotmail.com



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# The Algarve

CHURCH OF ENGLAND SERVICES St. Vincent's Anglican Church of the Algarve, Igreja Senhora de Fátima Holy Communion. 9:30 every Sunday. Info Rosie Baden-Powell 289 328302 St. Luke's, Monte da Palhagueira, Gorjões. (Nr Sta. Barbara) Holy Communion 11:30 a.m. even Sunday, Info Maxine Srivastava 917 267 948; Luz Senora da Luz Holy Communion.12:00 every Sunday. Plus Children's Rainbow Club. Info: Joyce Daffey 282 788104. ALL SAINTS ANGLICAN CHURCH, ALGARVE

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CENTRO CRISTÃO FONTE DE VIDA Pentecostal Church, Sitio do Paul, Estrada do Sargaçal, Sargaçal 8600 Lagos. Apartado 438601/95. Fidays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799518 Website www.fontevida.org THESALVATIONARMIY inSõBras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, nº 19 (next to the Market). CATHOLIC MASS every Sunday partly in English · 11am. at St. Lourenço Church - Almancii 6.3pm. at Four Seasons Country Club— Quinta do Lago — Almancii. Futher information, please exert at the side vice for seasons Country Club— Quinta do Lago — Almancii. Futher information, please exert at the side vice for seasons Country Club— Quinta do Lago — Almancii. Futher information, please

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# Outcry at PM's toll decision



A new motorway planned to connect Sines and Beja, the IP8, was recently presented by the Prime Minister and is already causing controversy. Representatives of the four municipalities through which the road will pass are said to be 'upset' at Prime Minister José Sócrates' decision to implement user tolls on the future stretch.

Prime Minister Sócrates is to officially open a public concourse aimed at recruiting constructors and management for the new road on Sunday in Beja.

Also present at the affair will be Minister Mário Lino and State Secretary for Public Works, Paulo Campos

Some 235,000 inhabitants from the regions of Sines, Santiago do Cacém, Grândola, Ferreira do Alentejo and Beja are expected to benefit from the future IP8, which will be adjudicated in 2008 and completed three years later.

Covering a stretch of 124 kilometres between Sines and Beja, the road will function and indeed be built as a motorway but will entail tolls. Despite welcoming the road, municipal authorities have said that they "lament" the PM's decision to install fees

Beja Mayor Francisco Santos has expressed his dissatisfaction by affirming he is "obviously against" the payment of tolls on the IP8, that it "makes no sense" and that it will "hinder the populations and the region's progress".

His counterparts echo Mayor Santos' feelings concerning the tolls. Sines Mayor Manuel Coelho has said he is "apprehensive" and also defended "tolls on the IP8 will penalise the region's complex industry and touristic attraction"



Prime Minister José Sócrates sitting next to the Minister of Tranport and Public Works, Mário Lino, at the presentation on Sunday of the plans for a new motorway between Sines and Beja. (Photo: Lusa / Luis Forra)

# Calls for Europe-wide police to tackle soccer violence

Portugal's EU presidency joined forces with UEFA and the European Commission to call for the creation of a pan-European police force to tackle soccer-related violence.

Speaking after talks with UEFA President Michel Platini and EU Justice Commissioner Franco Frattini, Portugal's interior minister, Rui Pereira, underscored the need for "strong institutional cooperation" between Brussels, member states, and UEFA to combat violence related to soccer across Europe

Pereira recalled Portugal's experience in staging the Euro 2004 soccer tournament and the pioneering cooperation between Portugal's police force and their counterparts in other EU states, notably the UK. to target and prevent known hooligans travelling to Portugal during the month-long event.

In turn, Commissioner Frattini said the idea of an international force to tackle a rising tide of hooliganism had been proposed to him earlier this year by Michel Platini, Europe's top soccer official. Thursday's high-level meeting in Brussels was "a step forwards to the creation one day of a true European police for sport," said Frattini.

Platini, a former French international soccer star, underscored: "UEFA does what it can, but cannot fight alone against violence inside and outside of stadiums.3

The UEFA supremo, who is seeking greater punishments for offenders including travel bans, called for more help from Brussels and EU member states to combat soccer violence

TPN/Lusa

# Government workers strike over pay demands

Public sector workers staged a one-day nationwide strike Friday to press Portugal's Socialist government over wage hike demands.

Uncollected overnight garbage on city streets was the first sign of the labour action that affected primarily government and municipal offices, courts, schools and health services.

The leader of the largest CGTP union confederation, Manuel Carvalho da Silva, told Lisbon garbage workers before dawn that he expected "enor-mous support" for the strike across the country.

He said government employees had lost "one-tenth of their purchasing power" over the past seven or eight years, with successive governments using workers as "scapegoats".

The state secretary for pubadministration, João Figueiredo, said the government awaited "the results of the strike calmly", denying it had made any attempt to determine which employees would

go on strike ahead of the action.

Trade unions representing Portuguese public sector workers said 80 percent of workers observed the strike, while the Socialist government said only around 20 percent of workers had stayed away from work.

Ana Avoila, co-ordinator of the three-union industrial action, said over 80 percent of state workers had observed the strike call, which mainly hit government and municipal offices, courts, schools, and health centers. But State Secretary for Public Administration João Figueiredo put strike observance at just over 20 percent.

Unions organised Friday's stoppages to protest the government's fixing of next year's public sector wage increase at 2.1 percent, the same rate as this vear's inflation-adjusted hike

EuroZone, from p.1. While consumer confidence in

Portugal continues to lag behind that of most European partners, the OECD is still anticipating a bumper year for the country. it was revealed in its macro-economic report published this Thursday.

The organisation says the economy will grow by two percent next year, thereby surpassing Euro Zone growth figures for the first time since the turn of the

The OECD economic report has maintained its predictions for the Portuguese economy for 2007 and 2008, but has cut back on its initial forecasts for the Euro Zone, following the recent example set by other international organisa-

Portugal should record growth of 1.8 percent this year, which is in line with government figures, rising to two percent in 2008.

The Euro Zone, on the other hand, despite growth of 2.6 percent in 2007, is set to see growth slashed by seven decimal points

to 1.9 percent, bringing it under the Portugal growth figure.

In its spring report, the OECD had predicted growth of 2.3 percent for the Euro Zone in 2008.

This year's anticipated rate of economic expansion in Portugal of 1.8 percent is in line with figures released earlier by the Interna-tional Monetary Fund and the European Commission.

While the OECD says Portugal will outgrow its European partners in 2008, its predictions remain beneath those reported by the IMF and the EC, who both anticipate growth of 2.2 percent.

OECD analysts argue that Portugal's expected favourable showing in 2008 will primarily be due to increased internal demand (spending and investment).

For 2009, the OECD says the nation's economy will grow by a further 0.2 percent when compared with the previous year, which will once more be due to continued strong internal de-mand, reinforcing Portugal's convergence with the slowing Euro Zone area.

Private investment, says the OECD, will rise by almost 50 percent next year in relation to 2007, moving up from the expected 2.5 percent now to 3.8 percent at the end of 2008. Investment will be modest in 2009, but will still expand to 4.3 percent.

Exports will continue to rise handsomely, but so too will imports, though Portugal will consistently maintain a healthy cushion in terms of its trade balance.

Inflation, which the OECD says will be 2.4 percent this year,

will peak at 2.6 percent in 2008 before dropping by two decimal points a year later.

Unemployment will repeatedly drop by 0.3 percent a year from its current figure of 7.9 percent. The Euro Zone jobless rate stands at 6.8 percent.

But Portugal's budget deficit will be almost non-existent in two years time, dropping down to 2.4 percent in 2008 before falling further to 1.5 percent in 2009.

The current budget deficit is three percent.





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